

# Session 2

“The Ugly Duckling”

I am “Precious”

## Warm-up Activity 1:

1. Who is brave enough to take up a challenge? Please raise your hand.
2. After I read one sentence, you repeat the sentence after me.
3. Then, I will ask you one question. You have to give me an answer immediately.
4. I will see if your answer is correct.

“I am a mouse! I am one big mouse! Mickey Mouse is my favourite!”

“What are cats most afraid of?”

# Questions:

- ▶ Why do the students say “cats are most afraid of mice?”
- ▶ What are the reasons?
- ▶ What does this mean?



# Warm-up Activity: “Hands Up, Hands Down” Test

## Questions:

- ▶ Some students have lowered their right hands, but raised their left hands. Why?
- ▶ What does this prove?

## Summing-up:

The thinking and belief of every person is easily influenced by other people's saying which easily becomes an obstacle to our mental development. Therefore, every person should understand the importance of "self-affirmation".



# Thematic Activity:

- ▶ Watch a film depicting the theme online:  
Part 2 of “The Ugly Duckling” by Hans  
Christian Andersen (from 13:20 to 20:15)

# Questions:

1. How did the ugly duckling respond when it was given cold shoulder by the wild geese? How did the ugly duckling see itself?
2. How did the ugly duckling respond when being teased by the wild geese, cat and hen?
3. If you were the ugly duckling, how would you feel when being teased by others? What would be your responses?
4. The story illustrates that the ugly duckling possesses some strengths. What are its strengths? What do you think?

# Summing-up:

1. The ugly duckling has its uniqueness. Every person has his own uniqueness. We have to believe we are unique. We all have strengths.
2. We feel bad when being teased by others. We should not tease others and should learn how to accept the differences of others.

# Group Activities:

1. Distribute a worksheet on “You are Unique”.
2. Ask students to write their names in the column “Name of the student whom I admire” on the worksheet.
3. Exchange the worksheet with other students in the same group. Ask students to put down their own name, class and the date on the worksheets and write down the strengths of another student before handing the worksheet over to that student.
4. Ask two to three groups of students to come forward and share.

# The following terms are for your reference:

Honest, Punctual, Gentle, Lively,  
Considerate, Quiet, Diligent, Positive,  
Courageous, Outgoing, Intelligent,  
Generous, Tough, Filial, Kind,  
Responsible, Courteous, Helpful and  
Willing to Serve.

# Reflection and Conclusion:

Life is full of hope.

I am unique.

I am a useful person.

I can realise my strengths.