# **Applied Learning**

# 2023-25 Cohort; 2025 HKDSE

| Item                                | Description  |
|-------------------------------------|--|
| 1. Course Title                     | Fundamental Cosmetology  |
| 2. Course Provider                  | Caritas Institute of Community Education   |
| Area of Studies/     Course Cluster | Services/ Personal and Community Services  |
| 4. Medium of Instruction            | Chinese  |
| 5. Learning Outcomes                | <ol> <li>Upon completion of the course, students should be able to:</li> <li>(1) demonstrate a basic understanding of the principles of aesthetics and image design in manicure, make-up and hairdressing;</li> <li>(2) recognise and apply the basic beauty science knowledge of physiology, dermatology and chemical ingredients in the design of beauty treatment plans;</li> <li>(3) recognise and integrate the knowledge and skills in health and beauty care and apply them in beauty treatments and salon management, taking into consideration the occupational safety and health measures as well as professional ethics;</li> <li>(4) apply relevant aesthetic knowledge and skills in make-up, manicure and hair styling to match with the overall image design; through selection of cosmetics products and practices to bring special effect (Elective 1);</li> <li>(5) recognise and apply the knowledge and skills of essential oil and aromatherapy, as well as safety precautions and contraindication in beauty care treatments (Elective 2); and</li> <li>(6) develop self-understanding for further studies and career development in the related field.</li> </ol> |

## 6. Curriculum Map – Organisation and Structure

#### Core

#### Introduction to Beauty and Health Studies (12 hours)

- · Diet and beauty
- · Natural and organic beauty care
- · Development of beauty industry and business opportunities
- · Ethical practices in beauty care

Applications: personal health and skin care

#### Beauty Science (51 hours)

- · Introduction to physiology
- Introduction to dermatology
- · Chemical ingredients of beauty products and skin care
- · Beauty therapy with specialized equipment

Applications: skin analysis and patch test; hand and facial treatment; electrical facial treatment and massage techniques

#### Aesthetics and Image Design (36 hours)

- · Design principles of aesthetics
- · Principles of make-up
- · Principles of nail art
- · Basic hair-styling

Applications: manicure, make-up and hair-dressing

#### Beauty Salon Management (12 hours)

- · Beauty salon operation and management
- · Customer service

Applications: Beauty salon operation and management

# Visits and Seminars (9 hours)

#### Elective I (60 hours)

# Make-up, Hair Design and Nail Art

- Principles and practices of make-up, hair design and nail art coordination
- Ingredients and possible effects of cosmetic products
- Techniques for professional & special effect make-up
- Hair design techniques
- Nail art techniques

# Elective II (60 hours)

#### Aromatherapy for Beauty Care

- Introduction to aromatherapy
- Knowledge about different functions and types of aromatherapy and essential oils and their safety precautions and contraindication
- The physiological and psychological effects of aromatherapy on the body systems
- The safe dosage of essential oils and carrier oils to produce skin care products and possible effects
- The aromath erapy hand/neck and shoulder massage

#### 7. The Context

- The information on possible further study and career pathways is provided to enhance students' understanding of the wider context of the specific Applied Learning course. Students who have successfully completed Applied Learning courses have to meet other entry requirements as specified by the institutions.
- The recognition of Applied Learning courses for admission to further studies and career opportunities is at the discretion of relevant institutions.

#### Possible further study and career pathways

#### Further studies

• e.g. beauty therapy science, health science, health and beauty care

#### Career development

• e.g. qualified beauty therapist, make-up artist and aromatherapist

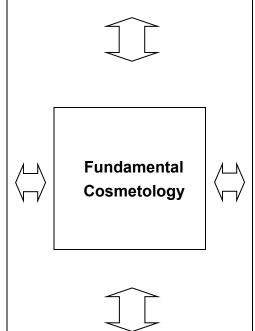
# Relations with core subjects and other elective subjects

#### Enhancing and enriching, e.g.

- enhancing the understanding in design concepts in Visual Arts
- enriching the knowledge in health and nutrition in Technology and Living

#### Expanding horizons, e.g.

 gaining diverse learning experiences through in-depth study of aesthetic project



#### Relations with other areas of studies/ courses of Applied Learning

e.g.

#### Applied Science

the understanding of hygiene and in providing beauty safety health treatment, safety and regulations in using electrical beauty treatment appliances and the products, as well as aromatherapy beauty treatments

#### Business, Management and Law

• the operation and customer services of beauty salon

#### **Creative Studies**

• beauty and personal image, design concepts in make-up and nail arts

#### Foundation knowledge developed in junior secondary education

The course is built upon the foundation knowledge students acquired in, e.g.

- Integrated Science knowledge of human body, balance within our body, chemical principles
- Chinese Language Education communication skills, writing skills and the use of language
- Personal, Social and Humanities Education human virtues such as perseverance, responsibility and commitment, mutual respect

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# **Learning and Teaching**

Course Title : Fundamental Cosmetology

Area of Studies : Services

Course Provider : Caritas Institute of Community Education

In Fundamental Cosmetology, student-centred learning and teaching activities are designed to enable students to understand fundamental theories and concepts, develop their generic skills, and address their career aspirations in the field of beauty and cosmetology.

Different modes of activities are employed to provide students with a systematic understanding about the context (e.g. lectures conducted with a multi-disciplinary approach enable students to approach beauty and health studies from the perspectives of science, business management, aesthetics, and personal health and beauty care) and eye-opening opportunities to experience the complexity of the context (e.g. industrial visits and seminars given by industry practitioners to understand the current mode of operation and the potential growth of the beauty industry).

Students acquire an understanding of the requirements, fundamental knowledge and skills essential for further learning within the area through learning-by-practising opportunities in an authentic or near-authentic environment (e.g. through a practice-based learning in simulated beauty salon settings, students' role play as beauty therapists to apply both their communication skills in client consultation, and their knowledge and skills of beauty and health science and wholistics care in performing and evaluating facial treatment plans).

Students are also encouraged to develop and apply conceptual, practical and reflective skills to demonstrate entrepreneurship and innovation. Students are given opportunities to integrate the knowledge and skills acquired and consolidate their learning (e.g. through the continuous assessments process, students integrate their knowledge in aesthetic, beauty care, personal health care and wholistics care to perform the facial treatment and hand/neck and shoulder massage).

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# Curriculum Pillars of Applied Learning in Context – Fundamental Cosmetology

Through the specific contexts related to the course, students have different learning opportunities, for example:

## 1. <u>Career-related Competencies</u>

- describe the various sectors in the beauty and personal health care, understand their trends, career opportunities and qualification requirements;
- explain the artistic and scientific principles behind the beauty and personal health care services;
- understand and apply the knowledge of aromatherapy/essential oils safety precautions and contraindication in the usage of beauty care treatments;
- apply foundation knowledge and practical skills to the beauty and personal health care industries through hands-on application; and
- recognise the latest development of beauty and personal health care with wholistics care treatments in beauty industries through visits and seminars.

#### 2. Foundation Skills

- demonstrate effective communication skills through dealing with customers in simulated beauty salon settings;
- apply numeric skills by performing basic accounting procedures adopted by a beauty salon and the dosage of using aromatherapy/essential oils; and
- employ information technology skills in information and data collection in a variety of contexts, e.g. fashion make-up, hair styling, and beauty care products.

## 3. Thinking Skills

- demonstrate the design perception of aesthetic appreciation in make-up and hair design by analysing design samples collected in various media platforms;
- generate innovative ideas through creation of various make-up effects and hair styles;
- apply analytical skills, problem-solving skills and decision making skills to meet customers' expectations; and
- describe the issues related to the social, economic and technological developments and the beauty and health care industry from regional and global perspectives, e.g. the demand of wholistic care services from stress and aging demographics.

# 4. People Skills

- demonstrate self-reflection and management abilities by monitoring and evaluating their own performance during the process of the beauty treatment;
- employ different skills in building a trustful relationship with customers to create a win-win scenario;
- handle conflicting situations tactfully when interacting with customers; and
- negotiate with the customers effectively to come up with an optimal beauty treatment plan for the customers.

#### 5. Values and Attitudes

- discuss the culture of quality customer service;
- demonstrate good professional conduct and social responsibility in the provision of services; and
- demonstrate self-motivated learning attitude to enhance knowledge and skills about the service industry.