**Co-creating a Harmonious School – Anti-Bullying Package**

School bullying has been an issue of social concerns nowadays. Since 2003, the Education Bureau has developed 2 packages, namely “Co-creating a Harmonious School” and “Co-creating a Harmonious School: Stop Bullying”, at different times to encourage schools to formulate a “zero tolerance” policy against school bullying and to apply different preventive strategies, so as to help schools face the issue. For example, to set up a whole school approach to the “zero tolerance” policy, to assess the school’s situation, to conduct teacher training and to include the topic of anti-bullying in the personal growth education of students, etc.

The Education Bureau deeply believes that prevention is better than cure. Starting from 2010, we have launched an Anti-bullying Campaign to encourage schools to implement the Anti-bullying Day / Week in school. By means of a series of activities, students are taught to understand the impacts and consequences of bullying to others. At the same time, a harmonious school culture is conductive for health growth of students and the nurturing of values, such as acceptance, caring, tolerance, gratitude, forgiveness and friendship, etc. among students.

This resource package has applied the concepts of “Positive Psychology”. In 2000, Professor Martin E. P. Seligman derived “Positive Psychology”, which aims to help a person develop his internal strength to combat setbacks, adversity and difficulties and to find ways to face challenges positively. Positive Psychology develops our strengths and abilities (Compton, 2005). This resource package has applied elements of Positive Psychology in lesson plans and activities. It aims to teach students positive thinking and good virtues, so as to create a positive culture in school.

**Anti-bullying Campaign Strategies – Preventive Work**

**1. Co-creating a Harmonious School – Anti-bullying Day / Week**

Aim: To develop a harmonious school environment, promote harmony and deliver an anti-bullying message so as to help students understand bullying and how to handle it.

Content:

 Suggested schedule and activities on “Co-creating a Harmonious School – Anti-bullying Day” for Primary Schools / Secondary Schools

 Suggested schedule and activities on “Co-creating a Harmonious School – Anti-bullying Week” for Primary Schools / Secondary Schools.

2. **Information on activities (including an activity plan and procedural guidelines, worksheets, poster sample and application form, etc.)**

 Short Speech for Morning Assembly sample (1) and sample (2)

 Good People and Good Deeds (Primary / Secondary)

 Peace Ambassadors’ Election

 FM Caring Radio Lunchtime Jukebox

 Four-panel Comic Script Design Competition

 Stop Bullying Slogan Design Competition

 Poster Design Competition

 Lyrics Writing Competition

 Interclass 3-on-3 Football Tournament

 Interclass Bulletin Board Design Competition

 Photo Contest

3. **Curriculum / Lesson Plans**

 Lesson Plans on Bullying: 15 lesson plans for Primary Schools (some parts in English) and 11 lesson plans for Secondary Schools (some parts in English)

4. **Websites for reference**

5. **Promotion items**

 Posters