

**Parent Seminars 2020/21 –
 “Help My Kid to Level-Up to Enjoy Primary School Life, I Can Do It!”
 (Code : 2033) (Date: 26/6/2021)
 EDB YouTube Video links 🎥**

| | Video Titles | Length | Links (Please click the links below to access the videos)(in Cantonese only) |
|----|---|--------------|--|
| 1. | Part 1 [Challenges of Smooth Transition and Discrepancy in Children’s Expectations of Primary One] | 4 min 56 sec | https://youtu.be/w8wNTtMY4Z4 |
| 2. | Part 2 [Indicators of Primary One Adaptation and Ways to Provide Support in Cognitive, Emotional and Autonomy Developments] | 4 min 57 sec | https://youtu.be/ZTHp3kf_79Q |
| 3. | Part 3 [How to Equip Our Children with Ability to Prepare for the Transition] | 4 min 55 sec | https://youtu.be/ZJBp8Dzlj5Y |
| 4. | Part 4 [Parental Support at Home] | 4 min 59 sec | https://youtu.be/3ll75f1h9Wo |
| 5. | Part 5 [Games for Nurturing Executive Functions] | 4 min 51 sec | https://youtu.be/z26D5mdZG8o |
| 6. | Part 6 [How to Set Reasonable Expectations and Goals for Children] | 3 min 56 sec | https://youtu.be/125kX0zTkbQ |