

Applied Learning (Senior Secondary Level)

2016-18 Cohort

Item	Description
1. Subject Title	Practical Psychology
2. Course Provider	School of Continuing Education, Hong Kong Baptist University
3. Area of Studies/ Course Cluster	Applied Science/Psychology
4. Medium of Instruction	Chinese or English
5. Learning Outcomes	<p>Upon completion of the subject, students should be able to:</p> <ol style="list-style-type: none"> (1) identify the people contributing to development of psychology fields; (2) discuss the major disciplines and services in psychology; (3) explain how major psychological concepts can be applied in various careers; (4) analyse and evaluate human thoughts, behaviour and emotions from a psychological perspective; (5) apply psychological concepts in understanding self and building up personal character; and (6) develop self-understanding for further studies and career development in the related field.

6. Curriculum Map – Organisation and Structure

Module 1: Introduction to Psychology (30 hours)

- ◆ Perspectives and careers in psychology
- ◆ Memory, thoughts and intelligence
- ◆ Sensation and perception, consciousness

Module 2: Lifespan Development (30 hours)

- ◆ Development of infancy and childhood
- ◆ Development of adolescence and adulthood

Module 3: Personality and Learning (30 hours)

- ◆ Self-understanding through personality theories and assessment
- ◆ Learning, emotion and motivation

Module 4: Social Psychology and Abnormal Behaviour (30 hours)

- ◆ Understanding of social behaviour
- ◆ Psychological disorders and treatment

Module 5: Health and Positive Psychology (30 hours)

- ◆ Health and stress
- ◆ Understanding of well-being and happiness, building up of character strengths

Module 6: Experiential Learning Programme (30 hours)

- ◆ Introduction to local psychological service organisations
- ◆ Site visits to various psychological organisations serving children, youth, adults and older adults
- ◆ Design and production of a psychological well-being leaflet

7. The Context

- The information on possible study and career pathways is provided to enhance students' understanding of the wider context of the specific Applied Learning course. Students who have successfully completed Applied Learning courses have to meet other entry requirements as specified by the institutions.
- The recognition of Applied Learning courses for admission to further studies and career opportunities is at the discretion of relevant institutions. The Education Bureau and the course providers of Applied Learning are exploring and seeking recognition related to further education and career development opportunities for students successfully completing the Applied Learning courses.

