

Collaborative Research & Development (“Seed”) Project for 2021/22

Section	Physical Education Section	
Title of the Project	Developing an Active and Healthy School Campus in Secondary Schools	
Class Level (Please check and ✓ the appropriate box.)	<input type="checkbox"/> Kindergarten <input type="checkbox"/> Primary <input checked="" type="checkbox"/> Secondary <input type="checkbox"/> Primary and Secondary Please specify levels: _____	
Brief Description (e.g. Objectives, expected outcomes)	<p><u>Background:</u></p> <ul style="list-style-type: none"> ● Physical inactivity is recognised as global public health issue. With reference to the Towards 2025: Strategy and Action Plan to Prevent and Control Non-communicable Diseases in Hong Kong by Food and Health Bureau, “10% relative reduction in prevalence of insufficient physical activity” is one of the targets in the Action Plan. EDB is committed to encourage students to accumulate at least 60 minutes of moderate- to vigorous-intensity physical activity daily, to enabling them to lead an active healthy lifestyle. <p><u>Objectives:</u></p> <ul style="list-style-type: none"> ● To assist schools to develop the active and healthy school policy ● To develop effective learning and teaching strategies to enable students to participate in extended learning activities (learnt in PE lessons) in their leisure time; ● To support schools in providing more opportunity for students in engaging physical activities during recess and lunch break; and ● To help schools to develop a sporting culture. <p><u>Expected Outcomes:</u></p> <ul style="list-style-type: none"> ● To assist 10 schools to develop the active and healthy school policies and uploaded onto school webpage to deepen stakeholders’ understanding on the policy and the development of school PE; ● To establish a PE teachers’ professional network to develop learning and teaching practices in enabling students to participate in physical activities regularly; ● To collect and disseminate five good practices to help students develop an active and healthy lifestyle through the network meetings; and ● To participating schools to organise PE-related extended learning and support cross-curricular activities for strengthening sporting culture in schools. 	
Key Emphases (Please check and ✓ the appropriate box(es). You can choose more than one box.)	Dimension	<input checked="" type="checkbox"/> Curriculum planning <input checked="" type="checkbox"/> Learning and Teaching <input type="checkbox"/> Assessment
	Focus	<input type="checkbox"/> Values Education (including MCE, BLE& NSE) <input type="checkbox"/> Chinese history & Chinese culture <input type="checkbox"/> Reading / Language across the Curriculum <input type="checkbox"/> STEM & IT Education <input type="checkbox"/> Entrepreneurial Spirit <input checked="" type="checkbox"/> Life-wide Learning <input type="checkbox"/> Gifted Education <input type="checkbox"/> L&T of Chinese as a second language <input type="checkbox"/> Catering for Learner Diversity <input type="checkbox"/> Self-directed Learning <input checked="" type="checkbox"/> Whole-person Development

	<input type="checkbox"/> Others (please specify *)_____	
Deliverables (Please check and ✓ the appropriate box(es). You can choose more than one box.)	<input type="checkbox"/> Exemplars to be used for curriculum documents <input type="checkbox"/> Learning & teaching packages, self-learning packages for teachers <input checked="" type="checkbox"/> Workshops and seminars <input type="checkbox"/> Others (please specify) : _____	
Duration and Nature of the Project	From <u> 9 </u> mm <u> 2021 </u> yy to <u> 8 </u> mm <u> 2022 </u> yy <input type="checkbox"/> New <input checked="" type="checkbox"/> Ongoing (started from <u> 9 </u> mm <u> 2019 </u> yy)	
Name of Advisor(s) / Consultant(s) to be invited		
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Please use a separate sheet for each project.