








'Fruit bowl'

-  Sit pupils in a circle on chairs.
-  Give each one the name of a fruit in sequence (e.g. apple, pear, banana; apple, pear, banana and so on).
-  Nominate a pupil to stand in the middle of the circle (or ask for a volunteer) and take his/her chair away.
-  The pupil in the middle shouts out the name of one/two of the fruits allocated and all pupils with that fruit name(s) must dash out of their seats and run to another chair. (They are not allowed to simply move to the seat next to theirs.)
-  As the 'fruits' are changing places, the pupil in the middle must also try to find a seat.
-  When everyone has dashed to swap seats, there will be a pupil left in the middle. He/She calls out the name of a fruit and the whole process repeats again.
-  However, if the pupil in the middle calls out 'Fruit bowl!', everyone in the circle must change places and move to a new seat.