

# Sport Climbing



## What is Sport Climbing ?

- Athletes scale artificial rock walls dotted with holds, pieces of resin of different shapes
- Three different kinds of competitions:
  - Speed Climbing
  - Bouldering
  - Lead Climbing
- First steps on the Olympic stage at the Buenos Aires Youth Olympic Games, in 2018
- Debut at the Tokyo 2020 Games,
- At Paris 2024, there will be two sport climbing events per gender: Boulder and lead combined and speed climbing.



## COMBINED CLIMBING (BOULDER+LEAD)

- Possible total of 200 points between bouldering and lead climbing
- 100 points in each discipline



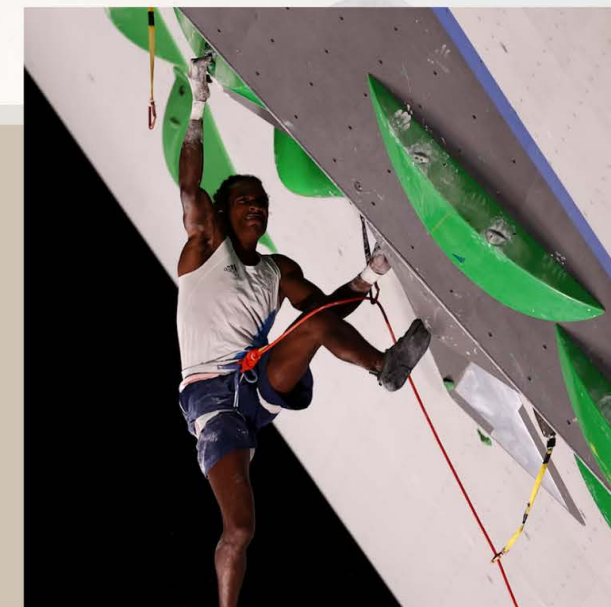
## SPEED CLIMBING

- Reach the top of a 15m (49ft 2.55in) wall the fastest
- Wall is tilted at an overhanging angle of five degrees
- Two identical lanes of holds that are side to side, and two climbers climb at the same time
- One-on-one elimination in a knockout fashion



## BOULDERING

- Wall that's just 4.5 metres
- Each round, four "problems each has three main "holds"
- Top hold is the goal will grab all 25 points,
- Earn a maximum of 100 points in 4 problems
- 10 points for reaching the high zone
- 5 points for reaching the low zone
- Climbers can make as many attempts as needed within the time allotted (usually 6 minutes)
- Finishing a route in fewer tries improves the climber's score (0.1 points of deduction for each failed attempt)



## LEAD CLIMBING

- Make it to the top of the wall within six minutes.
- Height as the speed wall, it's a much tougher climb
- Wall can be pitched up to 60 degrees hanging over the ground, average overhang is eight to nine metres, basically climbing upside-down.
- Reaching the top of the wall (and clipping their rope to the top) before time expires scores 100 points.
- Climber doesn't make it to these last 40 scoring holds, they score zero.
- If an athlete moves toward the next hold but is unsuccessful, they are awarded .01 points
- Lead climbing competition begins with a six-minute collective observation without attempting it
- Athletes return to the isolation zone, and one-by-one emerge to attempt the climb (cannot observe other climbers)