

健康管理與社會關懷科 — 社會工作學生分享

香港浸會大學社工系張文詩同學

健康管理與社會關懷科為我在大學的學習奠下穩固的基礎。透過認識各種不同的成長理論，我對全人健康的概念建立了基本理解，有助我在大學的課堂中進一步深入了解及探討相關的課題。

另外，我學會了多角度思考。我能夠從個人、家庭、社區各層面，全方位認識和了解健康促進、醫療護理和社會關懷的重要性，並從不同角度分析不斷湧現的健康與社會關懷的議題。

(兩位皆是東華三院馮黃鳳亭中學畢業生)



香港專業進修學校張詠霖同學

透過修讀健康管理與社會關懷科，我對護理、運動、社會工作等相關專業的工作有更多了解，幫助我在升學時選擇適合自己的科目。

我現在修讀社會工作高級文憑課程。由於我對社會福利、心理學、不同的個人成長理論已有初步認識，現時我比較其他同學更容易理解課堂上所學習的相關課題。由於健康管理與社會關懷科已經涵蓋不同的時事議題，讓我在中學階段已開始關注社會的情況。



健康管理與社會關懷
本地院校相關的課程

醫學

例如：公共衛生、
醫學、健康科學、
社區健康

護理

例如：護理學

社會科學

例如：社會工作
學、社會學、心理
學

教育

例如：幼兒教育、
體育及運動科學

香港浸會大學 社工系何寶恩同學

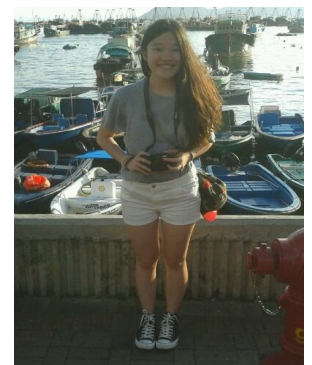
我的志願是要成為一名社工。中四時我選修了健康管理與社會關懷科。學習這科目不單令我對社會政策、福利制度等課題加深了認識，更讓我關心弱勢社群的需要，建立了我服務有需要人士的心志。在第一屆高中文憑試中，我在健康管理與社會關懷科取得優良的成績，令我成功進入大學，修讀心儀的社會工作課程。

健康管理與社會關懷科所學習的知識能銜接大專的相關課程。在社工學系中，

我較其他同學更易掌握一些課程內容，例如：人生不同階段的成長和發展、成長心理學理論等，因為我在學習健康管理與社會關懷科時已接觸過這些基礎知識。

此外，健康管理與社會關懷科的學習模式十分多元化。老師常以問題探究的方式幫助我們學習，透過小組合作學習，共同討論時事議題，訓練我批判性思考、分析及歸納能力。

(宣道會陳朱素華紀念中學畢業生)



Social Work Programme of The Hong Kong Polytechnic University—Lau Ching Ki

Health Management and Social Care (HMSC) includes knowledge about health and social care, which is beneficial to students who aspired to a helping profession.

I found my interest in my future career development through studying HMSC. It helped build my knowledge on the social issues in Hong Kong as well as aroused my awareness of and developed my empathy for the vulnerable groups in our society. I also understand more about myself. Therefore, I choose social work as my further study.

I am now studying the social work programme at the Hong Kong Polytechnic University. In my first year of study, I found that most of the fundamental knowledge in social work has been taught in HMSC, such as developmental needs of different people,



social welfare system in Hong Kong and in other countries and the current social issues. The concepts and knowledge acquired have prepared me for studying the social work programme in university. The knowledge of HMSC has facilitated my understanding of the new concepts in my present study .

(Graduate of CCC Heep Woh College)

Social Work Programme of The Hong Kong Polytechnic University—Cheng Siu Yu

The study of Health Management and Social Care (HMSC) helped me a lot in gaining admission to the university. The knowledge which I have learnt from HMSC is related to Liberal Studies (LS), which helped me a lot in the learning of LS. Also, I had the opportunities to have contacts with the academics in universities. These activities helped me understand more about the various programmes offered by universities, such as public health and social science.

Moreover, the learning of HMSC has broadened my horizons. The knowledge about the social welfare and healthcare issues benefited me in my admission interviews of the social work programmes of



universities. The topics in HMSC, such as the social welfare system in Hong Kong and other countries, and the different theories of personal development have provided a solid foundation for my study of some subjects such as Psychology, Social Welfare in Hong Kong.

(Graduate of CCC Heep Woh College)