

Traditional Chinese Sports — Cuju (蹴鞠), Chuiwan (捶丸) and Touhu (投壺)

Physical Education Section and Curriculum Resources Section of the Curriculum Development Institute have jointly produced educational multimedia resources on the theme of traditional Chinese sports. These resources feature three episodes covering the traditional Chinese sports of Cuju (蹴鞠), Chuiwan (捶丸) and Touhu (投壺). In the short video, the main characters, Ka-po, Siu-ming and their classmates team up to participate in simulated competitions of Cuju, Chuiwan and Touhu during the school's multiple intelligence lesson, and the origins, historical background and cultural significance of the three traditional Chinese sports were introduced. This helps students further understand the profound and long history of Chinese culture, and recognise that it is a civic responsibility to cherish and inherit Chinese culture, thereby cultivating students' cultural confidence, a sense of heritage and national pride.

The L&T resources (Chinese and English subtitles available) have been uploaded to the website of EDB Educational Multimedia (EMM). Details are as follows:

Resources	URL and QR code
<p>First Episode Traditional Chinese Sports Competition: Gear Up! Dream Team?</p> 	<p>https://emm.edcity.hk/media/1_fa8mklog</p> 
<p>Second Episode Traditional Chinese Sports Competition: Victory is Everything?</p> 	<p>https://emm.edcity.hk/media/1_x5j634o4</p> 
<p>Third Episode Traditional Chinese Sports Competition: Beyond Victory</p> 	<p>https://emm.edcity.hk/media/1_snad47hd</p> 

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