

SOW Ambassadors



PASSPORT



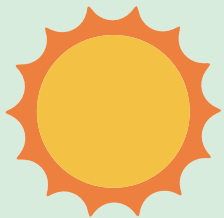


Sayings of Wisdom (SOW)

Inspiring words that **provoke thinking**, share **insights and experience**, and **explore meaning in life**

Examples: English proverbs, idioms, adages, maxims, quotes by famous people





What?

Schools will organise their own English learning activities echoing the theme(s) of the SOW Campaign 2021/22.

When?

Between 28 March and 8 April 2022

Week of Hope

Enrich students' English learning experiences

Nurture positive values and attitudes in students

Aims

Overarching theme:
Hope

Sub-themes:
Be Grateful and Treasure What We Have, Stay Positive and Optimistic

Themes

SOW Campaign 2021/22



Scan to learn about the SOW Campaign, competitions, games, videos, self-learning materials and many more!

SOW webpage
(www.edb.gov.hk/sow)



AS A SOW AMBASSADOR, YOU SHOULD ASSIST YOUR ENGLISH TEACHERS IN ORGANISING SOW ACTIVITIES, FOR EXAMPLE:

- ♥ designing board displays on motivational stories
- ♥ organising book exhibitions, seminars, talks, competitions, film shows, games, etc.
- ♥ promoting SOW activities in school assemblies
- ♥ serving as a reporter of the “Week of Hope” by filming and taking photos of the activities and/or writing news articles about the event
- ♥ suggesting other creative ways to promote SOW

HOW TO USE THE SOW AMBASSADORS PASSPORT?

Step 1

Record the SOW activities you have helped organise/participated in. You may take part in the following types of SOW activities:

- I) SOW competitions organised by the EDB
- II) "Week of Hope" duties
- III) School activities
- IV) Learning and sharing of SOW

Step 5

Keep the SOW Ambassadors Passport as a fond memory.

Step 2

Ask your English teacher to sign and verify the record.

Step 3

Complete a self-reflection by the end of the school year.

Step 4

Submit the passport to your English teacher to verify the total number of SOW activities joined. **You will be awarded a certificate if you have participated in 10 or more activities.**

MY RECORD OF SOW ACTIVITIES

1) Participating in SOW competitions organised by the EDB

	Competitions (Visit www.edb.gov.hk/sow_competitions for details)	Time period	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
1	SOW Creativity Contest: A Moment in Time	Nov 2021 - Feb 2022		
2	Filmit 2022: A Student Film Competition	Nov 2021 - May 2022		
3	Poetry Remake Competition (for secondary schools only)	Dec 2021 - Mar 2022		
4	SOW Creative Singing Contest (for secondary schools only)	Feb - May 2022		
5	Time to Talk Public Speaking Competition (for secondary schools only)	Sep 2021 - May 2022		
6	Story to Stage Puppetry Competition (for primary schools only)	Mar - Apr 2022		

MY RECORD OF SOW ACTIVITIES

II) “Week of Hope” duties

	“Week of Hope” duties	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
1	Serving as a reporter (e.g. taking photos, filming, writing articles)		
2	Serving as a helper in “Week of Hope” activities		
3	Promoting the “Week of Hope” (e.g. poster making, sharing a message to promote the activities on the school intranet)		
4	Helping teachers prepare the school-based record of “Week of Hope”		
5	Others (please specify): <hr/>		

MY RECORD OF SOW ACTIVITIES

III) Being a helper of/a participant in the school activities to promote positive values and attitudes

School activities (e.g. Drama performance, film appreciation, song dedication, seminar/talk, book exhibition, board design competition)	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
1		
2		
3		

MY RECORD OF SOW ACTIVITIES

III) Being a helper of/a participant in the school activities to promote positive values and attitudes

	School activities (e.g. Drama performance, film appreciation, song dedication, seminar/talk, book exhibition, board design competition)	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
4			
5			
6			
7			

MY RECORD OF SOW ACTIVITIES



Share a SOW with as many people as you can!

IV) Learning and sharing a SOW

Activities	Date of Completion (DD/MM/YY)	Comments and Signature
Sharing a SOW with my parents / siblings / principal / teachers / friends		
1 The SOW I selected: I shared the SOW with:		The sharing is: (Please ✓ the box(es).) <input type="checkbox"/> inspiring. <input type="checkbox"/> encouraging. <input type="checkbox"/> _____ Signature:
2 The SOW I selected: I shared the SOW with:		The sharing is: (Please ✓ the box(es).) <input type="checkbox"/> inspiring. <input type="checkbox"/> encouraging. <input type="checkbox"/> _____ Signature:

MY RECORD OF SOW ACTIVITIES



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IV) Learning and sharing a SOW

Activities	Date of Completion (DD/MM/YY)	Comments and Signature
Sharing a SOW with my parents / siblings / principal / teachers / friends		
<p>3 The SOW I selected:</p> <p>I shared the SOW with:</p>		<p>The sharing is: (Please ✓ the box(es).)</p> <p><input type="checkbox"/> inspiring.</p> <p><input type="checkbox"/> encouraging.</p> <p><input type="checkbox"/> _____.</p> <p>Signature:</p>
<p>4 The SOW I selected:</p> <p>I shared the SOW with:</p>		<p>The sharing is: (Please ✓ the box(es).)</p> <p><input type="checkbox"/> inspiring.</p> <p><input type="checkbox"/> encouraging.</p> <p><input type="checkbox"/> _____.</p> <p>Signature:</p>

MY RECORD OF SOW ACTIVITIES



Share a SOW with as many people as you can!

IV) Learning and sharing a SOW

Activities	Date of Completion (DD/MM/YY)	Comments and Signature
Sharing a SOW with my parents / siblings / principal / teachers / friends		
5 The SOW I selected: I shared the SOW with:		The sharing is: (Please ✓ the box(es).) <input type="checkbox"/> inspiring. <input type="checkbox"/> encouraging. <input type="checkbox"/> _____ Signature:
6 The SOW I selected: I shared the SOW with:		The sharing is: (Please ✓ the box(es).) <input type="checkbox"/> inspiring. <input type="checkbox"/> encouraging. <input type="checkbox"/> _____ Signature:

MY RECORD OF SOW ACTIVITIES

IV) Learning and sharing a SOW

	Activities	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
7	Doing a presentation at the school assembly Topic:		
8	Watching a film that promotes “Hope” and/or other positive values Name of the film:		
9	Reading a book that is related to the theme(s) of the SOW Campaign Book title and author:		
10	Appreciating a song that echoes the theme(s) of the SOW Campaign Name of the song:		

MY RECORD OF SOW ACTIVITIES

IV) Learning and sharing a SOW

	Activities	Date of Completion (DD/MM/YY)	Verified by Teacher (Signature)
11	Viewing an inspirational video Name of the video:		
12	Doing voluntary work that spreads hope to others Type of voluntary work:		
13	Others (please specify):		

YEAR-END REFLECTION

Total no. of SOW activities recorded: _____

(A certificate will be awarded if you have participated in 10 or more activities.)

Top 3 SOW activities that I like the most:

1) _____

2) _____

3) _____

My most memorable SOW activity:

Reason(s):

YEAR-END REFLECTION

Things I have learnt as a SOW Ambassador:

Your name: _____

Signature: _____

Date: _____

Verified by:

Name of teacher: _____

Signature: _____

Date: _____

Inspirational Proverbs to Brighten Your Day

Count your blessings.



Gratitude turns what we have into enough.



A friend in need is a friend indeed.



Contentment is natural wealth.



Home is where the heart is.



The early bird catches the worm.



Prevention is better than cure.



One good turn deserves another.



Where there's a will, there's a way.



There is no time like the present.



All roads lead to Rome.



Every cloud has a silver lining.



There is light at the end of the tunnel.



No pain, no gain.



Gratitude is the sign of noble souls.



Make hay while the sun shines.



Opportunity only knocks once.



Rome was not built in a day.



Laughter is the best medicine.



