

“School Physical Fitness Award Scheme” 2022/23 and “Pandemic Challenge – Fitness Challenges at Home Scheme” 2022/23

Aims / Objectives

This is to invite primary and secondary schools to participate in the captioned scheme.

Details

2. The “School Physical Fitness Award Scheme” (SPFAS) and the “Pandemic Challenge – Fitness Challenges at Home Scheme” are jointly organised by the Hong Kong Childhealth Foundation (HKCHF), the Physical Fitness Association of Hong Kong, China (HKPFA) and the Education Bureau (EDB) to promote physical activities and health-related fitness among primary and secondary students.

“School Physical Fitness Award Scheme” 2022/23

3. Students attaining the standards as specified in the “School Physical Fitness Award Scheme” will be awarded gold, silver or bronze level certificates. Participating schools are required to upload the students’ fitness data to the website of the Scheme **on or before 15 July 2023 (Saturday)** and the schools will then be awarded according to the overall performance of their students. Participating schools may also apply for the equipment subsidy from the HKCHF. For details and online registration, please visit the SPFAS webpage (<https://spfas.hkuhealth.com/>).



“Pandemic Challenge – Fitness Challenges at Home Scheme” 2022/23

4. To encourage primary and secondary students maintaining regular physical activities at home, the “Pandemic Challenge – Fitness Challenges at Home Scheme” will continue to be launched in the 2022/23 school year. Schools are required to complete registration on the “School Physical Fitness Award Scheme” webpage before login with their school account for upload of the participating students’ information to the electronic platform of the Scheme. HKCHF will provide login details to the participating students through their teacher in charge. For details and online registration, please visit the webpage (<https://spfas.hkuhealth.com/homechallenge>).



Contact Person

5. For enquiries, please contact:

HKCHF

Tel: 2367 0673 (Online registration, data processing and equipment subsidy)

Tel: 2255 4945 (Certificate application), Fax: 2255 4089, e-mail: hkchf@hku.hk

HKPFA (Test protocol)

Tel: 2838 9594, Fax: 2575 8683, e-mail: info@hkpfa.org.hk

EDB (Safety and other matters)

Tel: 2110 3147, Fax: 2761 4291, e-mail: pe@edb.gov.hk