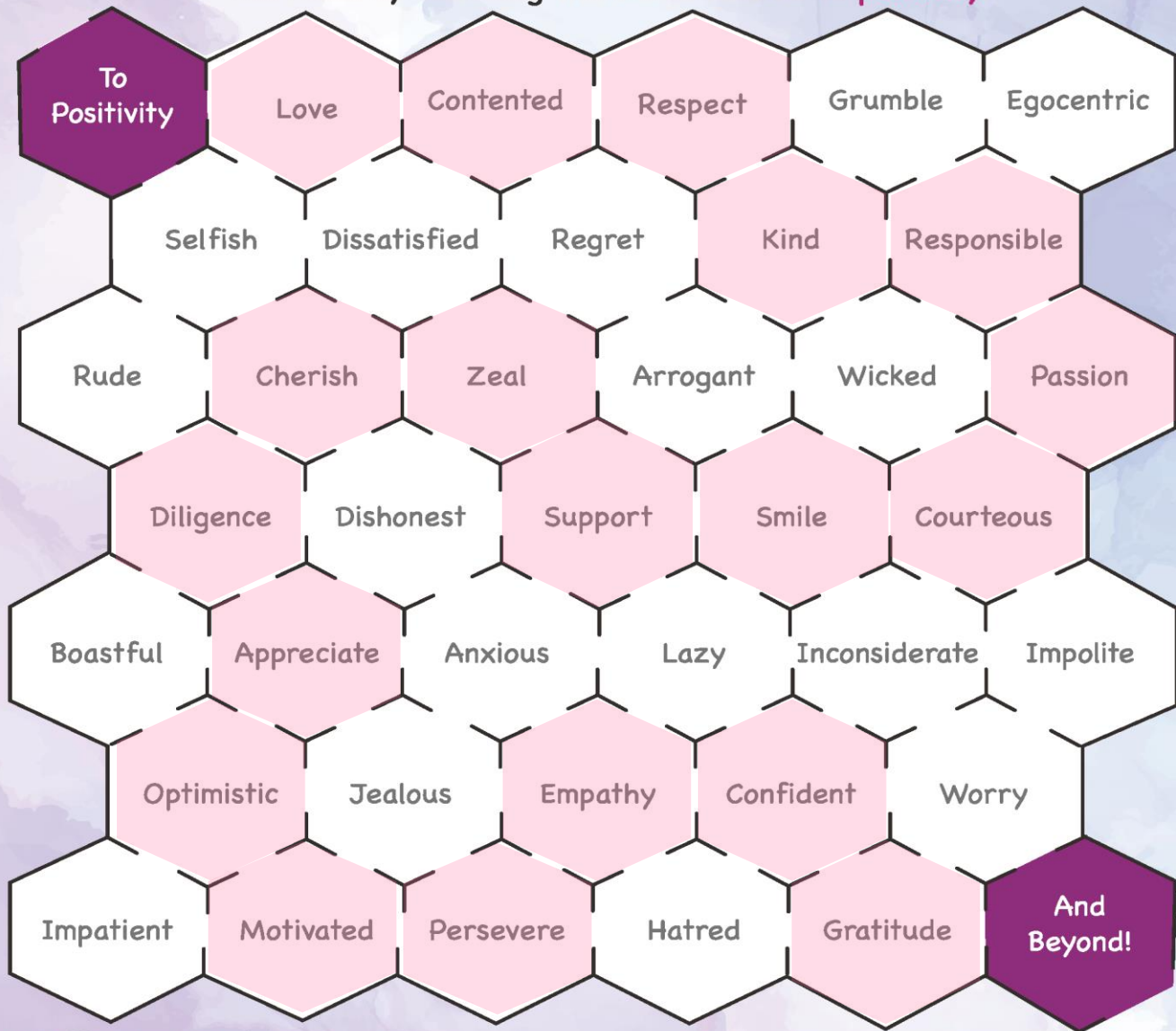


# "TO POSITIVITY AND BEYOND" MAZE EXPLORER

A **positive mindset** governs our behaviours, attitudes and emotions, and ultimately paves the way for **a positive life**. Find your way from the entrance to the exit of the maze by colouring the words related to **positivity**.



## CHALLENGE YOURSELF!

1

Select 3 coloured words and share with your friends how you put these positive elements into action in daily life.

2

Look at the negative words in the maze. Suggest what we can do to turn them into something more positive.

3

Select 5 words in the maze and make a mind map for these words. Note down the meaning, the part of speech (e.g. noun, verb, adjective, adverb) and synonyms of the words.



Choose a positive word in the maze and find a SOW illustrating this quality.