'Forming an object'

Pupils, in groups, are asked to form an object, e.g. a train, a washing machine, with their body parts. Apart from their arms and legs, pupils are encouraged to explore more possibilities in using other body parts.

After playing the theatre games, the teacher could make up a story, e.g. 'The Bears' in 'Bossy Chris', that incorporates all the key movements. It is important that the class as a whole does the key movements so that everyone is involved at the same time and knows all the key movements. For example, we could divide the class into two groups, making sure that each group has the chance to play both roles in turn.