

本署檔號 Our Ref. : (28) in DH SEB CD/8/12/1 Pt.VIII

3 June 2015

Dear Principal/Persons-in-charge,

The First Local Case of Dengue Fever in 2015

We would like to draw your attention to a local case of dengue fever (DF) and remind schools and institutions to remain vigilant against this disease.

The Centre for Health Protection (CHP) of Department of Health confirmed a local case of DF on 2 June 2015. The male patient aged 58 presented with fever, headache, muscle pain, diarrhoea and rash since 25 May 2015. He consulted doctors and further attended a private hospital on 31 May 2015 and was admitted for management. He was all along stable and has been discharged.

The patient lived in Grandway Garden in Tai Wai, Shatin and he recalled frequent mosquito bites near home. He worked in Cheung Hing Mansion in Cheung Wong Road, Tai Kok Tsui.

The CHP is collaborating with the Food and Environmental Hygiene Department and other organisations to implement anti-mosquito measures. The public should also take part in mosquito control actions to prevent the spread of the disease.

Dengue fever is an acute febrile viral illness. The disease is transmitted by the bite of infective mosquito and the incubation period ranges from 3 to 14 days. Symptoms include high fever, severe headache, pain behind the eyes, rash, muscle and joint pains. In severe cases, manifestations of bleeding tendency and even death may occur. Schools and institutions are crowded places where we have much concern with the risk of dengue fever. To prevent dengue fever, the



following preventive measures should be taken to prevent accumulation of stagnant water and eliminate mosquito breeding sites:

- Put all used cans and bottles into covered dustbins;
- Change water for plants at least once a week, leaving no water in the saucers underneath flower pots;
- Cover tightly all water containers, wells and water storage tanks;
- Keep all drains free from blockage; and
- Top up all defective ground surfaces to prevent the accumulation of stagnant water.

The members of the general public are also advised to protect themselves from mosquito bite by taking the following measures:

1. Wear loose, light-coloured, long-sleeved tops and trousers, and apply effective mosquito repellent containing DEET to exposed parts of the body and clothing;
2. Use mosquito screens or bed nets when the room is not air-conditioned; and
3. Place anti-mosquito devices near possible entrance such as window.

More information on preventive measures could be found in the website of CHP: <http://www.chp.gov.hk/en/content/9/24/19.html>.

Yours faithfully,



(Dr. SK CHUANG)
for Controller, Centre for Health Protection
Department of Health