

## Breaking



## TOP WOOK

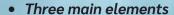


## What is Breaking?



What moves do breakers do?

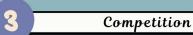
- A style of dance that originated in New York in the 1970s
- One of the original four disciplines of hip hop, along with DJing, graffiti, and rapping
- Competitors are called b-boys (breaking boys) and b-girls (breaking girls).
  For example, Edra, who was the youngest ever winner of the BC One
  World Final b-girl division, is called Logistx
- Becoming a full-fledged sport, combining athleticism (acrobatic moves) and artistry (flips, kicks ...) working with the music
- Debut in the Youth Olympic Games in Buenos Aires in 2018
- First appearance in the Olympic Games in Paris in 2024



- Top Rock
- O Down Rock
  - Drops and Transitions
  - Footwork
  - Power moves and Spins
- Freezes

Breakers dance with their best moves,
 without choosing their own music, to fit the
 soundtrack chosen by the DJ

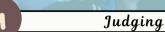






 Breakers face off in the one-to-one
 "Battle", instead of competing against a leaderboard

- Battles consists of 3 rounds of 1-minute "throw down"
- One breaker wins by taking 2 out of 3 throw downs





- Each round and battle is judged by a panel of odd-numbered panel of judges
- Based on 5 criteria, each accounting for 20% of the score :
  - Technique
  - Vocabulary
  - Execution
  - Musicality
  - Originality





