


**Parent Seminars 2018/19 –  
Growth comes from no comparison''  
(Code: 1821) (26/1/2019)  
Video links **

| Video Titles                                   | Length       | Links (Please click the links below to access the videos) (in Cantonese only) |
|------------------------------------------------|--------------|-------------------------------------------------------------------------------|
| 1. Impact of comparison on learning motivation | 4 min 09 sec | <a href="https://youtu.be/SDvwEg5eXNo">https://youtu.be/SDvwEg5eXNo</a>       |
| 2. Parenting strategy: Active listening        | 3 min 17 sec | <a href="https://youtu.be/EJpbqKBN62I">https://youtu.be/EJpbqKBN62I</a>       |
| 3. Parenting strategy: Reframing & “I” message | 3 min 34 sec | <a href="https://youtu.be/vZA2rJEmBc">https://youtu.be/vZA2rJEmBc</a>         |
| 4. Parenting strategy: 6-step plan             | 3 min 06 sec | <a href="https://youtu.be/b0Ob9VmPBPk">https://youtu.be/b0Ob9VmPBPk</a>       |
| 5. Parenting strategy: Praising children       | 4 min 32 sec | <a href="https://youtu.be/K3Mv7XVHM18">https://youtu.be/K3Mv7XVHM18</a>       |
| 6. Parenting strategy: Avoid punishment        | 6 min 0 sec  | <a href="https://youtu.be/3FH0wKXDjDU">https://youtu.be/3FH0wKXDjDU</a>       |
| 7. Key points on parenting                     | 2 min 57 sec | <a href="https://youtu.be/vLQczmluq0A">https://youtu.be/vLQczmluq0A</a>       |