



## Sharing Session by Elite Athletes cum Table Tennis Exchange Demonstration

### Aims / Objectives

This is to invite primary and secondary schools to nominate students to participate in the captioned activity.

### Details

2. To further engage students in developing an active and healthy lifestyle, the Education Bureau (EDB) has launched the “Active Students, Active People” (ASAP) Campaign to rally the concerted efforts of schools, families and different stakeholders in society for promoting an optimised sports atmosphere in schools and encouraging students to engage in regular exercises as soon as possible.

3. The 15th National Games (NG) will be co-hosted by Guangdong, Hong Kong and Macao in 2025. This is the first time for Hong Kong to be the co-host of the NG. In response to the opening of the 15th NG, EDB will organise the “Sharing Session by Elite Athletes cum Table Tennis Exchange Demonstration” at HKUGA College on 17 October 2025 (Friday). Under the ASAP Campaign, EDB invites **Ms LEE Ho-ching, MH and Ms SOO Wai-yam, MH, the bronze medallists of the Women’s Team Table Tennis Event at the 2020 Tokyo Olympics**, to share their experiences and challenges in training and competition, and encourage students to develop various positive values and attitudes, including perseverance, diligence and willingness to accept challenges. They will also conduct an exchange demonstration with the students on-site to enhance their understanding and interest in table tennis, encourage them to engage in table tennis and other regular exercises, and promote a sporting ambience in schools. For enrolment details, please refer to [Appendix 20a](#).

### Contact Person


4. For enquiries, please contact PE Section, Curriculum Development Institute, EDB on 2760 7794.



## Sharing Session by Elite Athletes cum Table Tennis Exchange Demonstration



Appendix 20a

Activity Mode:	Hybrid mode (Sharing Sessions and Demonstration will be held on-site and online simultaneously)														
Target Participants:	Primary and secondary school students														
Date:	17 October 2025 (Friday)														
Time:	14:00 hrs to 16:00 hrs														
Venue:	HKUGA College (Address: 9 Nam Fung Road, Wong Chuk Hang, Hong Kong)														
Language Medium:	Cantonese														
Capacity:	On-site Sharing Session: 120 Online Sharing Session: 1 000														
Programme (Tentative):	<table><tr><th>Time</th><th>Content</th></tr><tr><td>13:50 – 14:00</td><td>Registration</td></tr><tr><td>14:00 – 14:15</td><td>Welcome Remarks</td></tr><tr><td>14:15 – 15:00</td><td>Sharing Session by Ms LEE Ho-ching, MH and Ms SOO Wai-yam, MH</td></tr><tr><td>15:00 – 15:15</td><td>Break</td></tr><tr><td>15:15 – 16:00</td><td>Table Tennis Experiential Activities</td></tr></table>			Time	Content	13:50 – 14:00	Registration	14:00 – 14:15	Welcome Remarks	14:15 – 15:00	Sharing Session by Ms LEE Ho-ching, MH and Ms SOO Wai-yam, MH	15:00 – 15:15	Break	15:15 – 16:00	Table Tennis Experiential Activities
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Remarks:	<div><div><div>1. Interested schools should complete the <a href="#">Online Application Form</a> (by scanning the QR code) <b>on or before 2 October 2025 (Thursday)</b>. Application with incomplete information will NOT be processed by EDB.</div><div>2. Capacity<ul style="list-style-type: none"><li>● On-site Sharing Session: Each school can nominate <b>at most 5 students</b></li><li>● Online Sharing Session: Each school can nominate <b>at most 100 students</b></li><li>● Applications will be processed on a first-come, first-served basis</li></ul></div><div>3. For successful applications, the teacher-in-charge will receive a <b>notification and details of the activity from EDB via email on or before 3 October 2025 (Friday)</b>. Teachers are requested to distribute the related information to the participating students.</div><div>4. The EDB/ organiser/ media organisation may take photos and videos during the event. The relevant videos/ photos may be used by EDB to promote the “Active Students, Active People” (ASAP) Campaign in the future. Participant students and parents/ guardians must agree that their short videos/ photos may be used by EDB to promote or publicise the work of the ASAP Campaign, and may have the opportunity to appear in different media, including websites, newspapers, social media, publications, television and Radio, etc. Please notify the relevant teachers and students of your school and obtain the consent of teachers, students and their parents/ guardians in advance.</div></div><div></div></div>														

