

**CDI020210785**

**"Seminar on School Physical Fitness Award Scheme - "Pandemic Challenge - Fitness Challenges at Home" Scheme (New)**

Date: Tuesday, 23 March 2021

Time: 15:00 – 16:00

Mode: Online

Aims: To Introduce a special scheme under the SPFAS “Pandemic Challenge – Fitness Challenges at Home” Scheme to assist schools encouraging students to maintain regular physical activities during the pandemic.

**Online seminar – 1 hour**

Time	Content	Speaker	Content
14:30 – 15:00	Registration		
15:00 – 15:05	Introduction of the “Pandemic Challenge – Fitness Challenges at Home”	Ms Yonny M Y CHAN Chief Curriculum Development Officer (PE), EDB	 (Chinese only)
15:05 – 15:35	Training Content of the "Pandemic Challenge - Fitness Challenges Home": Benefit-Risk Balance	Mr Sam W S WONG The Physical Fitness Association of Hong Kong, China	 (Chinese only)
15:35 – 15:50	The Electronic Platform of the “Pandemic Challenge – Fitness Challenges at Home” and its function and operation	Dr Wilfred H S WONG The Hong Kong Childhealth Foundation	 (Chinese only)
15:50 – 16:00	Q&A	All speakers	

For enquiries, please contact LEUNG Shui-ho, Shirley at 2624 4406.