LIST OF EXAMPLES

1.	Outstanding Athletes Promote Physical Activities	10
2.	National Identity	38
3.	Responsibility, Respect for Others	38
4.	Contents of PE Knowledge in a Secondary School	46
5.	Selection Criteria Rating Table	47
6.	Outdoor Education Camp	48
7.	Sports Day	49
8.	Morning Exercise	49
9.	Incorporating Interest Class Activities into the Timetable	50
10.	Utilisation of Public Sports Facilities	52
11.	A Unit of Integrated Curriculum	55
12.	Abstract from a Project Learning Report	56
13.	The Design of a Teaching Unit	61
14.	Introducing PE Knowledge	62
15.	Observation Checklist: Underhand Service in Volleyball	71
16.	Record of Sports Participation	72
17.	Assessment for Learning — Physical Fitness Award Scheme	73
18.	Hire of Part-time Coaches	83
19.	Outreach Coaching Programme	84
20	Sport Captain Programme	84