



Booklet 5 - Social Well-being – Interpersonal Relationships					
Key Questions	Learning Targets (Students are able to...)	Teaching Points	Curriculum and Assessment Guide / Supplementary Notes	Examples of L&T Activities and Resources	Examples of Assessment Items
		<ul style="list-style-type: none"> <li>■ Peer groups               <ul style="list-style-type: none"> <li>- Meeting social and emotional needs</li> <li>- Peer pressure and one’s identity</li> <li>- Influence on life style and on a variety of health risk behaviours</li> </ul> </li> <li>● Changes of relationship across lifespan (5.2 Family Relationships)               <ul style="list-style-type: none"> <li>■ Changes of family relationships across lifespan                   <ul style="list-style-type: none"> <li>- Parent-child relationships, sibling relationships, friendship, courtship, working relationship</li> <li>- Moving from parent-child relationships to sibling relationships and relationships outside the nuclear family</li> </ul> </li> </ul> </li> <li>● Changes that occur in families throughout the life cycle               <ul style="list-style-type: none"> <li>■ Independence</li> <li>■ Marriage</li> <li>■ Parenting</li> </ul> </li> </ul>	<p>1B 3 Peer groups</p> <p>1C2 - Changes of human relationships across lifespan</p> <p>1C2 Supplementary Notes - Interpersonal relationships change in response to the transition of different life stages</p> <p>1C3 Changes that occur in families throughout the life cycle</p> <p>1C3 Supplementary Notes - Changes of family relationships at different stages</p>		

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		<ul style="list-style-type: none"> <li>■ Interdependence</li> <li>● Family Structures: e.g. nuclear family, extended family, reconstituted family/blended family, single-parent family</li> <li>■ The linkages between the nuclear and the extended family</li> <li>■ <i>Family changes (Booklet 7)</i></li> </ul>			
	<ul style="list-style-type: none"> <li>• Suggest ways to develop and maintain healthy relationships</li> </ul>	<ul style="list-style-type: none"> <li>● Conflict management (5.4 Workplace relationships) <ul style="list-style-type: none"> <li>■ Types of conflicts:</li> <li>■ Conflict management strategies: competing, avoiding, accommodating, collaborating, compromising</li> </ul> </li> </ul>	<p>4D2 - Understanding conflicts and conflict resolution strategies, e.g. effective communication</p> <p>5D1 - Conflict management</p> <p>5D1 Supplementary Notes - Different strategies for conflict management</p>		<p>What kind of conflict arises in the scenario?</p> <p>What are the TWO conflict management strategies that were used to handle the conflict in the scenario? Explain your answer.</p> <p>Compromise is one of the strategies for conflict management. Describe TWO key features of this strategy.</p>

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		<ul style="list-style-type: none"> <li>● <i>Communication Skills (Booklet 14)</i> <ul style="list-style-type: none"> <li>■ Types of communication</li> <li>■ Models of communication: linear, circular, helical</li> <li>■ Barriers to communication               <ul style="list-style-type: none"> <li>- Barriers to communication, factors enhancing or hindering the effectiveness of communication</li> </ul> </li> <li>■ Strategies for effective communication               <ul style="list-style-type: none"> <li>- Strategies to overcome the barriers and ways of enhancing the effectiveness of communication</li> </ul> </li> </ul> </li> </ul>	<p>5D1 - Communication systems and network / Mutual respect</p> <p>5D2 - Communication skills</p> <p>5D2 – Supplementary Notes - Models of Communication</p>	(Games: 以識傳識)	
		<ul style="list-style-type: none"> <li>● Effective Management: Team Building and Team work           <ul style="list-style-type: none"> <li>■ Leader’s roles &amp; team members’ roles</li> <li>■ Communication when working in teams</li> </ul> </li> </ul>	<p>5D1 - Team building and team work in and across professional, voluntary and private health and social care</p> <p>5D2 - Communication skills</p>		