

本署檔號 Our Ref. : (31) in DH SEB CD/8/12/1 Pt.VI

27 October 2014

Dear Principal/Persons-in-charge,

A Local Case of Dengue Fever

We would like to draw your attention to a local case of dengue fever (DF) and remind schools and institutions to remain vigilant against this disease.

The Centre for Health Protection (CHP) of Department of Health confirmed a local case of Dengue fever on 25 October 2014. The male patient aged 63, with good past health, developed fever, headache and generalised weakness since 9 October and consulted a private doctor on 13 October. He attended the Accident and Emergency Department of Prince of Wales Hospital on 16 October because of persistent symptoms and was admitted for management. He was confirmed to have dengue fever on 25 October. He is now afebrile and in stable condition.

The patient lived in Pok Hong Estate, Sha Tin. He worked in a construction site in Sai Ying Pun where he recalled mosquito bite. He has also worked in Pamela Youde Nethersole Eastern Hospital (PYNEH) during incubation period.

The CHP is collaborating with the Food and Environmental Hygiene Department and other organizations to implement anti-mosquito measures. Epidemiological investigation and control measures are ongoing.

Dengue fever is an acute febrile viral illness. The disease is transmitted by the bite of infective mosquito and the incubation period ranges from 3 to 14 days. Symptoms include high fever, severe headache, pain behind the eyes, rash, muscle and joint pains. In severe cases, manifestations of bleeding tendency may occur. Schools and institutions are crowded places where we have much concern with the risk of dengue fever. To prevent dengue fever, the following preventive measures should be taken to prevent accumulation of stagnant water and eliminate mosquito breeding sites:

- Put all used cans and bottles into covered dustbins.



- Change water for plants at least once a week, leaving no water in the saucers underneath flower pots.
- Cover tightly all water containers, wells and water storage tanks.
- Keep all drains free from blockage.
- Top up all defective ground surfaces to prevent the accumulation of stagnant water.

The members of the general public are also advised to protect themselves from mosquito bite by taking the following measures:

1. Wear loose, light-coloured, long-sleeved tops and trousers, and apply effective mosquito repellent containing DEET to exposed parts of the body and clothing.
2. Use mosquito screens or bed nets when the room is not air-conditioned.
3. Place anti-mosquito devices near possible entrance such as window.

More information on preventive measures could be found in the website of CHP:
<http://www.chp.gov.hk/en/content/9/24/19.html>.

Yours faithfully,



(Dr. SK CHUANG)
for Controller, Centre for Health Protection
Department of Health