

## **“School Physical Fitness Award Scheme” 2025/26**

### **Aims / Objectives**

This is to invite primary and secondary schools to participate in the captioned scheme.

### **Details**

2. The “School Physical Fitness Award Scheme” (SPFAS) is jointly organised by the Hong Kong Childhealth Foundation (HKCHF), the Physical Fitness Association of Hong Kong, China (HKPFA) and the Education Bureau (EDB) to promote physical activities and health-related fitness among primary and secondary students.

3. Students attaining the standards as specified in the SPFAS will be awarded gold, silver or bronze level certificates. Participating schools are requested to upload their students’ fitness data to the website of the SPFAS on or before 17 July 2026 (Friday). Schools will be awarded according to the overall performance of their students. For details and online registration, please visit the SPFAS webpage (<https://hkchf.hku.hk>).



### **Contact Person**

4. For enquiries, please contact:

HKCHF

Tel: 2367 0673 (Online registration and data upload) / 2255 4945 (Certificate application),

Fax: 2255 4089, e-mail: [hkchf@hku.hk](mailto:hkchf@hku.hk)

HKPFA (Test protocol)

Tel: 2838 9594, Fax: 2575 8683, e-mail: [michelle.sit@hkpfa.org.hk](mailto:michelle.sit@hkpfa.org.hk)

EDB (Safety and other matters)

Tel: 2762 2538, Fax: 2761 4291, e-mail: [pe@edb.gov.hk](mailto:pe@edb.gov.hk)