

## Through playing, children can ...

understand their own emotions  
and express them appropriately

develop positive behaviours  
(e.g. sharing, forgiving, appreciating, helping)



develop a sense of achievement

develop relationships

learn self-regulation

### Parents' roles



allow children to initiate  
explorative activities in  
daily life



encourage children to  
explore and overcome  
failure



observe children's  
behaviours during play,  
and provide timely and  
appropriate feedback



help children develop a  
proactive attitude and a  
sense of responsibility

## Tips for parents



let children choose games that allow creativity or that are interactive



avoid too much guidance or help, let children take the lead



respond to children's needs in a timely manner



focus on playing with children, pay attention to children's verbal and nonverbal expressions



provide concrete and timely praise to children's positive behaviours



point out children's inappropriate behaviours and correct them immediately, help children express their emotion in an appropriate way



act as a role model

EDB Parent Education  
Information at  
Kindergarten Stage



EDB  
YouTube Channel

