

Advice Columns

Problem Cards

My friend doesn't call me anymore so...

My boy/girlfriend says he/she doesn't want to be with me anymore and...

I want this great gadget but my mum says it's too expensive and...

I like to watch 'Hong Kong's Next Top Model' but my mum says it's not suitable and...

I want to try speed dating but...

I think someone's hacked into my email account and sent me...

One of my friends has offered me to drugs and...

Advice Columns

Every time I want to go out my mum says I can't so...

I hate my hair, it's so...

I want to look cute like my best friend but I feel ugly...

We have lots of prescription pills at home and...

I want to enter a modelling show but...

My friends say this bag's out of date but...

I want to stop my best friend gossiping but...

Now I've met him/her I can't imagine being without him/her but...

I've got really bad skin and...

Advice Columns

My dad checks the websites I use and I feel...

I know I should exercise but...

I'm overweight and I try to diet but...

My parents hate my friends but...

I feel that I have to do whatever my boy/girlfriend wants but...

I just can't get enough sleep and...

My sister argues with me all the time and...

My boy/girlfriend wants me to send him/her texts all the time but...

Advice Columns

My parents want me to go to bed at 10:30pm but...

I've been offered drugs at school and...

My parents are just too bossy and...

Nobody understands how I feel about...

My mum only allows me to use the computer one hour a day so...