

Collaborative Research & Development (“Seed”) Project for 2019/20

Section	Physical Education Session
Title of the Project	Developing an Active and Healthy School Campus in Primary Schools
Class Level (Please check and ✓ the appropriate box.)	<input type="checkbox"/> Kindergarten <input checked="" type="checkbox"/> Primary <input type="checkbox"/> Secondary <input type="checkbox"/> Primary and Secondary Please specify levels: _____
Brief Description (e.g. Objectives, expected outcomes)	<p><u>Background:</u></p> <ul style="list-style-type: none"> ● One of the curriculum aims of PE is to help students develop an active and healthy lifestyle; and ● “Physical inactivity” is recognised as a global public health issue. In line with the target of “Towards 2025 Strategy and Action Plan to Prevent and Control Non-communicable Diseases in Hong Kong” led by Food and Health Bureau, a 10% relative reduction in prevalence of insufficient physical activity among adolescents and adults by 2025. EDB is committed to help students adopt an active and healthy lifestyle to facilitate students to accumulate at least 60 minutes of moderate- to vigorous-intensity physical activities daily. <p><u>Objectives:</u></p> <ul style="list-style-type: none"> ● To develop effective learning and teaching strategies to enable students to participate in extended PE learning activities during their leisure time; ● To help schools provide space for students to take part in physical activities during recess and lunch break; and ● To help schools establish a sporting culture. <p><u>Expected Outcomes:</u></p> <ul style="list-style-type: none"> ● Establishment of a PE teachers’ professional network to develop unit plans and learning and teaching practices in enabling students to participate in regular physical activities; ● Various good practices on making use of space for students to take part in physical activities during their leisure time will be developed; ● To enable participating schools to develop a sporting culture through a whole-school approach; and ● To collect and disseminate good practices in helping students develop an active and healthy lifestyle.
Key Emphases (Please check and ✓ the appropriate box(es). You can choose more than one box.)	<input checked="" type="checkbox"/> Curriculum planning, learning, teaching and assessment strategies <input type="checkbox"/> Development of generic skills in an integrative approach through learning activities <input type="checkbox"/> Four key tasks (project learning, reading to learn, moral and civic education, and information technology for interactive learning) <input type="checkbox"/> Major Renewed Emphases (strengthening values education (including moral and civic education, and Basic Law education), reinforcing the learning of Chinese history and Chinese culture, extending “Reading to Learn” to “Language across the Curriculum”, promoting STEM education and ITE, fostering an entrepreneurial

	spirit, diversifying life-wide learning experiences (including those for VPET), stepping up gifted education, enhancing the learning and teaching of Chinese as a second language)	
	<input checked="" type="checkbox"/> Others, please specify* : <u>Whole-person Development</u>	
Deliverables (Please check and ✓ the appropriate box(es). You can choose more than one box.)	<input checked="" type="checkbox"/> Exemplars to be used for curriculum documents <input type="checkbox"/> Learning & teaching packages, self-learning packages for teachers <input checked="" type="checkbox"/> Workshops and seminars <input type="checkbox"/> Others (please specify) : _____	
Duration and Nature of the Project	From _____ Sept mm <u>2019</u> yy to _____ Aug mm <u>2020</u> yy <input type="checkbox"/> New <input checked="" type="checkbox"/> Ongoing (started from _____ Sept mm <u>2017</u> yy)	
Name of Advisor(s) / Consultant(s) to be invited	To be confirmed	
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Please use a separate sheet for each project.

* e.g. catering for learner diversity, experiential learning, self-directed learning, whole-person development, interdisciplinary learning, etc.