



高中學生視覺藝術作品集

Senior Secondary Student Visual Arts Portfolios

學生視覺藝術作品展
Exhibition of Student
Visual Arts Work 2022/23

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S.K.H Lam Kau Mow Secondary School

Theme:

Food

Artist Statement

Eating gives me pleasure, but it tortures me aswell. I'm disturbed!

We have to get through it!

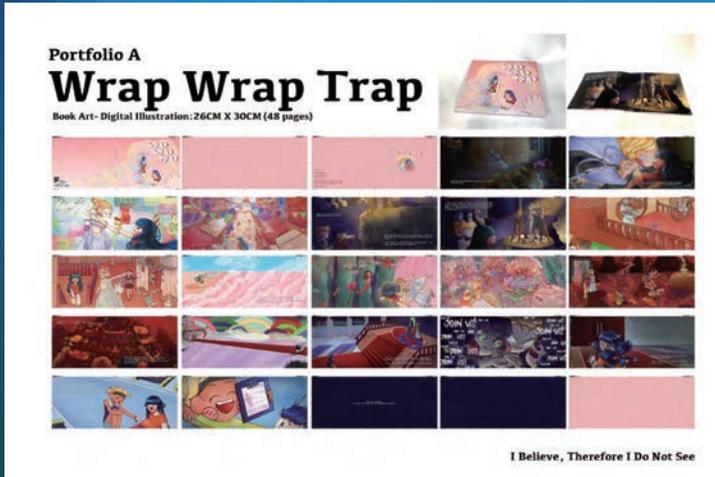
Student Artworks

Artwork 1

Wrap Wrap Trap

book art

26CM X 30CM (48 pages)



Artwork 2

Beg Beg Neg

Stop motion animation

3 Minutes & 11

Seconds

3 Quotes

"I was more addicted to self destruction than to the drugs themselves... something very romantic about it"

— Gerard Way

"Pressure is a word that is misused in our vocabulary. When you start thinking of pressure, it's because you've started to think of failure."

— Tommy Lasorda

"Appetite has really become an artificial and abnormal thing, having taken the place of true hunger, which alone is natural. The one is a sign of bondage but the other, of freedom."

— Paul Brunton, The Notebooks of Paul Brunton

| | | |
|--------------|-----------|------------------|
| insatiable | freedom | bondage |
| uncontrolled | Food | failure |
| pressure | necessity | self destruction |

WAY To Make

THE MEANING OF EATING

Material:

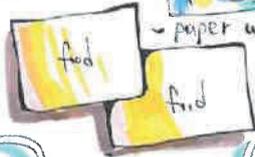
WHAT YOU WANT
WHAT ARE YOU



- fake human figure



- paper with food



plaster - /

- paste

- folder

- put the cloth on

- weak
- feeble

BURDEN

Prove of ... what



- stick

THERE ARE NO PLACE

PEACE FOR ME BUT

FAKE

Protect

Close

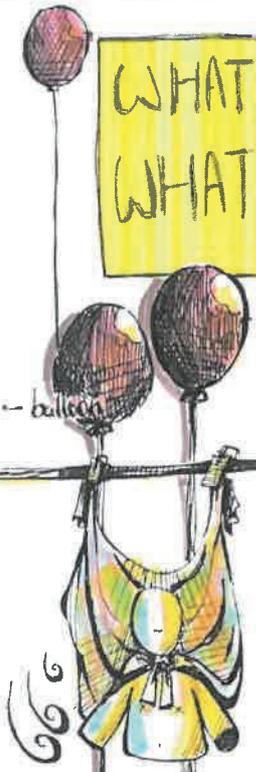
- INTERACTIVE

→ Before EAT
· light · gonna to fly away

→ After EAT
· add weight
· lower, hit still

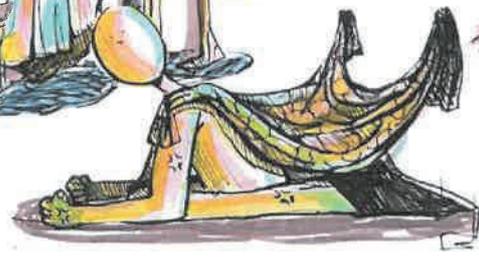
THEY CAN STILL AFFECT ME

- ★ THE MOOD
- ★ WHY DO PEOPLE WITH CONTROL
- ★ NOTHING CHANGE
- ★ It's not ENOUGH

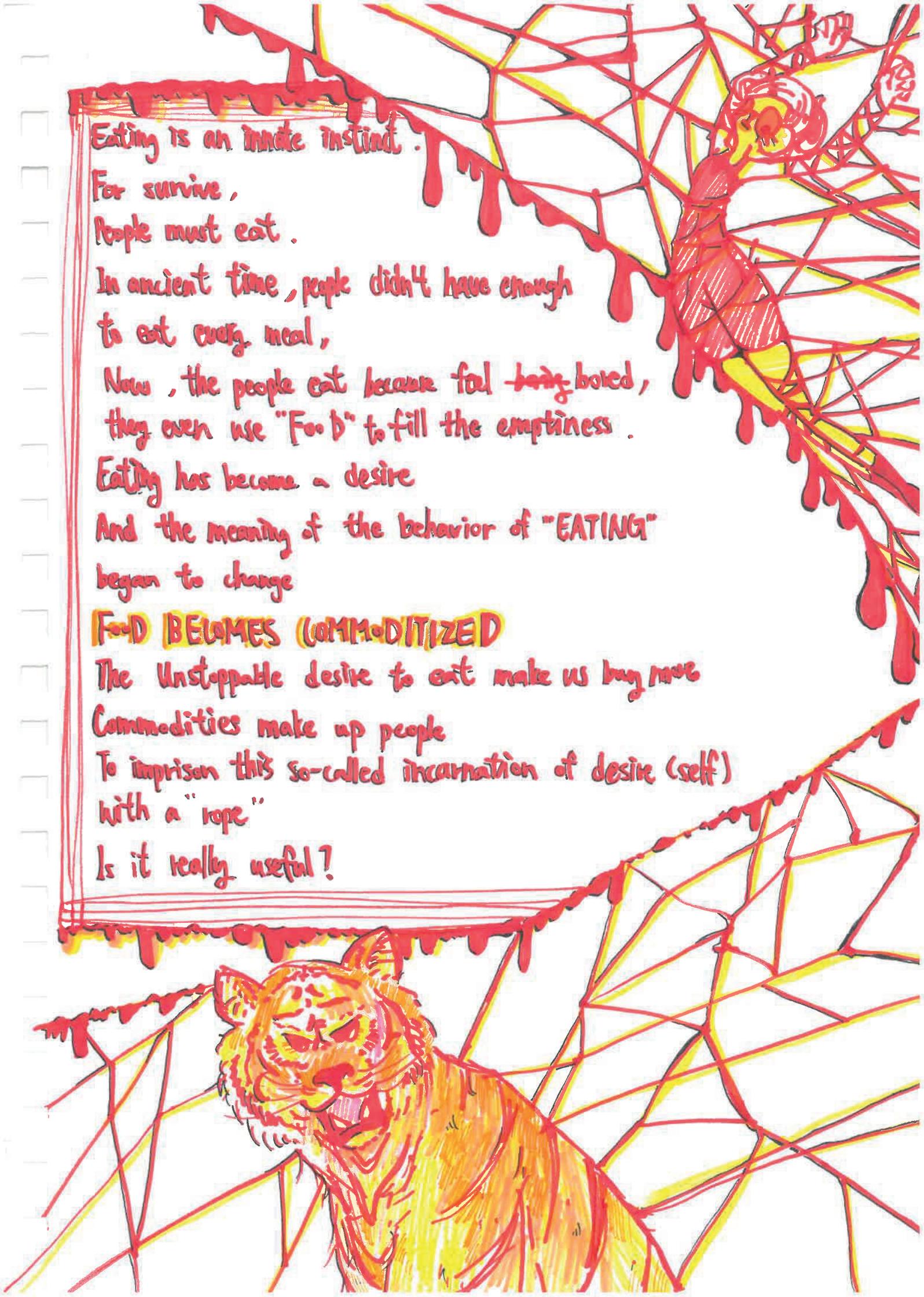


WHY CAN'T I SEE

Proof of Existence - fixed



THE WEIGHT OF LIFE



Eating is an innate instinct.

For survive,
People must eat.

In ancient time, people didn't have enough
to eat every meal,

Now, the people eat because feel ~~being~~ bored,
they even use "Food" to fill the emptiness.

Eating has become a desire

And the meaning of the behavior of "EATING"
began to change

FOOD BECOMES COMMODITIZED

The Unstoppable desire to eat make us buy more

Commodities make up people

To imprison this so-called incarnation of desire (self)
with a "rope"

Is it really useful?

for the
DJ
Keggs



NEW ELEMENT

PERSONIFICATION • adding human character to inanimate objects

FAMILY AVOCADO

⇒ fairy tale ⇒ warm

FRESH # MESSY

FANTASY

WONDERLAND





人

氣

慢

食

樂

獨

了

折

暗

試

會

界

A

HONG

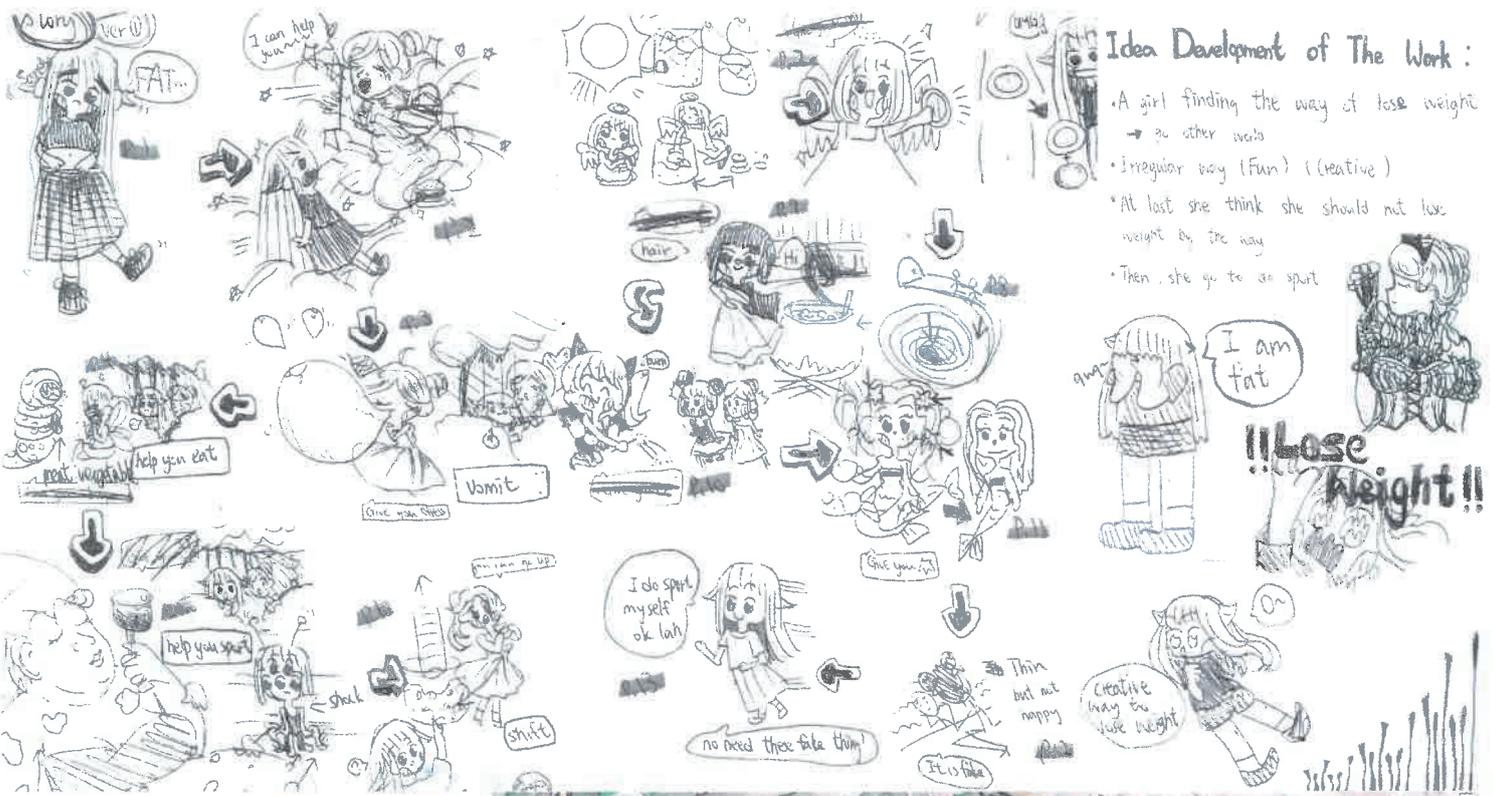
OYSTERS

DEATH IN LENCE

THE CHITA

G





Idea Development of The Work :

- A girl finding the way of lose weight
- so other ways
- Irregular way (Fun) (creative)
- At last she think she should not lose weight by the way
- Then, she go to do sport

try creative way to lose weight

get something in your, then become thin!

Scenes: Ground (animal) → Sky (fly? climb? plant?) → Sea (fly? jump? deep? animals?) → 'Citizen'

a knowing smile.



I want to use something always see in our daily life, but change the way to use them. Break the limit. People always got stucked in their box. I want to use a funny way to tell the story of losing weight. The collision and fusion of the weird use of the daily products.

can do some change?

- not humor
- not crazy enough
- why Sandy suddenly change her mind?
- Too short
- may expand to 20+ pages

REVIEW



Learn

- The tension (how to create it)
- The skill of collage
- photoshop
- The relationship of the object of show objw [create drama feel]

- The change of the meaning of "EATING"
- How does it change the human activity
- The different between human & animals

BANNED

- Want to develop more about [THE RIGHT]
- focus on the choices of the people made
- This is the result people made & what they are

WAY TO CHANGE —

- different ways to lose weight
- How contradiction the people are

- A fantasy story
- fake the viewer of the book



- The tension
- force the characters to do something

INNOCENCE

HORRIBLE

SECRET MESSAGG

TRAP

Exploration of Materials



CHARCOAL

- extend easily
 - shadow
 - shade
 - I like the reflective position of the corn
- #wind #twine



GOUACHE

- blendable texture
- can't be highlight
- accurate to print
- the colour in the correct places

VS

ACRYLIC

- cover easily
- the colour is fast dry
- create the reflective position easier



- the relationship of the object & the shadow
- colour-block



- tone of colour
- the background colour
- contrasting colours
- green (weird)



- the control of the darker of the shadow

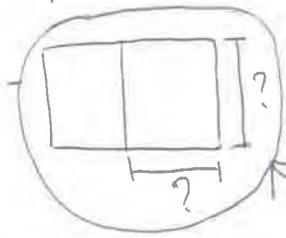
- # messy # gummy
- # vibrant # mood



I tried to add a **new element** to my topic. The new element is "**personification**". It's mean **adding human character to inanimate objects**. Therefore, I start with think about how to link, the looking of **pod with personification**. I think **avocado** and **its core** can have a funny interactive, like hugging the **baby core**. Knowing about the interactive, I try to combine it with a part of last new element project. I chose the feel of **dense** from it and used it **around the picture** (plant). Because there are lot of green colour in that picture, I used **high value** in the middle part and **low value** in the part around the picture (plant). So that, people will **focus on the action of avocados**. I want to draw like a **fairy tale** and **warm feeling**. I added many white points in the drawing to let the avocods like in a **wonderland**. I learn the skill of **using water colour and acrylic** in this project. The covering power of acrylic can make some light effect like the light in the left hand side of drawing. The watercolour is suitable in gradual change the colour of drawing.

Idea Development of The Work :

- Picture Book ? have / do not have word ? Story Book ? Illustrat Book ?



- big &
- 14 pages?



- idea : • A girl finding the way of lose weight → go other world
- Irregular way (Fun) (reative)
- At last she think she should not lose weight by the way
- Then , she go to do sport.



I am fat

!! Lose weight !!



Or
creative way to lose weight



But I think it is not good



Thin

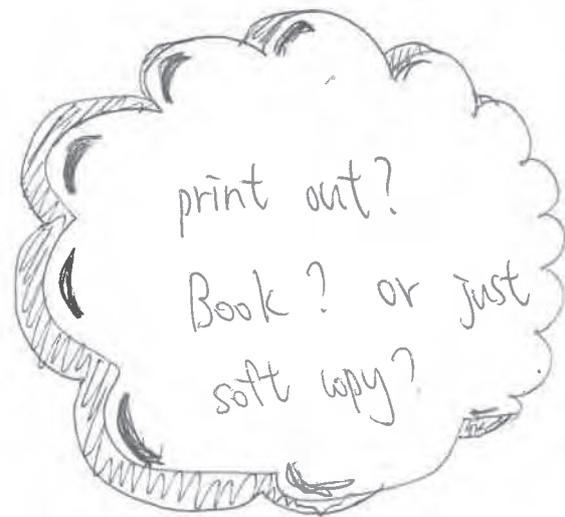
Thin

try creative way to lose weight



Hehe

USE magic to become fat again and do sport



print out?
Book? or just soft copy?

- Scenes : • Ground (normal ?) → sky (fly? Climb? Plant?) → Sea (fly? jump? drop? animals?) • Citizen



Talking with them?

This is an image of artwork by Joan Cornella

[Due to copyright restriction, no reproduction of the image is provided.]

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This is an image of artwork by Joan Cornella

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This **comics** created by Joan Cornella, who is famous for his **unsettling**, **surreal humor** and **black humor** comics strip as well as artwork. The character always with a chilling smile while frowning. When they face **tragedy** or **disaster**, they will use some **ridiculous way** to respond. His artworks satirize the acquiescence of social events, excessive use of smartphone, etc.

This is an image of artwork by Joan Cornella

[Due to copyright restriction, no reproduction of the image is provided.]

The comics inspires me to think more about the **cause** of object. In the comics, he used different ways to think. He always create **a normal start of story**, but end by **unexpected way**. He is good at making something must happen become a unreasonable thing to break the usual. I start to think to give a unusual way to human, but usual to animals to lose weight. Also, it inspires me to think more about **"why"** of the object.

~~feel fat~~ (Story ver 2)

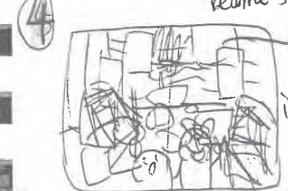
(composition ver 2) waiting



fast weight loss ads

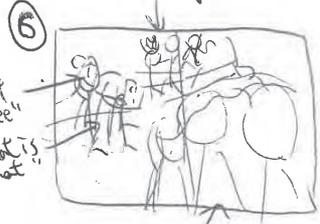


carve the ideal figure

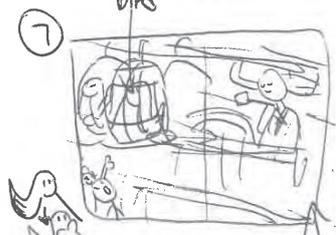


become stone

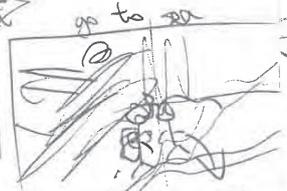
add one more character in p. 8



"failed"



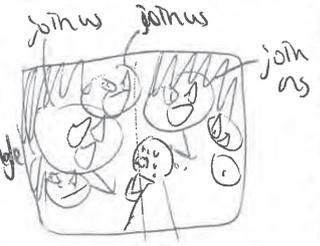
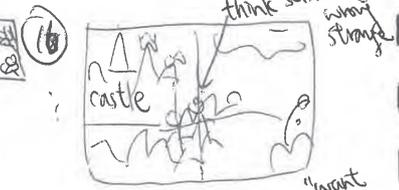
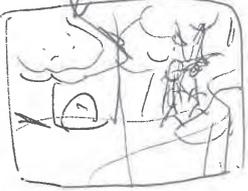
drill hole (hole in bone) chinese restaurant



a lot of bone



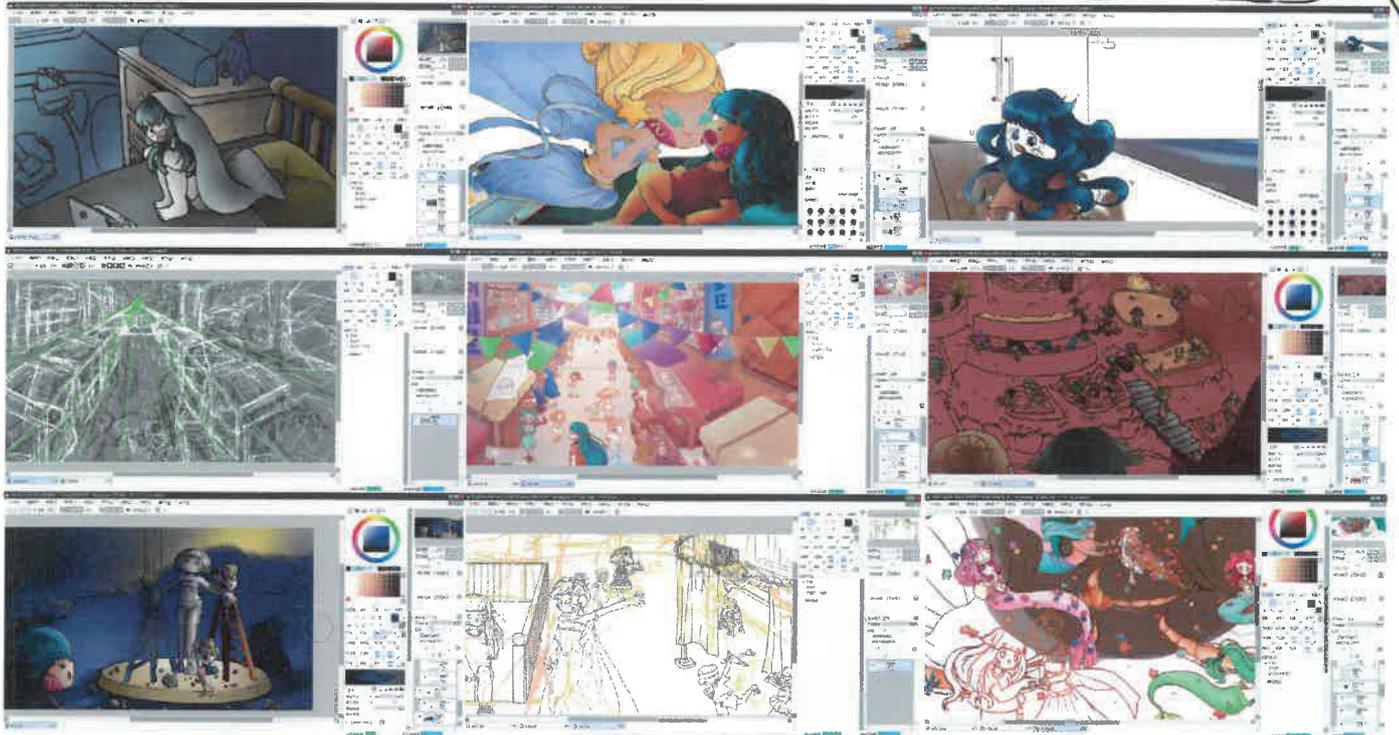
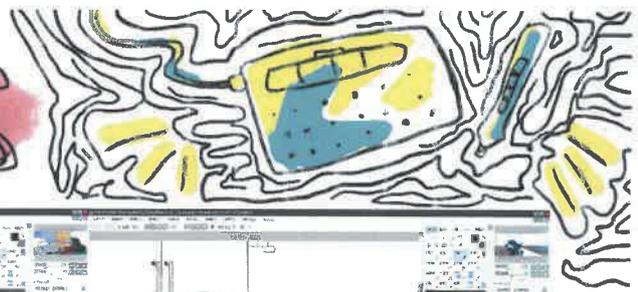
dissolving fat -> bone -> a new body



low angle



MY PROCESS



- Process of drawing the pages
- Using **SAI**

LAYERS



- Use words to create a sense of "OPPRESSION"

Hand-writing **VS** Digital numbers

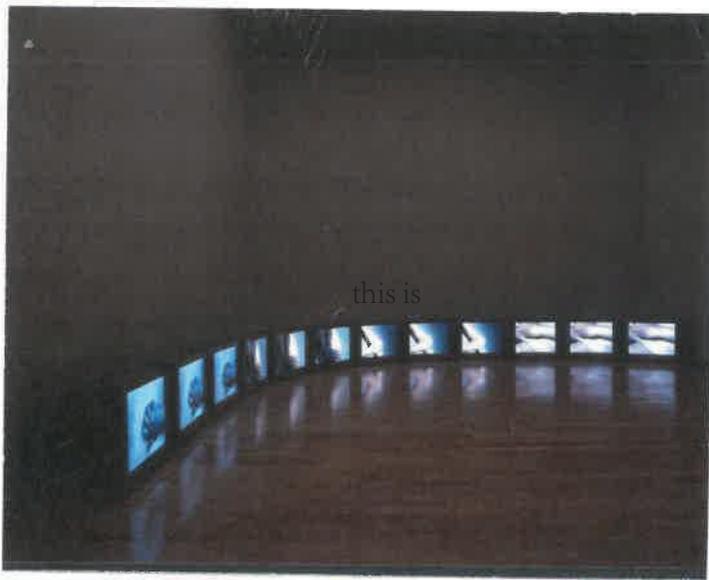
DENSITY
SHADOW
COLOUR



- Using **Adobe Illustrator**

[UNCERTAIN PLEASURE]

AUTHOR ZHANG PEILI



- 2.29-Inch TV ghreh
- forceful and repeated scratching of body part in close-up, including shoulder, waist, back, leg, neck, foot, and arm
- an abnormal human behavior that does not stop when the skin turns red
- simple actions performed consistently and repeatedly

→ Psychological pressure felt in Chinese society

→ social closure → soft torture

→ be used to → self-abuse

→ lack of sensitivity → pleasure

This is about self-destruction. The people want find out and leave the place make they feel lose the freedom. Their family, teachers, many person with authority tell them it is normal to live under these environment and rules. Therefore, they start to suspect themselves and get used to it. They indulge themselves.

[PLEASURE] → no need think anything
→ follow others

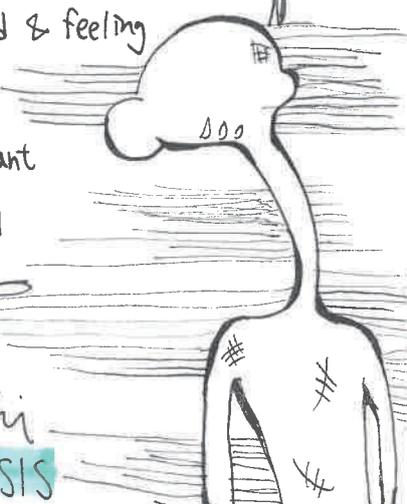
repeated scratching → bonus system
→ seeking peace or comfort
→ dopamine

Cannot Stop It
→ Are they really enjoy?
→ Pain & happy
→ uncontrol

[use to be]
↳ so we cannot stop, & haven't think to STOP.
↳ enjoy? or it is a type of HYPNOSIS

Why people cannot stop overeating?

[PLEASURE]
→ relation between food & feeling
→ stimulate feeling
↓ tasty ↓ happy ↓ pleasant
→ Unpalatable → sad



iiii
HYPNOSIS

REVIEW



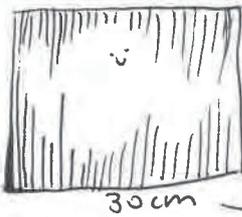
I tried different ways to present the "funny" way of losing weight

The process of observe is important

The size of book

→ 30 x 26 cm

- use the provided size
↳ A4 / A5 / □

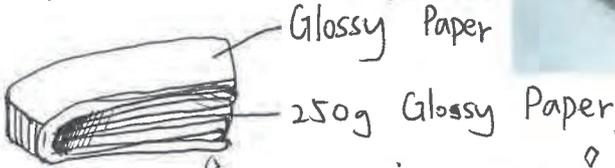


- luckily, the final product looks good

- research more of the texture of papers.

The texture of book

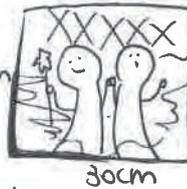
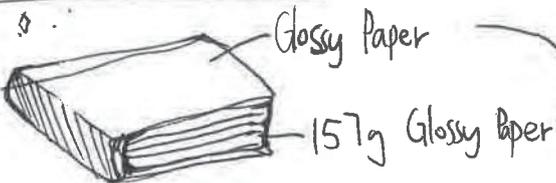
Version 1



→ Matte
→ Blur the image
→ detail (hard to see)

COVER

Version 2



• Look strange when printed in the actual size

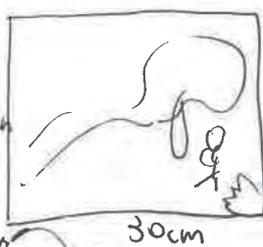
• Too **[BIG]**



I get the experiences from design the story and characters to print out the book

The industry of book how to work

The skill of computer using and Indesign.



• smaller character
• related with the topic of sbn
• Something about the story inside the book

Sba 2

'Feel' + 'Food'

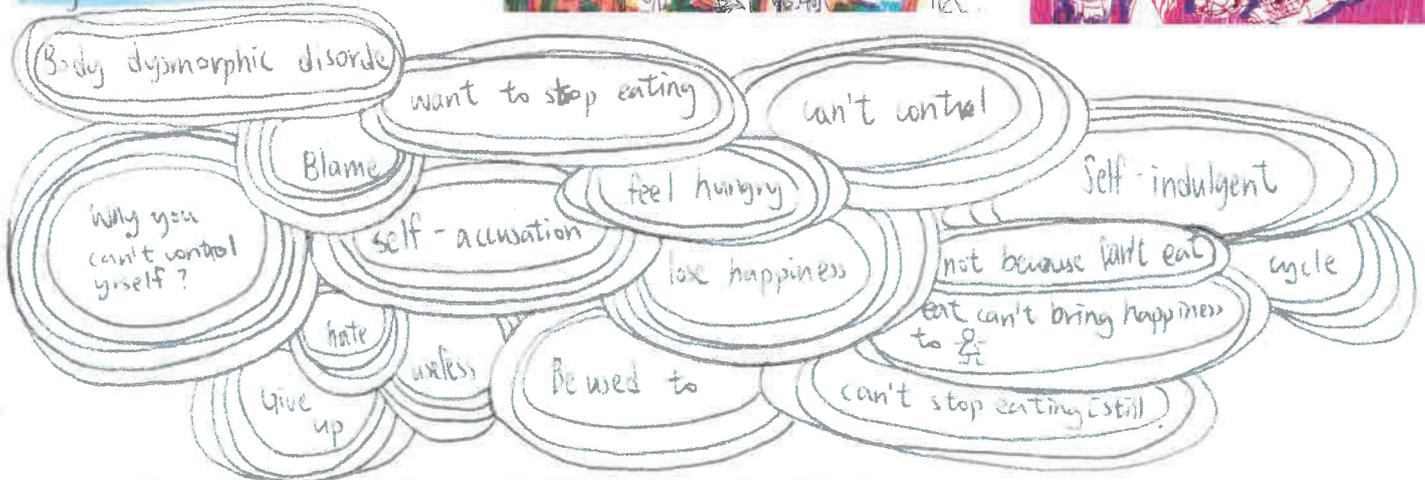
Feel: Anxiety + hysteria

[Tranquility before the Storm] [Bubble] [Touch & Break]

FRAGILE



Why have these feel?



Idea: use some color with strong contrast [Ver 1] [Ver 2]

→ Fluorescent

→ Light & Dark

→ Fluorescent & Dark

hysteria
crazy

• paint out of bounds [Ver 3]

→ color

hysteria # escape

→ line

soul # disturbing

• cloth [Ver 4.1]

→ pull

→ don't let anyone to escape

Cheese white big Area

oppression # just

want escape

get away



• acrylic painting [Ver 4.2]

→ (hive color) 19-0323 TCX

oppression # incompatible with

→ building / scenes

get lost

→ a girl in there

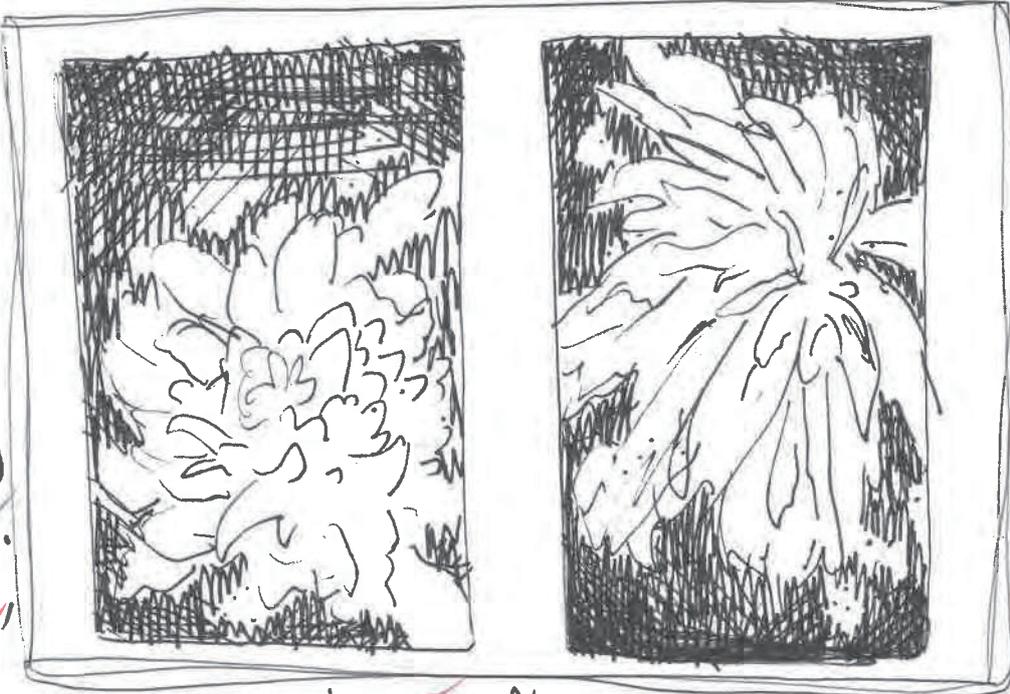
Relationship with PFA

Food

A: How to lose way
→ why people will believe such silly way?

B: The emotion eat
→ why people always do this?

feel that the drawing is comforting me. I feel like I get in the drawing and see the chrysanthemum very close, just like it really standing in front of me. I can feel its sadness,



angry, powerless, strong, try to live itself. I feel like it is whispers softly in my ear and it understand my feeling and actions. It hugs me without reprimand or some sensible advice. I saw the wrinkle, strong, tolerance of it, but it still hug and stroke viewers head. It is not telling the viewers. You have done well. It only hug us and tell us it is still glow in the dark. My anxiety drop after I watch (or communicate with?) this artwork.

Great that you've connected with the work!

I think the big size of it let people can easily feel they are enter the world of the artwork and communicate with it. It inspire me to use big size in PFB. My PFB is about the relationship of some people and food. I want to explore the feeling of them and observed how other people about PFB. I sure it will be funny.

*sure, go ahead!
An in-depth response to the work, well done!
A.*

Gallery Report: SNEEZE
by MIKA ROTTENBERG
25.03.2021
AT TAI KWUN



The exhibit that impressed me the most was "Cosmic Generator".

The work set on the U.S. - Mexico border and a huge Chinese market. The video presents a fantastical scene in a border town: Chinese restaurants and street vendors in Calexico are juxtaposed alongside storefronts inside Chinese wholesale markets, swallowed up by suffocating quantities of goods. There are also 2 people crawling inside different tunnels ultimately meet up inside a flooded room with a broken wall; cart-pushing street vendors come and go like the wind along the border, and under the watchful eye of passers-by, dishes being sold lead to another dimension.

The artist was inspired by a huge plastic commodities market in China as well as a border town between Mexico and California, which has a lot of traffic back and forth in spite of the big border wall running through it. Rottenberg is interested in how certain objects are allowed to circulate the world freely, and how other objects are restricted. "Cosmic Generator" refers to a tunnel system that establishes a trading connection between various places and actors. It is a form of satire; it is political without being didactic, without telling people what to think. It comes from what she hopes is an authentic experience of the reality we are facing. We are stuck in this massive, interlinked dysfunctional chain of systems of power. We are all stuck on a planet that has gone bonkers. This situation is partly because of this mix of fact and fiction, the reach of media and the way we share, the way to manipulate and create misinformation and invent-fiction.

I am amazed by the colorful and intersecting scenes, a woman breaking many light bulbs by a hammer, a plastic commodities market, a train tunnel. The alternation of scenes creates a sense of chaos and illusion. It makes people feel lost. Viewers just like get into a cycle and can't feel the relationship between them. Most of the scenes are talking the feeling and include some metaphor inside. For example, the dish with golden hair man lying inside appear in Chinese restaurant, the suit man and a man in a burrito doll costume crossing the train tunnel to other side..... The artist wants to explore how the cultural exchange and the existence of the U.S. - Mexico border affect each other. The confusion of different scenes appeared give an imaginary space to the viewers and let the viewers find meaning behind the work by themselves.

I love the scenes that the train running in a train tunnel. The size of big screen and the sound give a tension and pressure. The audience is invested in this vision. When the train turn around, the tension of the wall and large sound make viewers feel anxiety. The repeat of it can aggravate this feeling. I think the artist is successful to "make" this feeling. I am inspired by the way of expression of this work. The chaotic scene, size and sound are important elements of creating a feeling of "OPPRESSION". I want to make a "Room" before, to show how the actual thinking by a people. But I think it is not enough to tell the mood I want to show, and it can't show a clear story. Also, I think it is hard to make viewers feel the mood even have some sound or smell. It needs some time to make the viewers get into that mood. Moreover, I think a big white appear chaotically and sound to express the story and mood I want to show.

[Vers]

Food

Video / Animation

- # FALL INTO # OPPRESSION
- # COLOURFUL # OUTLANDISH
- # ASPHYXIA # LOST
- # CONFUSION



COSMIC GENERATOR

[SOUND, COLOUR]

MIKA ROTTENBERG

SCENE

? ? HOW ?

1. Dark [No Feeling] # EXIST # PAIN

WRISTBAND

2. Iron Chain & Footstep # DANGER # REPEAT # FROM EAR TO NEAR

SOUND

3. Chive # STRANGE # NON-REAL # DISTURBED

COLOUR

4. Running & Quiet # BIRD'S-EYE VIEW

? TO ?

5. Many people in toilet # INTRUDER # NO ONE WATCHING YOU

6. Dance with CAT # SCARY

BLACK EYES

7. MUSIC # REPEAT # FROM BIG TO SMALL

LOS

8. BIG ~~NOISE~~ & Ground → Water # Quiet # UFO?

9. The Pain Goes Away Too Fast

RELATED

10. The exist of wristband

11. Deep Breath # FACE MASK

SMELLING

12. Eat (PPL)

13. Car accident

PREGNANT WOMAN

RAIN

WHITE FLOWER

14. Raining # BRAVE

CHEESE

15. Suddenly White

LONG

SHORT

FAST

16. Eyes & White

17. HBD



STORY:

A DREAM OF A GIRL
 FEEL SHE IS DISAPPEARING
 EAT → HEAVY → IN HERE
 BIT HERSELF
 CUE AND PAIN DISAPPEARED VERY FAST

22. Girl (Little)

USE (DRAW)

Mood / Feel

A
M
X
I
E
T
Y

[SCENE]



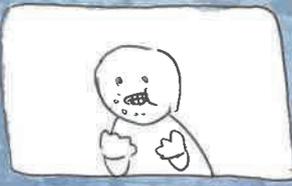
1/10

speed up

[changed]

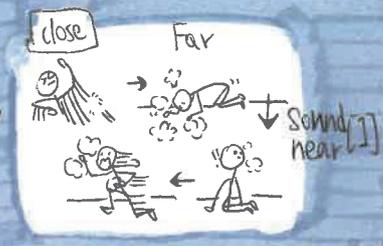
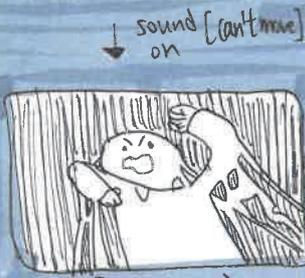


(fast zoom far



eat the dishes

moth



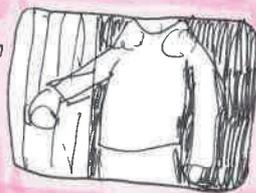
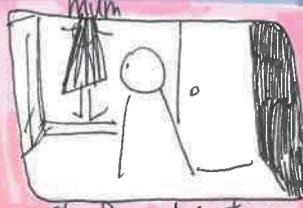
2/10

3/10

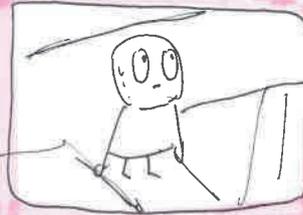
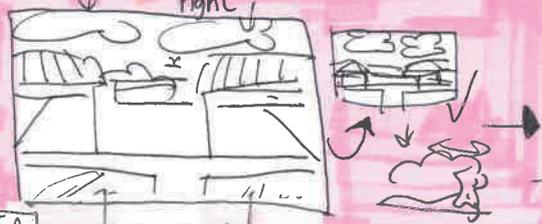
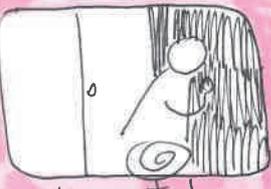


[can move]

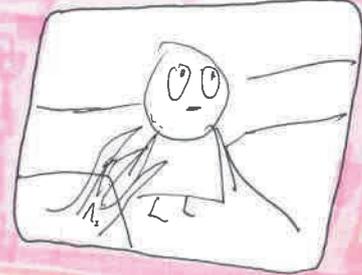
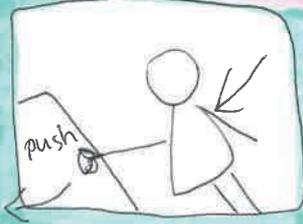
turn around slowly



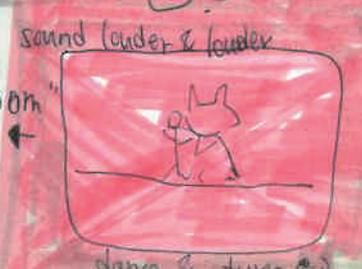
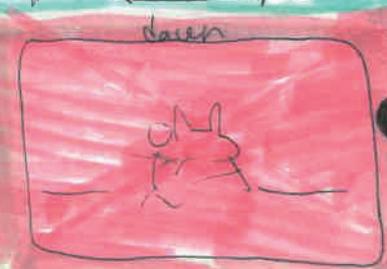
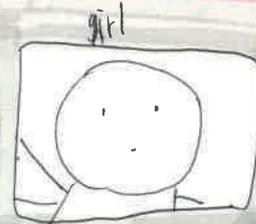
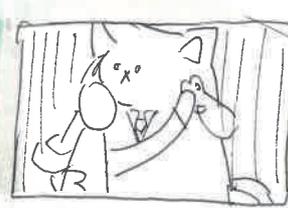
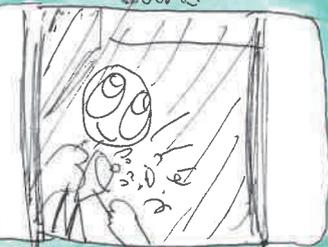
step forward & turn right



4/10



sound



second hand information

Eating disorder --- Anorexia & Bulimia

- Scared of food
- not lose weight
- X dear goal, maybe ↓ how many kg...
- "The only number that satisfies me is 0. No weight,
- Fasting → control of food] → not because want. → punishment
- unable to correctly recognize one's own problems.
- endurance & self-control → satisfaction → ad
- Restrictive & Binge-eating [overeating & compens
- ← eat alot, guilt, throat → [self
- Scared become fat
- excessive exercise
- unable to prove they are exist,
- through weight loss, patients will be able to prove that they have willpower and are able to perceive their existence

"There is a monster in my heart who wants to eat everything"

- not all patients are fat
- Purging Type / Non-purging Type
- depressed to a point of explosion
- eat alot of food in a short of time.
- keep eating a lot when you're not hungry.
- It's difficult to control the amount of food or stop eating
- always eat until you are very supportive
- self-disgusted, depressed, or very guilty after binge eating

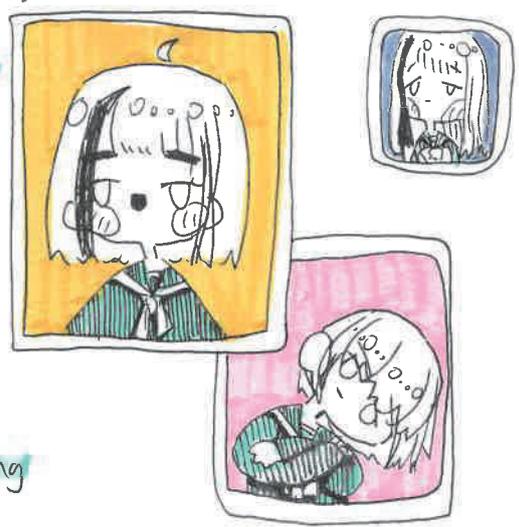
first hand information

- Can't feel she is living
- Pain → feel she is alive
- Too full to vomit (pain)
- try very hard to don't eat too much and keep fit
- want to control herself
- can't recognize who she is
- memory becomes blurred
- living in the moment
- eat → heaven → sink

- know who she should be, but she doesn't think so
- don't know what she really want
- emptiness
- play the old self
- actually, doesn't particularly like eating
- Disappeared



Effort & Character will always
 Note:
 ① the concepts of the story
 a response to
 eating disorder
 ② Story outline - character
 props/scene
 ③ climax of the story
 Storyboard
 ④ how to clarify the
 plan of relation
 example: the monster
 above
 Little girl/
 monster/
 mother/
 for 2/4/2021



[REFLECTION]

What you learn?

- the importances of different angle of camera
- the meaning & mood of different angle present
- how to make different lighting
- how to make a "meaningful" story
- Enjoy ☺

What you feel?

- Interesting
- taking the video is harder than animation
 - ↳ different ppl ↳ can't control
- the timing of PFB should think more
- the characters of my PFB should draw in a more special style
 - ↳ & also the line of the character ↓
 - ↳ so develope more

Angle

Background

Event

Story

Climax

What do you

How

Take Action

VS

WANT

Japan Animation

Least Valuable

Can you see yourself from drawing?

What can you feel?

Commercialize

Is that what you want?

Similar

Not

Needed

Are you get into the trap or what?

I can't saw it

Why & How

What do you use this Drawiny style?

Personal Style

Can you feel what you want?

Formulation

For real

REVIEW

Develop the relationship of "food" and "emotion"

The process of beat yourself

#PRESSURE #BEST #EXPECTATION

A cycle of the action of it

→ Never stop

→ REPEAT & REPEAT

→ Reminder → useless

People always set a unattainable goal to themselves and give a high pressure.

They start to OVER-MAGNIFY every mistake they made

Self-punishment

Inflicted by themselves

NEVER STOP

REMIND

Make the situation worse

PATIENCE

UNRENTANT

We use food to escape from the intratable problems. For relieve the anxiety. However, it is not a good way to face the problem.

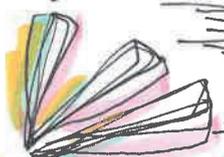
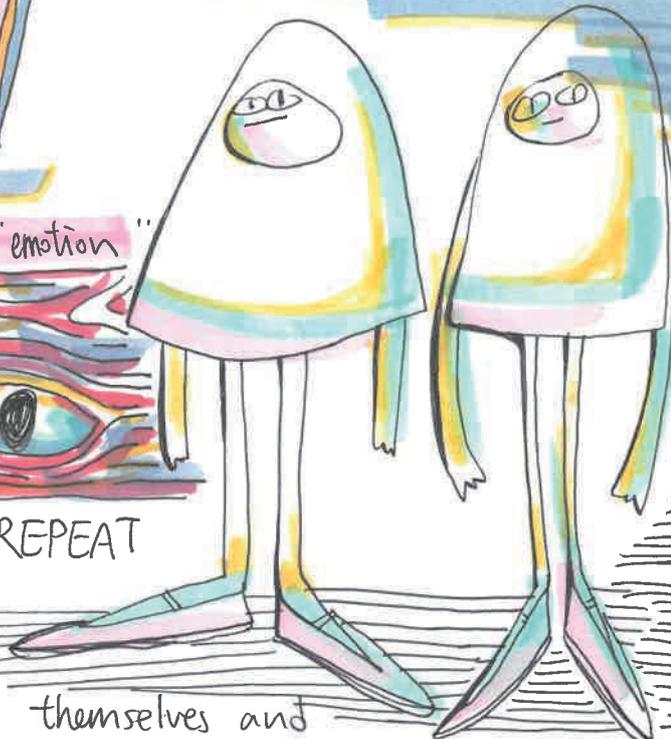
It didn't solve the problem. Everything only back to the original.

Too focus on the mistake you made may cause the self-blame and emotional break down happen. Sometimes, rest is important for you to continue walking. I hope people can pay more attention to their emotional state

REBIRTH

Ignore the change of the emotion will only make the thing worse

It is not a "REBIRTH" It is just a anesthesia. So that people can live like normal.



REVIEW of SBA

Explore the relationship between "FOOD" & "HUMAN"

use a happy mood to take something are heavy

⇒ Why we eat

⇒ Why we eat without control

What is the meaning of eating?

Is this the behavior that control by ourselves?

- Started from the change of the meaning of "EATING"
- the economic development
- easily to get something we want
- Paid less

People always get into some trap that is easy to detected

→ Miss the HINTS → only can see the thing that they focus by hands

EAT WITHOUT THINK ANYTHING

underestimate the difficulty

→ we are too confident & believe that we can control and master everything

X pay attention on the change of emotion

- always leave it alone & expect it will be fixed by the time
- Too DEMANDING to themselves
- use food as a metaphor for the process of this cycle.



I learnt how to explore a topic from zero. Set up a question to help me to develop what message

do I hope to express. Food is necessity in our life. Eating become a way to vent emotions. After over eating, we started to blame ourselves. The anxiety was shown in the process of this uncontrolled action. I hope people can pay attention to focus on the pressure they give themselves.

#CUTE BUT SCARY

#DISTURBED