

本署檔號 Our Ref. : (67) in DH CDB/8/12/1 Pt.13

22 April 2026

Dear Principal/Person-in-charge,

The First Local Case of Dengue Fever in 2026

We would like to draw your attention to the first local case of dengue fever (DF) recorded yesterday (21 April) by the Centre for Health Protection (CHP) of the Department of Health in 2026 and remind schools and institutions to remain vigilant against the disease.

The patient is a 21-year-old man with good past health. He developed a fever, headache, myalgia and a rash on April 12, and sought medical attention at Alice Ho Miu Ling Nethersole Hospital on April 16. He was admitted for treatment and is currently in stable condition. His blood sample tested positive for dengue virus upon laboratory testing.

Initial investigations revealed that the patient lives in Tai Wo Estate in Tai Po and works at a road construction site near Long Yan Road in Penny's Bay on Lantau Island. He had no travel history during the incubation period (March 29 to April 9). During this period, he mainly stayed in the vicinity of the construction site in Penny's Bay and his home. He reported being bitten by mosquitoes recently near his workplace. He did not recall being bitten by mosquitoes in any other places, including Tai Wo Estate in Tai Po. His household contacts and other workers at the same construction site are currently asymptomatic. The CHP's investigation is ongoing and no epidemiological linkage has been found so far between this case and other previously recorded imported DF cases in Hong Kong. Based on the information available at the moment, it is more likely that the patient was infected in the vicinity of Long Yan Road in Penny's Bay. The CHP will continue to investigate the source of



infection in collaboration with the Food and Environmental Hygiene Department (FEHD).

DF is an acute febrile illness. The disease is transmitted by the bite of infective mosquito and the incubation period ranges from 3 to 14 days. Symptoms include high fever, severe headache, pain behind the eyes, rash, muscle and joint pains. In severe cases, manifestations of bleeding tendency and even death may occur. We would like to seek your help in the prevention of DF by taking part in mosquito control actions and adopting personal protective measures against mosquito bites. The following preventive measures should be taken to prevent accumulation of stagnant water and eliminate mosquito breeding sites:-

- Thoroughly check all gully traps, roof gutters, surface channels and drains to prevent blockage;
- Scrub and clean drains and surface channels with an alkaline detergent compound at least once a week to remove any deposited mosquito eggs;
- Properly dispose of refuse, such as soft drink cans, empty bottles and boxes, in covered litter containers;
- Completely change the water of flowers and plants at least once a week. The use of saucers should be avoided if possible;
- Level irregular ground surfaces before the rainy season; and
- Avoid staying in shrubby areas.

Members of the public are also advised to take personal protective measures such as wearing light-coloured long-sleeved clothes and trousers and apply insect repellent containing DEET to clothing or uncovered areas of the body when doing outdoor activities.

Besides, as the patient had been active in the Tai Wo Estate after the onset of his illness, the CHP is, as a precautionary measure, setting up a health consultation booth at Tai Wo Plaza in Tai Wo Estate. The health consultation booth provides health assessments and conducts free DF antibody tests for members of the public with relevant symptoms. The service hours of health

consultation booth are from 10am to 7pm, from today (April 22) until Friday (April 24). The CHP has also set up a hotline (tel: 2125 2373), which operates from 9am to 6pm from today until Friday. The CHP will jointly organise a health talk with the Tai Po District Office and the FEHD at the Tai Wo Neighbourhood Community Centre at 6pm today, aiming to raise public awareness of how to prevent mosquito-borne diseases and encourage people to participate in prevention and control measures to protect themselves and others.

More information on preventive measures could be found in the CHP website at <http://www.chp.gov.hk/en/content/9/24/19.html>.

Yours faithfully,



(Dr. Albert AU)
for Controller, Centre for Health Protection
Department of Health