

# THE HARMFUL EFFECTS OF DRUGS

## ECSTASY

### Effects:

- over-exercise
- insomnia
- muscle convulsions
- depression
- psychosis

### Dangers:

- renal and liver failure
- depression and psychosis
- neural cell damage
- sudden death from respiratory failure

## COCAINE

### Effects:

- restlessness
- insomnia
- dizziness
- reduced appetite
- talkativeness
- agitation
- sweating
- chest pains
- panic
- anxiety

### Dangers:

- feelings of persecution
- mood swings
- sleeplessness
- impotence
- exhaustion
- convulsions
- death

## ICE

### Effects:

- restlessness
- insomnia
- dizziness
- reduced appetite
- talkativeness
- agitation
- sweating
- chest pains
- panic
- anxiety

### Dangers:

- nutritional disorder
- high blood pressure
- permanent insomnia
- rapid and irregular heartbeat
- dependence

## CANNABIS

### Effects:

- reduced concentration
- impaired memory and judgment
- cannot process information
- confusion
- anxiety

### Dangers:

- depression
- paranoia
- nervousness
- bronchitis
- conjunctivitis
- endocrine disorder

## KETAMINE

### Effects:

- "disassociation"
- slurred speech
- hallucination
- sedative-hypnosis
- drowsiness
- nausea
- depression

### Dangers:

- impaired long-term memory and cognitive difficulties
- respiratory/heart problems
- impaired motor functions
- death

