

Sex Education Animation Resources

Summary of Exemplars (Updated on 2.12.2015)

1. Life-Event Exemplar: Stay-at-Home Dad (Gender Equality in Daily Life)

[Suggested Key Stage: Key Stage One](#)

In daily life, children may encounter thoughts of gender stereotype in their families, schools and society. Different expectations for boys and girls on appearance, personalities, interests and behaviour are formed unconsciously. Such kind of gender stereotype limits personal growth and development and leads to gender inequality. This exemplar encourages students to think



about their personal preferences and special qualities, appreciate their uniqueness and respect the choice of others in order to free themselves from the limitations of gender role stereotype.

2. Life-Event Exemplar: Protect Ourselves, Disclose the Secret (Prevention of Sexual Child Abuse)

[Suggested Key Stage: Key Stage One](#)

Cases of children being sexually abused by someone they know are often reported in the news. This exemplar is aimed at helping young children identify kind and unkind body touches in everyday life, and know the different means of sexual abuser so that they can learn how to handle the situations. Although most adults around children are caring and protective towards them,



some of the abusers might be someone they know, or even someone very close to them. Children should be alerted and learn how to differentiate between kind and unkind body touches, as well as to protect themselves from being offended/sexually abused.

3. Life-Event Exemplar: The Intimate Couple(Public Display of Affection)

Suggested Key Stage: Key Stage Two

The younger generation seems to hold a more open attitude towards sex. Some affectionate young couples may have intimate behaviour in public places and ignore the embarrassment to bystanders. In addition, those behaviour may be recorded and uploaded to the Internet by others deliberately. The exemplar aims to raise concern over this social phenomenon and encourage



students to have reflection on their personal conceptions of sexuality, privacy and positive values. Students can also learn the way to respond to public display of affection, as well as to take a rational, respectful and responsible attitude to handle intimacy in love relationships.

4. Life-Event Exemplar: Intimacy Boundary(Sexual Harassment among Peers)

Suggested Key Stage: Key Stage Two

Students may call others' nicknames, or use body touches and sex-related topics to attract others' attention. Such behaviours may overlook others' feeling and cause disputes. This exemplar is aimed at helping students understand the importance of gender equality and mutual respect, learn to be self-disciplined and care about other's feelings and avoid using sex and pornography as topics for gossip or joke. Help them learn to get along harmoniously with others and prevent sexual harassment.



5. Life-Event Exemplar: Temptation of Online Pornography (Impacts of Browsing Online Pornography)

Suggested Key Stage: Key Stage Two or Three

Internet has become an important channel and a trend for young people to learn and have fun under rapid advances in information technology. Yet, more information can be accessed via the Internet means that young people are more vulnerable to be lured and influenced by unhealthy content. This life event is aimed at helping students understand and seriously evaluate the problem of overflowing online pornography, reflect on its negative impact, and cultivate independent thinking in order to face and cope with online sexual temptation in a rational and responsible attitude.



6. Life-Event Exemplar: The Confusion of Yuet and Leung (How to Be a Sexually Healthy Person)

Suggested Key Stage: Key Stage Three

In the course of growing up, it is inevitable for teenagers to encounter various life events related to sex. During the process of physical and psychological changes in puberty, they may not be aware of whether their sexual development is heading toward a healthy direction or not. When encountering a significant physical change, or a psychological or physical sexual response to others, including to those they fantasise, sometimes they may feel overwhelmed due to a lack of knowledge or experience, and even deal with it with inappropriate attitudes. Young people may feel lost in the turbulence of growing up when they see their peers deal with sexual problems inappropriately.



This exemplar is aimed at helping young people get to know sexual health better, understand the important role it plays in personal and inter-personal relationships, develop a healthy lifestyle, and accept themselves as well as to get along with others in a positive and natural attitude. Moreover, this exemplar is also aimed at assisting teenagers to lessen unnecessary misunderstanding and confusion by grasping the basic knowledge and methods

of transmission of sexually transmitted infections and HIV/AIDS.

7. Life-Event Exemplar: Life-Event Exemplar: Love on the Line (Mobile Apps and Social Networking Traps)

Suggested Key Stage: Key Stage Three

Nowadays, mobile apps have become one of the most common social networking channels of students. This exemplar is aimed at helping students recognise the dangers behind making friends via mobile apps, think about the impact of this popular dating style, enhance their alertness of the social networking traps in mobile apps, learn to deal with suspicious app users, so as to avoid falling prey to criminals. Students can then maintain a rational, respectful and cautious attitude while they are establishing healthy interpersonal relationships.



8. Life-Event Exemplar: A Controlling Romantic Relationship(Dating Violence)

Suggested Key Stage: Key Stage Three

Teenagers may fall into unequal love relationships unknowingly when they rely too heavily on feelings. This exemplar is aimed at helping teenagers understand dating violence, develop independent thinking skills, be alert to unequal relationships, learn how to protect themselves and develop skills in getting along with one another in a healthy way.



9. Life-Event Exemplar: Lam's Mistaken Beliefs (Gender Stereotypes)

Suggested Key Stage: Key Stage Four

This lesson plan is designed to cultivate the values of gender equality among students. Help them clarify the mistaken beliefs in gender stereotypes, understand the importance of mutual respect and the possible negative effects of gender stereotypes, in order to help them respect the characteristics and freedom of choice of every individual for his behaviours, tastes and hobbies, which should not be classified by gender only. Students are also expected to learn to care about others' feelings and to get along with others in harmony, but not to judge other people on gender alone.



10. Life-Event Exemplar: The Temptation of Naked Chat (Online Naked Chat)

Suggested Key Stage: Key Stage Four

With the high popularity of the Internet, cameras and communication tools can be connected to the Internet easily, which greatly increases the online social activities of sharing images and videos among young people. Meanwhile, out of curiosity about sexuality, young people may meet new friends or maintain their relationships by naked chat (meaning to have online social activities with one's bare body).

This may bring them into extortion by criminals, or they may have their naked chat videos made public, which could become a serious detriment to them. This exemplar is aimed at enabling young people to recognise and address the problems of naked chat, enhancing their awareness of self-protection and respect for their own bodies. It is also aimed at building up their critical mind so that they can be rational and responsible when facing various cyber sexual temptations.

