



中華人民共和國香港特別行政區政府總部教育局  
Education Bureau

Government Secretariat, The Government of the Hong Kong Special Administrative Region  
The People's Republic of China

本局檔號 Our Ref.: EDB(SDCT)2/ADM/60/1/1(15)

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29 August 2016

To: Supervisors/Principals of all Schools

Dear Supervisor/Principal,

**Stay Vigilant against the Spread of  
Communicable Diseases in Schools**

The new school year is approaching. To facilitate schools' preparation of preventive measures against the spread of various communicable diseases such as chickenpox, dengue fever, hand, foot and mouth disease (HFMD) and influenza, schools are advised to refer to the letter issued to all schools dated 25 August by the Centre for Health Protection (CHP) of the Department of Health (Appendix I). Schools should stay vigilant and put in place the various hygienic and preventive measures against communicable diseases, including the following:

**Maintaining a clean and hygienic school environment**

- Cleanse and disinfect the school premises thoroughly before the commencement of the new school term. Always keep the school environment clean and hygienic.
- Maintain good indoor ventilation. If air-conditioning is used, the air filters should be cleaned and replaced regularly. The system should also be properly maintained.

**Disseminating messages on prevention of communicable diseases and reviewing contingency measures**

- For more effective prevention against the spread of communicable diseases in the campus, schools should assign designated staff or a crisis management team to coordinate and oversee matters relating to the hygienic conditions of the school environment and to brief students/staff and parents on the relevant preventive measures.

- Schools should observe the “Guidelines on Prevention of Communicable Diseases in Schools/ Kindergartens/ Kindergarten-cum-Child Care Centres/ Child Care Centres” issued by CHP to implement the preventive measures properly and review the contingency measures from time to time so that such measures can be implemented immediately when needed. Schools can get access to the aforesaid Guidelines via the following path:

EDB Homepage ([www.edb.gov.hk](http://www.edb.gov.hk))> School Administration and Management> Administration> About School> Prevention of Communicable Diseases in Schools> B. Guidelines/ Useful Materials

- Schools should set up a mechanism for collecting the personal and contact information of students/staff members and notify parents that where necessary, information and contact details of students suspected of being infected would be released to CHP or relevant departments for effective implementation of control measures against communicable diseases.
- Remind students/staff to pay attention to personal hygiene and assist in promoting health messages on prevention of communicable diseases. Schools can download the relevant health reference/promotional materials and video clips, etc. from the CHP’s website (<http://www.chp.gov.hk>). For enquiries, please contact the Central Health Education Unit of the Department of Health during office hours (Tel No.: 2572 1476).
- Enlist parents’ co-operation in paying attention to students’ personal and environmental hygiene so as to tie in with the preventive measures taken by schools. A sample letter to parents is enclosed for reference (Appendix II).

### **Early reporting of suspected outbreak cases of communicable diseases**

- If a suspected outbreak of communicable disease occurs in school or an increasing trend or unusual situation in the number of persons taking sick leave with similar symptoms or due to the same infectious disease (for example, three or more students in the same class develop symptoms of respiratory tract infections or two or more students in the same class develop symptoms of HFMD in succession within a short time), schools should report the case to the Central Notification Office of CHP immediately (Fax No.: 2477 2770; Tel No.: 2477 2772) by completing the “Suspected Infectious Disease Outbreak in School/ Kindergarten /KG-cum-CCC /Child Care Centre Notification Form” to facilitate CHP’s early epidemiological investigation and outbreak control. Schools should also forward a copy of the Notification Form to their respective Regional Education Offices (REO) /Joint Office for Kindergartens and Child Care Centres (JOKC).
- Schools should also keep in close contact with CHP for their keeping track of the latest communicable disease outbreak situation of schools.

### **Observing guidelines in handling class suspension matters**

- If schools consider that the increasing trend of infected cases might warrant class suspension, they are required to consult the officer of CHP and confirm the situation with the respective REO/ JOKC before arriving at any decision. Taking into consideration the situation at the time, including the number of children affected, severely ill or hospitalized, the progression of the outbreak and the effectiveness of control measures, CHP would advise schools whether class suspension is needed. Schools should maintain close contact with CHP and this Bureau in this respect so that appropriate advice and support could be rendered.

This Bureau will continue to keep in close contact with CHP and release the latest information of communicable diseases to schools through the Communication and Delivery System or emails. For enquiries, please contact your respective Senior School Development Officers/ Senior Services Officers.

Yours sincerely,



(Ms Teresa CHAN)

for Secretary for Education

監測及流行病學處



衛生防護中心  
Centre for Health Protection

保障市民健康  
Protecting Hong Kong's health

Surveillance  
And  
Epidemiology  
Branch

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25 August 2016

Dear Principal / Person-in-charge / Teacher,

### **Stay Vigilant Against Communicable Diseases in Coming School Year**

As the new school year is approaching, we would like to take this opportunity to urge you to maintain vigilance against communicable diseases at child care centres, kindergartens and schools.

Chickenpox is a highly communicable viral disease, and is the most commonly reported notifiable infectious disease in Hong Kong. Seasonally, the number of chickenpox cases usually starts to rise in October and peaks in December and January. Institutional outbreaks of chickenpox occur commonly in the community with the majority in pre-primary institutions (including kindergartens, child care centres, etc.) as well as primary and secondary schools.

Dengue fever is an acute febrile viral illness characterised by high fever, severe headache, pain behind the eyes, rash, muscle and joint pain. The disease is transmitted by mosquito. The symptoms of first infection are usually mild, but subsequent infections from other serotypes of dengue virus may result in severe dengue and progress to circulatory failure, shock and even death. Dengue fever activity is high in our neighbouring areas, including popular tourist attractions in Southeast Asia, Guangdong and Taiwan. To prevent dengue fever, child care centres, kindergartens and schools should conduct regular inspection, eliminate any pocket of stagnant water and maintain good environmental hygiene to prevent mosquito breeding.



衛生防護中心乃衛生署  
轄下執行疾病預防  
及控制的專業架構  
The Centre for Health  
Protection is a  
professional arm of the  
Department of Health for  
disease prevention and  
control

Hand, foot and mouth disease (HFMD) is a common disease in children caused by enteroviruses such as coxsackie viruses and enterovirus 71 (EV71). In Hong Kong, the usual peak season for HFMD and EV71 infection is from May to

July. A smaller winter peak also occurred from October to December in 2012 to 2014. In 2015, the summer peak season of HFMD lasted longer than usual and extended to the winter peak season. The activity only started to decline in January 2016 and returned to baseline in March 2016. The activity of HFMD started to increase again in May 2016, peaked in late June and early July and has been declining since August. As of mid-August this year, the number of reported cases of EV71 infection and severe enterovirus infections (SE) other than EV71 and poliovirus were less than that in the same period of last year. It is expected that some sporadic institutional outbreaks of HFMD may occur after the start of the new school year.

As for influenza, there were eight reported institutional influenza-like illness outbreaks affecting 44 persons in the recent four weeks (as of 20 August). Although influenza activity currently remains at low level, schools and parents should continue to stay vigilant against influenza as it can cause serious illness even in healthy children. Vaccination is a safe and effective means against serious influenza infection. The Government will provide subsidised/free vaccination to children aged between six months and under 12 years (or above but attending a primary school in Hong Kong) in 2016/17. The vaccination arrangement will start in around October/November. Please take note of the government's announcement. Parents may refer to the information provided in the CHP website

([http://www.chp.gov.hk/files/pdf/vss\\_info\\_leaflet\\_children\\_en\\_201606.pdf](http://www.chp.gov.hk/files/pdf/vss_info_leaflet_children_en_201606.pdf)) or consult their family doctors to arrange annual seasonal influenza vaccination for their children for personal protection. More information will be provided to school in due course.

To prevent outbreaks of communicable diseases, students/children who develop skin rash, fever, acute respiratory symptoms, diarrhea or vomiting are strongly advised not to attend school and should seek medical advice. Besides, child care centres, kindergartens and schools should take measures to prevent the spread of communicable diseases, e.g., remind students/children and staff members to observe good personal, food and environmental hygiene, avoid sharing clothing and slippers among students/children, etc. For details, please refer to the “**Guidelines on Prevention of Communicable Diseases in Schools /Kindergartens /Kindergartens-cum-Child Care Centres /Child Care Centres**”, which is accessible on the website of the Centre for Health Protection (CHP) at:

[http://www.chp.gov.hk/files/pdf/guidelines\\_on\\_prevention\\_of\\_communicable\\_diseases\\_in\\_schools\\_kindergartens\\_kindergartens\\_cum\\_child\\_care-centres\\_child\\_are\\_centres.pdf](http://www.chp.gov.hk/files/pdf/guidelines_on_prevention_of_communicable_diseases_in_schools_kindergartens_kindergartens_cum_child_care-centres_child_are_centres.pdf)

If you suspect any outbreaks occurring in your institution, please report to the Central Notification Office of CHP as early as possible for prompt epidemiological investigations and outbreak control (Tel: 2477 2772; Fax: 2477 2770). Child care centres, kindergartens and schools should set up a mechanism for collecting personal particulars and contact information of students/children and staff members. They should also inform parents at the beginning of the new school year that the conditions and contact details of students/children will be released to CHP and other relevant departments for disease control purpose when necessary.

For the latest information on communicable diseases, please visit CHP's webpages below:

- Chickenpox ([www.chp.gov.hk/en/content/9/24/15.html](http://www.chp.gov.hk/en/content/9/24/15.html));
- Dengue fever ([www.chp.gov.hk/en/view\\_content/38847.html](http://www.chp.gov.hk/en/view_content/38847.html)).
- HFMD and EV71 infection ([www.chp.gov.hk/en/view\\_content/16354.html](http://www.chp.gov.hk/en/view_content/16354.html));  
and
- Influenza ([www.chp.gov.hk/en/view\\_content/14843.html](http://www.chp.gov.hk/en/view_content/14843.html))

Yours faithfully,



(Dr. S K CHUANG)

For Controller, Centre for Health Protection  
Department of Health

*[Sample Letter to Parents]*

*(This sample letter is for reference only. Individual schools should edit the sample letter in the light of their own situation.)*

xx September 2016

Dear Parents,

1. As advised by the Centre for Health Protection (CHP) of the Department of Health (DH), outbreaks of communicable diseases such as chickenpox, dengue fever, hand, foot and mouth disease (HFMD) and influenza may occur in institutions and schools from time to time.
2. Therefore, before the commencement of the new school year, we have thoroughly cleaned and disinfected the school premises. We would also urge all students/staff members to pay attention to their personal hygiene and environmental hygiene of the school.
3. For students' health sake, we would appeal to you that in addition to maintaining a clean and healthy household environment, please remind your children to constantly observe personal hygiene and keep the school environment clean. Please take note of the following measures:
  - Seek medical advice as soon as possible if your children develop symptoms of diarrhea, vomiting and skin rash. If symptoms such as fever, sore throat, cough or influenza are developed, they should put on a mask immediately and seek medical care promptly. Please also notify the school and let the children stay at home for rest until symptoms have improved and fever has subsided for at least two days, or follow the medical advice on sick leave, whichever is longer.
  - Children with HFMD should stay at home for rest until fever has subsided and all the vesicles have dried and crusted. As an extra precaution, if enterovirus 71 is confirmed to be the pathogen, children should take 2 more weeks of sick leave after all vesicles have dried up.
  - Inform the school immediately if children are sick or have been admitted to hospital for surveillance. Such information and contact details of students would be reported to CHP or relevant government departments on a need basis to help institute effective control measures to prevent the spread of communicable diseases.
  - Co-operate with the school by picking up children not feeling well from school and consulting the doctor immediately.
  - Provide children with handkerchiefs or tissue papers and remind them not to share towels or tissue papers with others.
  - Remind children to keep hands clean, cover nose and mouth while sneezing or coughing and dispose of used tissue paper properly.
  - Parents should measure children's temperature before they leave home for school.
  - When schools are advised by CHP to implement the additional measure on temperature monitoring, we will inform you of the details of the arrangements.

4. At the beginning of the new school year, we have urged drivers and attendants of school buses/nanny vans not to drive/board these vehicles and make appropriate arrangements if they have a fever or any symptoms of communicable diseases. They should also inform the school and parents of the situation immediately,
5. In case of any students being absent due to sickness, we would provide learning support for them so that their learning progress would not be affected.
6. We would like to appeal to parents again for co-operation in maintaining a clean and healthy household environment. Please also remind your children to pay attention to personal hygiene and to take all necessary preventive measures against communicable diseases.

Signature of Principal  
Principal of (school name)