# BASIC KNOWLEDGE OF FOOD AND BEVERACE SERVICE PRINCIPLES

# LEARNING OBJECTIVES



# On completion of this seminar, you will be able to:

- Explain modes of operation in F & B services
- Understand the considerations in menu planning
- Understand the basic knowledge of kitchen operations

# **MODES OF OPERATION**



- Independent Owner ship
- Chain Ownership
  - Single-concept chains
  - Multiple-concept chains
  - International food services chain
  - Local food services chain
- Profit Making Focused
- Non-Profit Making Focused

# IN FINE DINING RESTAURANTS...



- A luxury meal experience is encouraged.
- Time taken to consume meals is comparatively longer.
- The proportion of the time for reading the menu and selecting from the menu items is correspondingly greater.
- While the customers' average spending power is higher, the menu selection is much greater.
- Customers would expect to be offered not only a large menu selection, but also a number of chef's specialties and wines.



# AT THE LOWER LEVEL OF THE MARKET...



- Price: if a customer tends to pay a small amount of money, the range of menu items that can be made available within the cost limits will be more limited.
- The time taken to consume meals is usually short.
- Proportionately, little of this time is spent studying the menu choice.
- The choice of menu items in a restaurant is usually fairly limited.
- Customers may feel uncomfortable if presented with a very large menu selection.



# COMMON EXAMPLES OF FOOD AND BEVERAGE SERVICE



|                           | Price  | Services  | Menu  |
|---------------------------|--|---|---|
| Fine Dining restaurants   | <ul> <li>High-price</li> <li>Unwritten rules<br/>on tipping</li> <li>Services charge<br/>10% required</li> </ul>       | <ul> <li>High staff-to-guest ratio</li> <li>Low seat turnover</li> <li>Dress code and<br/>membership required</li> <li>Full table service with<br/>formal table setting</li> </ul>          | <ul> <li>Highly selective menu</li> <li>Food are cooked-to-order</li> <li>Customized according to the customers' preferences</li> <li>High-quality and fresh ingredients</li> </ul> |
| Casual dining restaurants | <ul> <li>Moderately-<br/>price</li> <li>Services charge<br/>10% required by<br/>most of the<br/>restaurants</li> </ul> | <ul> <li>Low staff-to-guest ratio</li> <li>No formal dress code or<br/>dining etiquette</li> <li>Full table service with<br/>simple table setting</li> </ul>                                | <ul> <li>Less selective menu</li> <li>Set menus in certain occasion</li> <li>More choices of dishes</li> <li>Per-cooked or cooked-to-order</li> </ul>                               |
| Fast food<br>restaurants  | <ul> <li>Cheaper menu</li> <li>No service<br/>charge</li> </ul>  | <ul> <li>Very low staff-to-guest ratio</li> <li>Self-serviced</li> <li>Free seating</li> <li>No table setup</li> <li>Little or no waiting time</li> <li>Long hours of operations</li> </ul> | <ul> <li>Less selective menu</li> <li>'Quick food' are easy in preparation and convenient for take away</li> <li>Lower health value</li> <li>Semi-processed ingredients</li> </ul>  |

# COMMON EXAMPLES OF FOOD AND BEVERAGE SERVICE



|                           | Food choice   | Profit   | Menu consideration  |
|---------------------------|---|--|---|
| Fine Dining restaurants   | <ul> <li>More variety of expensive ingredients</li> <li>Seasonal ingredients</li> <li>High Nutritional value</li> <li>High-risk ingredient will also be used</li> </ul> | <ul> <li>Expensive Menu</li> <li>High cost of<br/>luxury ingredients</li> <li>High operation<br/>cost</li> </ul> | <ul><li>High spending power</li><li>standard sequence</li><li>Customer center</li></ul> |
| Casual dining restaurants | <ul><li>Limited ingredients</li><li>Price sensitive</li><li>Medium Nutritional value</li></ul>  | <ul><li>Medium Menu</li><li>Medium cost of ingredients</li></ul>   | <ul> <li>Medium spending<br/>power</li> </ul>   |
| Fast food restaurants     | <ul><li>Standard ingredients</li><li>Price sensitive</li><li>Avoid High-risk ingredient</li></ul>   | <ul><li>cheaper Menu</li><li>Low operation cost</li></ul>  | <ul><li>Low spending power</li><li>No dining sequence</li><li>Menu center</li></ul>     |

# **RESTAURANTS THEME**



# Fine Dining

- Well- decorated
- Spacious which provides certain levels of customers' privacy
- Quiet and comfortable dining environment

Project a classy and elegant atmosphere



# **RESTAURANTS THEME**



# **Casual Dining**

- Less formal in decoration when compared with fine dining restaurants
- Project a relax atmosphere



### **RESTAURANTS THEME**



#### **Fast Food**

- Modern in decoration
- Sharp colors and logos are always used to create a unique image of the brand
- Sharp uniforms of staff help strengthening the brand images of restaurants



### **MENU DESIGN**



- Identity or the decor of the restaurants
- Printed materials needs to be of good quality, heavy, durable, stain and grease resistant
- Unique, simple, highly recognizable
- Easy to read and well spaced
- Address the items that wishes to sell
- Little information and no description are consider as poor design

# **MENU DESIGN**







# **MENU DESIGN**



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# FIVE GUYS®

BURGERS and FRIES

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|                                 | BURG    | GERS                           |                       |  |
|---------------------------------|---------|--------------------------------|-----------------------|--|
| HAMBURGER                       | HK\$75  | LITTLE HAMBURGER               | HK\$ 5                |  |
| CHEESEBURGER                    | HK\$ 85 | LITTLE CHEESEBURGER            | HK\$6                 |  |
| BACONBURGER                     | HK\$85  | LITTLE BACONBURGER             | HK\$6                 |  |
| BACON-CHEESEBURGER              | HK\$95  | LITTLE BACON-CHEESEBURGER      | HK\$7                 |  |
| DOGS                            |         | SANDWICH                       | ES                    |  |
| HOT DOG                         | HK\$50  | VEGGIE SANDWICH                | HK\$4                 |  |
| CHEESE DOG                      | HK\$60  | CHEESE VEGGIE SANDWICH         | HK\$5                 |  |
| BACON DOG                       | HK\$60  | GRILLED CHEESE                 | HK\$4                 |  |
| BACON-CHEESE DOG                | HK\$70  | BLT (BACON, LETTUCE, TOMATO)   | HK\$6                 |  |
| FRIES                           |         | MILKSHAKE                      | ES                    |  |
| FIVE GUYS STYLE or CAJUN        | STYLE   | FIVE GUYS SHAKE                | HK\$5                 |  |
| LITTLE                          | HK\$35  | with or without Whipped Cream  |                       |  |
| REGULAR                         | HK\$45  |                                |                       |  |
| LARGE Cooked in 100% peanut oil | HK\$55  | ALL MIX-INS FRE                | F                     |  |
|                                 |         | CHOCOLATE PEANUT BUTTER COFFEE | The service contracts |  |
| DRINKS                          |         | CHERRY SALTED CARAMEL STRAWBE  |                       |  |
| REGULAR                         | HK\$30  | VANILLA OREO® COOKIE PIECES    |                       |  |
| BONAQUA BOTTLED WATER           | HK\$20  |                                |                       |  |
| BUDWEISER                       | HK\$55  | ALL BURGERS AND DO             | CC ADE                |  |
| CORONA EXTRA                    | HK\$55  |                                |                       |  |
| BLUE GIRL                       | HK\$ 55 | AVAILABLE BUNLE                | .33                   |  |

RELIGH ONIONS JALAPEÑO PEPPERS GREEN PEPPERS A 1.º STEAK SAUCE BAR-B-Q SAUCE HOT SAUCE (ALL THE WAY recieves only toppings in black) 

ZAGAT Survey Rated - Every Year Since 2001

Voted Best of the Best French Fries Watagua Democrat People's Choice Awards '14

> "The Hot Dog of Your Dreams" Lovin Dublin '16

Voted Best Fries - Best of the Twin Cities City Pages '13

Readers' Pick: Best Burger & Fries Washingtonian Magazine '16

"This Is How Burgers Should Be" Instyle.co.uk, London

Reminder: Consuming raw or undercooked poultry, meat, eggs, shellfish or seafood may increase your risk of foodborne illness.

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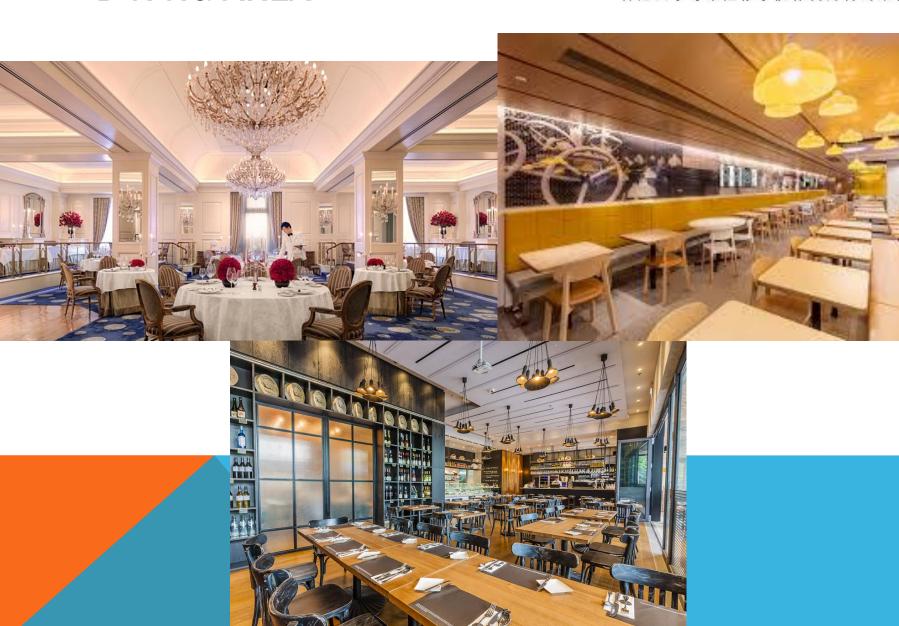
# INTERIOR DESIGN – THE FIRST IMPRESSION



- Is one of the first physical aspects of a catering operation that a customer will come into contact with.
- Is composed of many different aspects:
  - Size and shape of the room
  - Design of the furniture
  - Color
  - Lighting
  - Air conditioning
  - Decoration (pictures, floral displays, etc.)
- Remember: a sense of totality is needed!
- Contributes greatly to the creation of its image.



# **DINING AREA**





### **BAR AREAS**

### Area

- The bar staff must be given sufficient area of space in which to work and move about.
- There should be a minimum of 1m from the back of the bar counter to the storage shelves and display cabinets at the rear of the bar.

# Plumbing and power

- It is essential to have hot and cold running water for glasswashing.
- Power is necessary to provide the effective working of fridge and ice-making machine.

# Storage

 Adequate storage should be provided, such as shelves, cupboards, and racks, for storing stock and equipment.





# **BAR AREA**







# FOOD & BEVERAGE SERVICE AREAS – DECOR



- Appropriateness to the type and style of the operation
- Functional reliability
- Sufficient flexibility (especially where the space has multi-usage, e.g. function rooms)
- Ease of maintenance for on-going and programmed refurbishment
- Ease of cleaning and general housekeeping needs

# **DECOR**







# **UNIFORMS**



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# **SENSES**

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- Sight
- Touch
- Hearing
- Smell
- Temperature



Regeneration

Holding





Store

Preparation

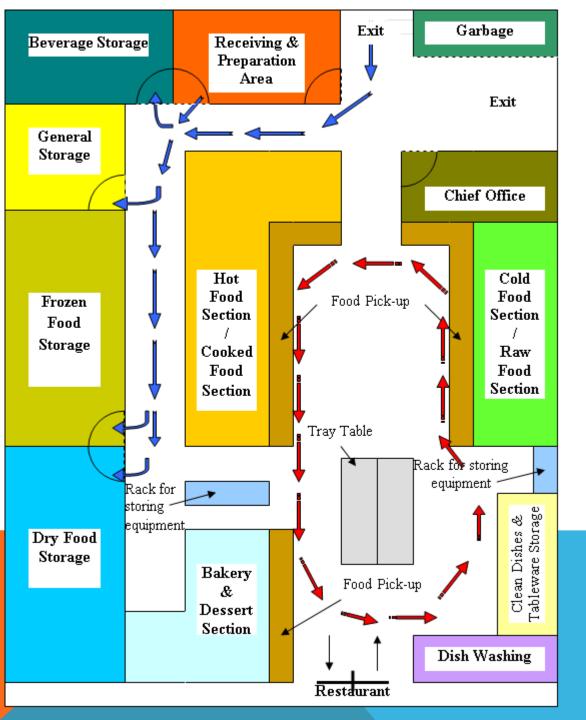
Cooking Presentation

**Foods In** 

Foods In

**Process** 

**Foods Out** 

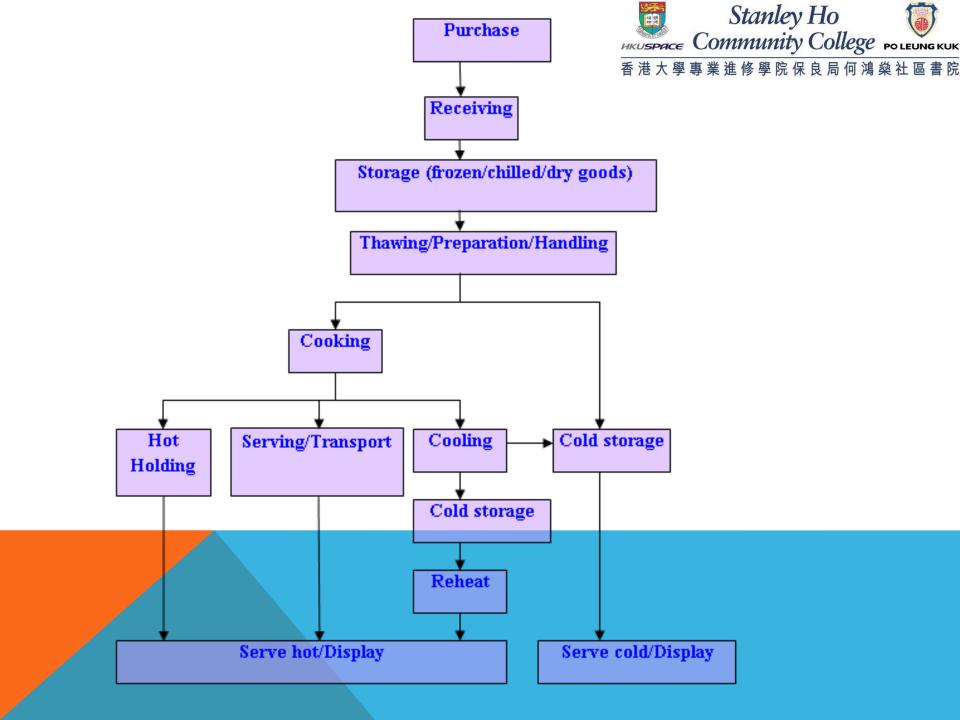




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### REFERENCE



Davis, B., Lockwood, A., Alcott, P., & Pantelidis, I. S. *Food* and Beverage Management, 4<sup>th</sup> Ed, Elsevier Butterworth-Heinemann (2008)