

Applied Learning (Senior Secondary Level)

2019-21 Cohort

Item	Description
1. Subject Title	Practical Psychology
2. Course Provider	School of Continuing Education, Hong Kong Baptist University
3. Area of Studies/ Course Cluster	Applied Science/Psychology
4. Medium of Instruction	Chinese or English
5. Learning Outcomes	<p>Upon completion of the subject, students should be able to:</p> <ol style="list-style-type: none"> (1) analyse and evaluate human thoughts, behaviour and emotions from a psychological perspective; (2) discuss the major disciplines and services in psychology; (3) identify the psychologists contributing to the development of psychology fields; (4) explain how major psychological concepts can be applied in various careers and daily life; (5) apply psychological concepts in understanding self and development of personality; and (6) develop self-understanding for further studies and career development in the related field.

6. Curriculum Map – Organisation and Structure

Core Part (180 hours)

Module 1: Introduction to Psychology (30 hours)

- Basic Concepts and Professional Development in Psychology
- Memory, Thoughts and Intelligence
- Sensation and Perception
- Consciousness and Emotions

Module 2: Lifespan Development (30 hours)

- Physical, Cognitive and Socioemotional Development of Infancy and Childhood
- Physical, Cognitive and Socioemotional Development of Adolescence and Adulthood

Module 3: Personality and Learning (30 hours)

- Understand Self through Personality Theories and Assessment
- Personality Formation and Development
- Learning, Motivation and Behaviour Modification

Module 4: Social Psychology and Abnormal Behaviours (30 hours)

- Understanding Social Behaviours and Interaction
- Prejudice and Discrimination
- Attraction and Love
- Common Psychological Disorders and Treatment

Module 5: Health and Positive Psychology (30 hours)

- Health and Stress
- Development of Healthy Lifestyle
- Understanding Well-Being, Happiness, and Character Strengths

Module 6: Experiential Learning Program (30 hours)

- Common Mental Health Problems in Hong Kong
- Introduction to Psychological and Social Services in Hong Kong
- Site Visits to various Psychological and Social Welfare Organisations in Hong Kong
- Design and Production of a Psychological Well-Being Leaflet

7. The Context

- The information on possible study and career pathways is provided to enhance students' understanding of the wider context of the specific Applied Learning course. Students who have successfully completed Applied Learning courses have to meet other entry requirements as specified by the institutions.
- The recognition of Applied Learning courses for admission to further studies and career opportunities is at the discretion of relevant institutions. The Education Bureau and the course providers of Applied Learning are exploring and seeking recognition related to further education and career development opportunities for students successfully completing the Applied Learning courses.

