

'Mirrors'

😊 When the children's attention has been focused, open up their imagination. 'Mirrors' is a classic theatre game that asks the player to transform himself/herself into the mirror image of his/her partner. The teacher can start the game by asking the class to mirror his/her action. He/she can then split the class into pairs. One partner will be the leader and the other will be the mirror. The teacher starts with simple instructions, e.g. What do you do when you wake up?/ How do you eat noodles? It is easier to ask pupils to focus first on the upper half of the body and keep their feet still and in one place before asking them to move their bodies and feet. The leader will think of the movement, perform it and the mirror will imitate his/her action. Every few minutes the teacher calls out 'Switch' which means that the person playing the mirror becomes the leader and vice-versa.

Variations of 'Mirrors'

😊 The teacher can give instructions on more complicated actions, e.g. trying to wear a very tight T-shirt, carrying a tray through a very crowded restaurant. At this stage the teacher can also instruct his/her pupils to move in slow motion and to maintain eye contact.