



教育局
Education Bureau

Learning starts from Play



Parent Seminar

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by

Dr. LAM Chun Bun Ian

Co-Director,
Centre for Child and
Family Science,
The Education University of
Hong Kong



香港教育大學

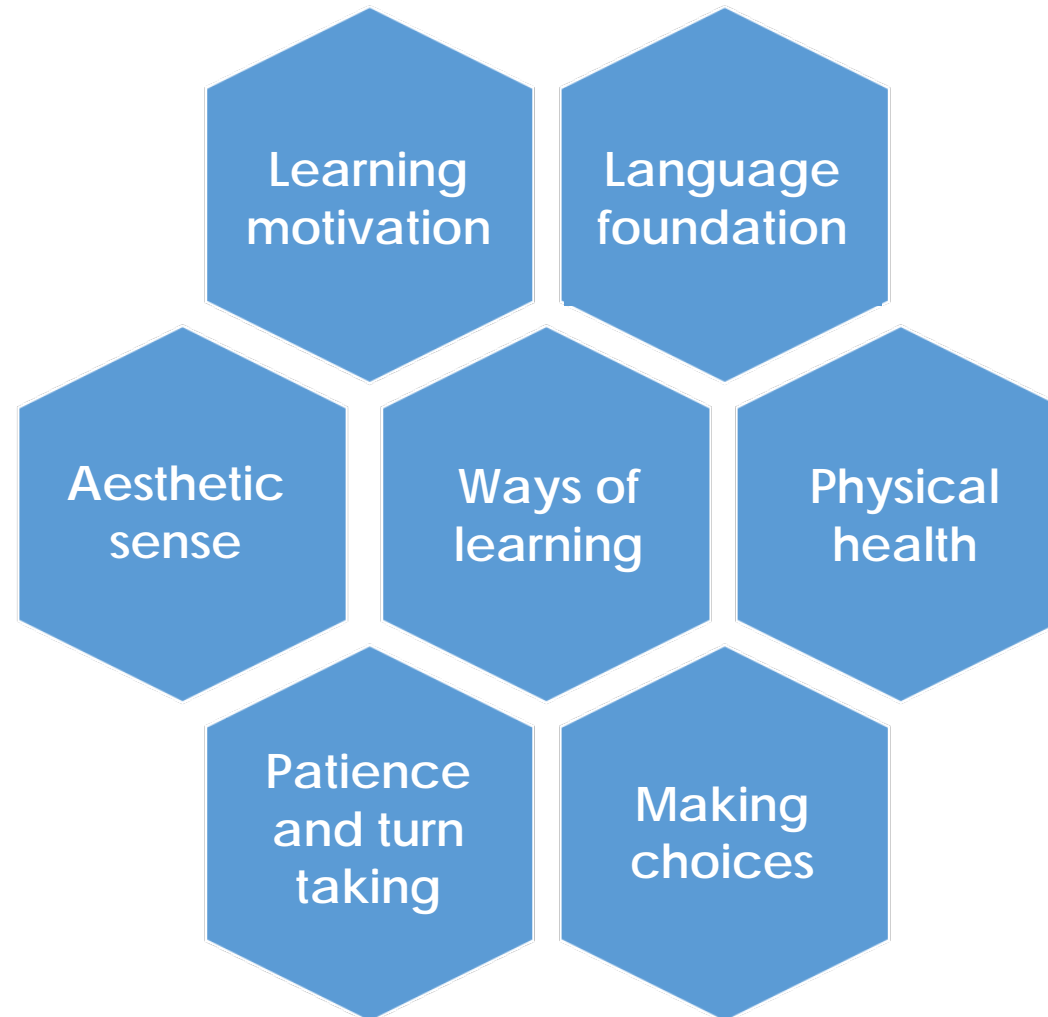
The Education University
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Centre for Child and
Family Science

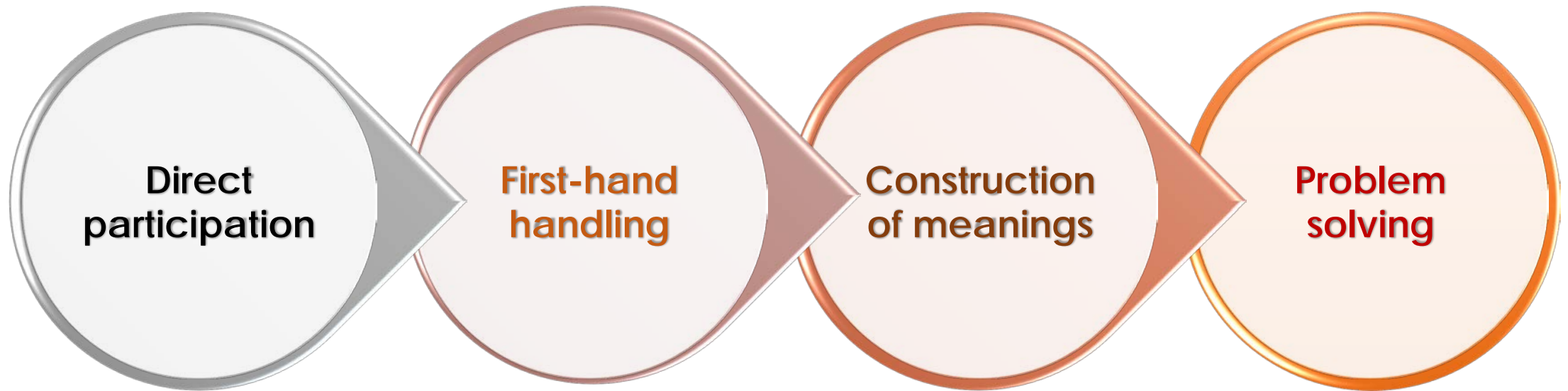
兒童與家庭科學中心

The importance of play in child learning



National Literacy Trust (2018). 10 reasons why play is important. Retrieved from: <https://literacytrust.org.uk/resources/10-reasons-why-play-important/>

Characteristics of child learning



Gestwicki, C. (2013). Developmentally appropriate practice: Curriculum and development in early education. New York: Cengage Learning.

What is play?

Features	Play	Non-play
Participation	Active	Passive
Choice	Chosen by children	Chosen by adults
Motivation	Emphasize the process	Emphasize the outcome
Relations	Reality and fantasy	Reality

Henniger, M. L. (2013). Teaching young children. New York: Pearson.

Types of play



- playful wrestling
- hugging & tickling
- running around



- Lego
- play-doh
- blocks



- play kitchen
- hero play
- drama



- chess
- card games
- board games

Gray, P. (2013). Free to learn: Why unleashing the instinct to play will make our children happier, more self-reliant, and better students for life. New York: Basic Books.

Rough and tumble play



- Children laugh loudly
- Children participate actively
- Children touch gently
- Children change roles as chasers and runners
- Involves more than two children

Aggression

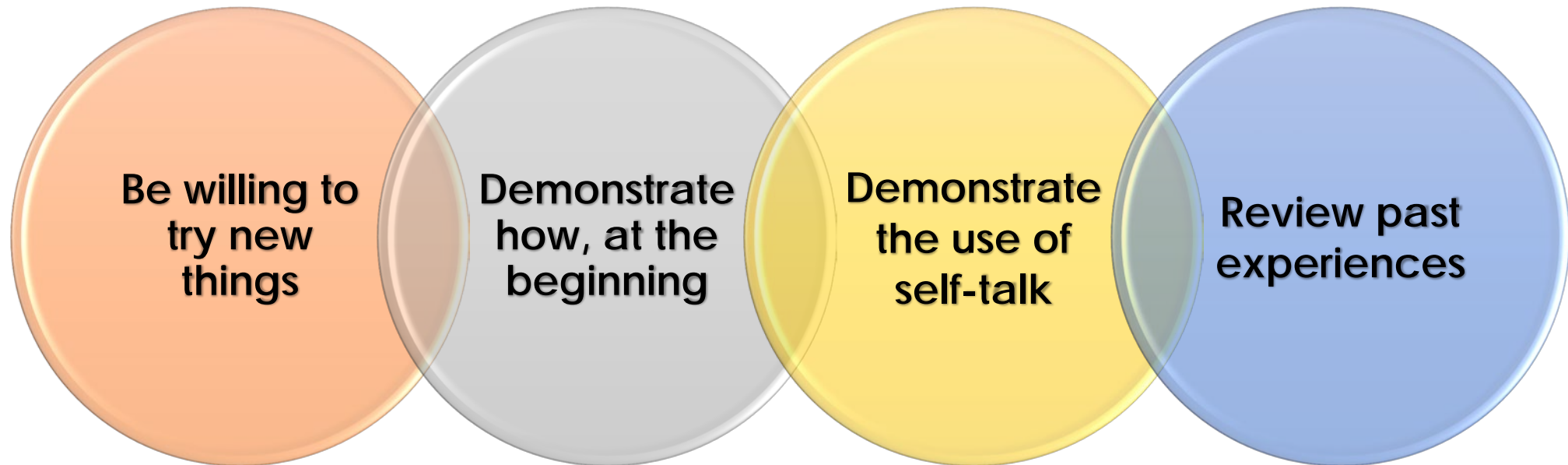


- Children frown, cry, or flush
- One child dominates the other
- Children touch roughly
- Roles remain unchanged: One child is always after the other
- Involves only two children

DeBenedet. A. T., & Cohen, L. J. (2010). The art of roughhousing: Good old-fashioned horseplay and why every kid needs it. Philadelphia, PA: Quirk Books.

Kaiser, B., & Rasminsky, J. S. (2011). Challenging behavior in young children: Understanding, preventing, and responding effectively. Boston, MA: Pearson.

How to support constructive play?



Fay-Stammbach, T., Hawes, D.J., & Meredith, P. (2014). Parenting influences on executive function in early childhood: A review. *Child Development Perspectives*, 8, 258-264.

就算錯也沒甚大不了，再來過！！



又錯了，很難呀！

樂於嘗試



這個黑色圓形像不像大熊貓的眼睛？
不如先將熊貓的圖塊找出來吧



適度示範

這棵樹，有啡色的部份，
應放在哪裡好呢？



你想一下平日我們搭港鐵，
車頭是什麼樣子的呢？



Daddy，
這個港鐵拼圖好難呀

語言自我指導


回顧過往經驗

facebook

CCFS



(Chinese version only)



The "scripts" of pretend play



Discuss with the child what roles will be involved



Discuss with the child about what will happen



Encourage the child to use "props"

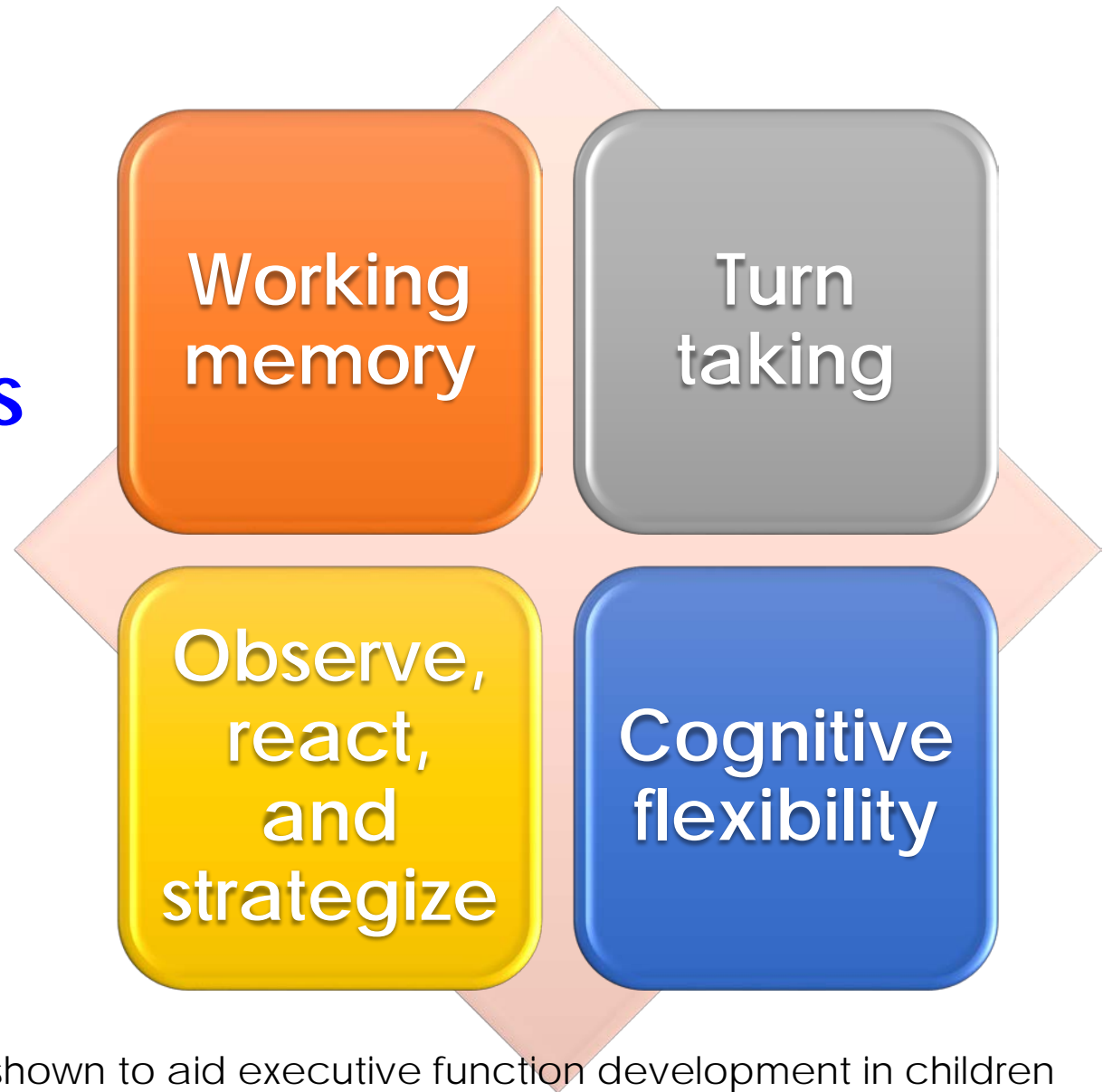


Record the script using drawings or words



Play the script; new plots can be added, as long as they are consistent with the script

Games with rules and executive functions



Diamond, A., & Lee, K. (2011). Interventions shown to aid executive function development in children 4 to 12 years old. *Science*, 333, 956-964.



Download game cards from here :

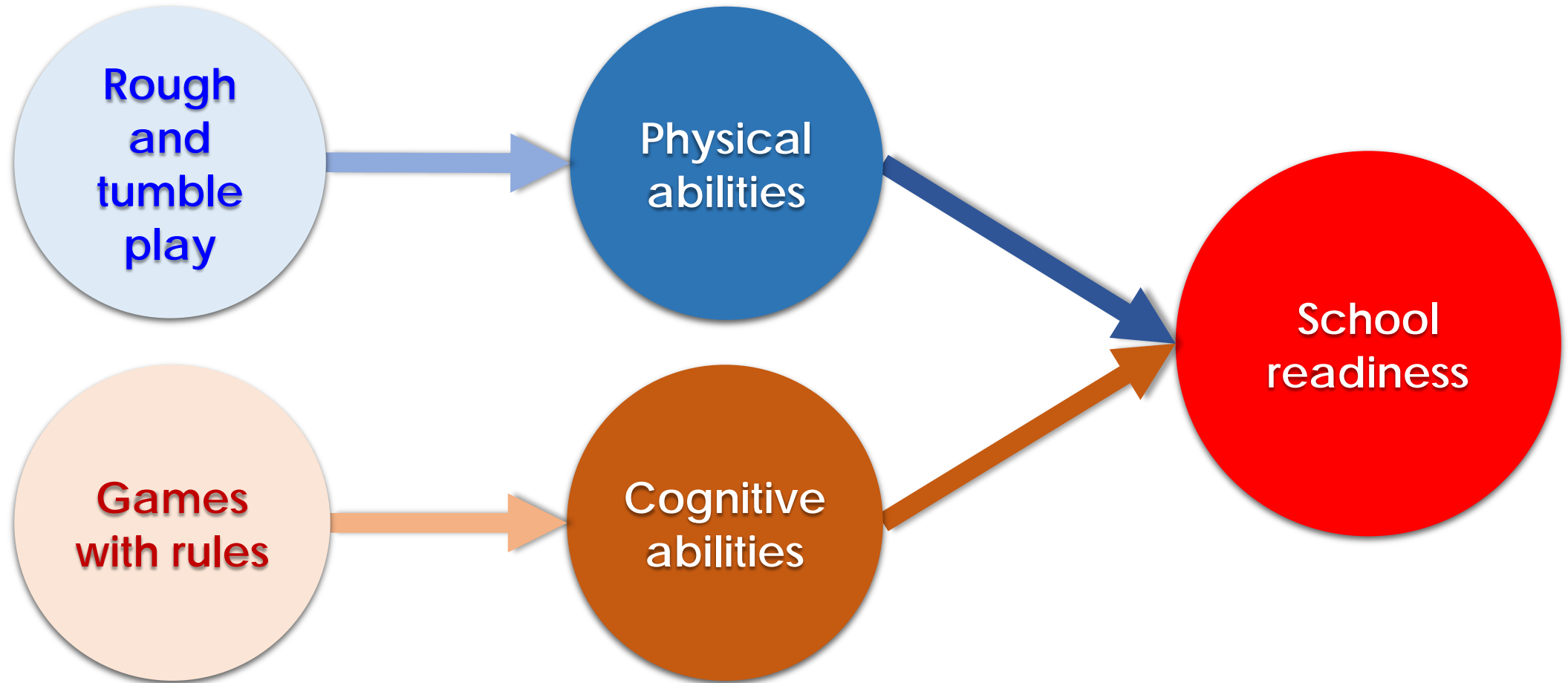
<http://3esproject.eduhk.hk/tc/infodetails.php?infoId=34&infoCat=3&userCat=2>

How does play support child development?

Types of play:	Rough and tumble play	Constructive play	Pretend play	Games with rules
Areas of development:	<ul style="list-style-type: none">• Muscles• Balance• Social skills	<ul style="list-style-type: none">• Abstract thinking• Organizational skills• Creativity	<ul style="list-style-type: none">• Language development• Cognitive abilities• Social skills	<ul style="list-style-type: none">• Follow rules• Use strategies• Experience winning and losing

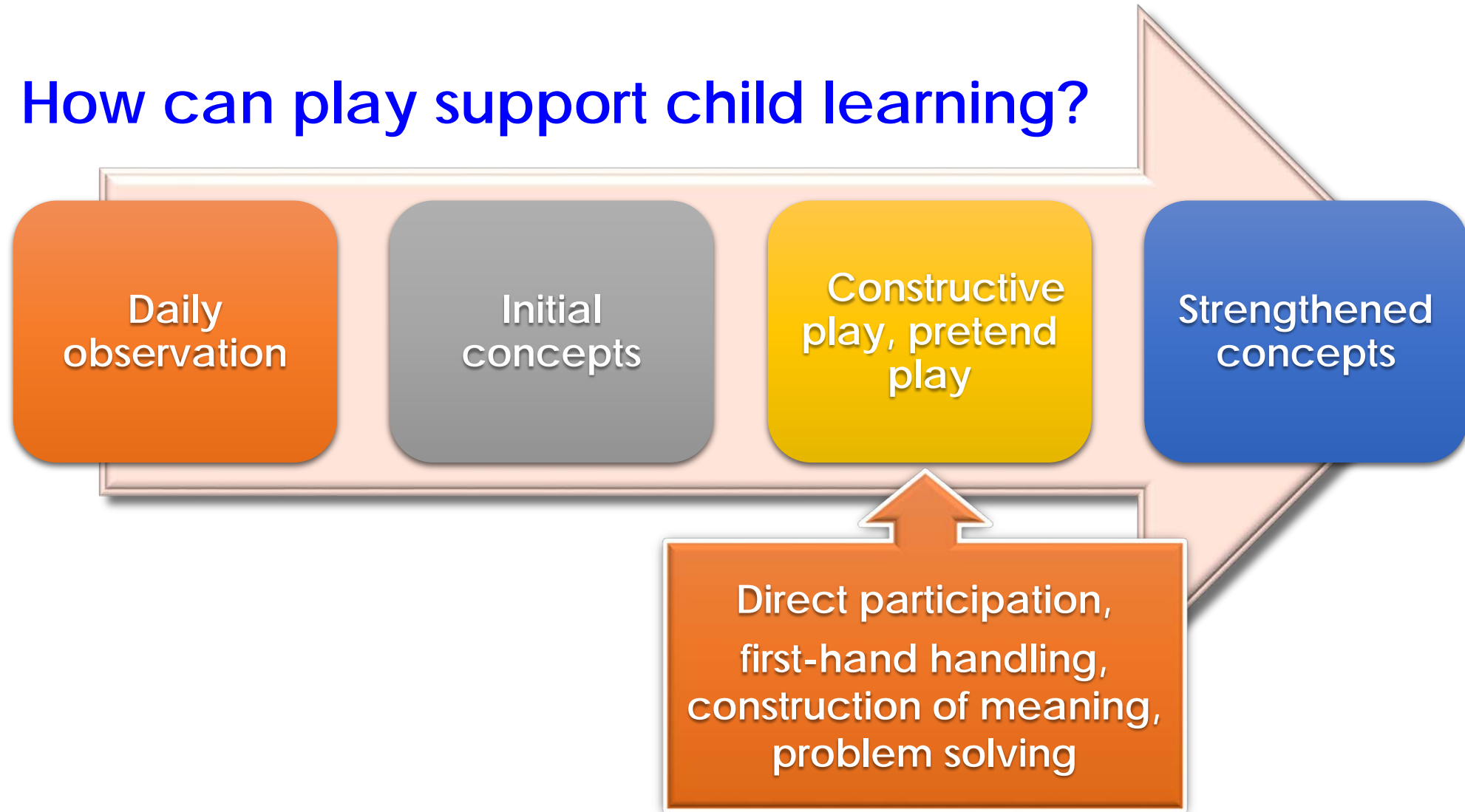
Smith, P. K. (2009). Children and play: Understanding children's world. Oxford: Wiley-Blackwell.

How can play support child learning?







Chung, K. K. H., Lam, C. B., & Cheung, K. C. (2018). Visuomotor integration and executive functioning are uniquely linked to Chinese word reading and writing in kindergarten children. *Reading and Writing*, 31, 155-171.

How can play support child learning?



What can parents do during free play?

-  Praise the child, immediately and genuinely
-  Reflect the meanings and emotions of the child
-  Imitate the child; play in the same way as the child does and describe the intention
-  Describe the child's behaviors, helping the child to understand what he or she is doing
-  Enjoy the time with the child

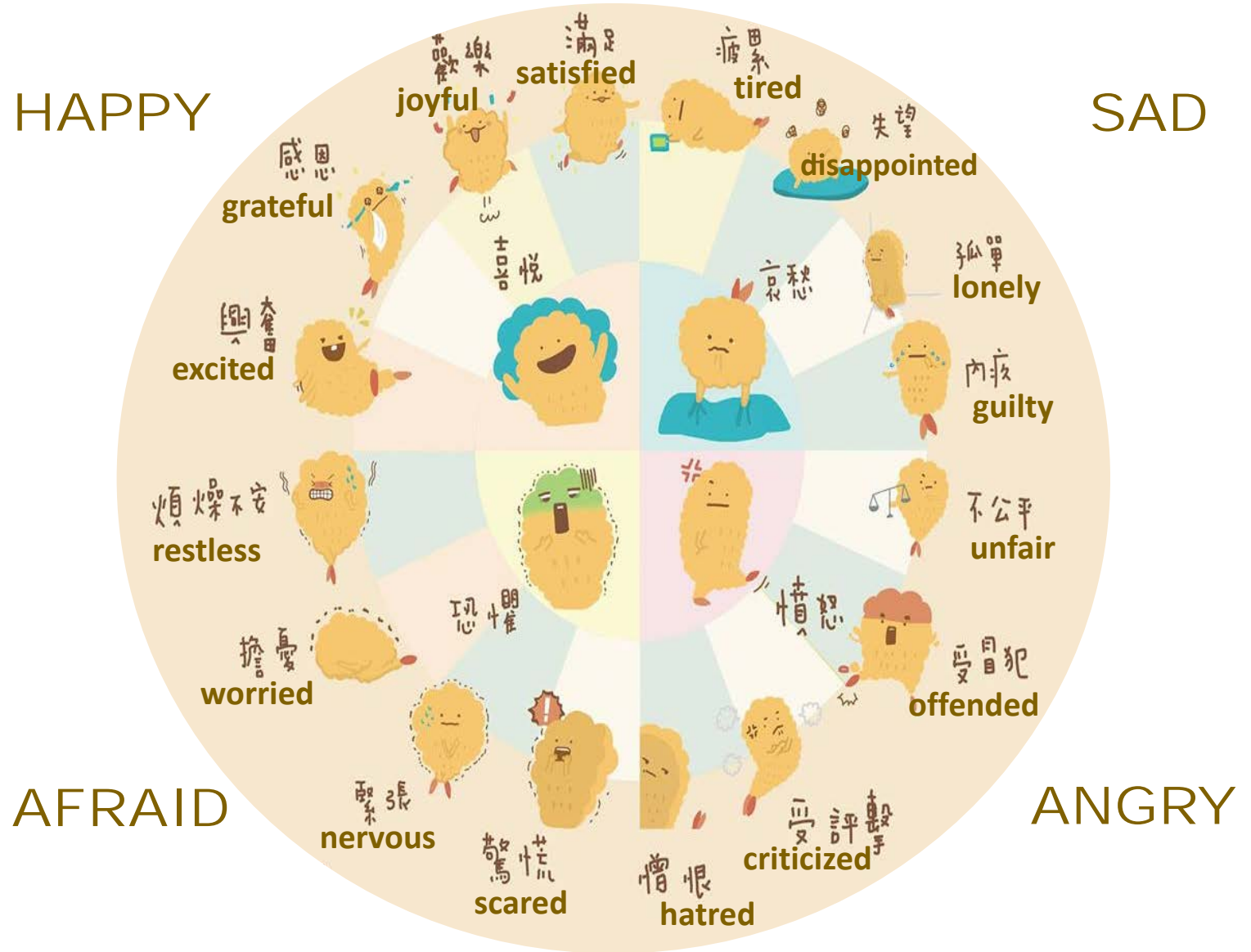
Praise the child

How	Examples
<ul style="list-style-type: none">• Accurate• Immediate• Genuine	<ul style="list-style-type: none">• “I really like it when you gently treated the wound of the little bear!”• “Thank you for sharing your blocks with me!”• “I was so impressed by your concentration during that puzzle game.”

Reflect the meanings and emotions of the child

How	Examples
<ul style="list-style-type: none"><li data-bbox="242 768 614 821">• Emotions<li data-bbox="242 906 639 959">• Meanings	<ul style="list-style-type: none"><li data-bbox="764 768 2280 892">• “I know you are upset—you worked so hard on the tower and now it fell down.”<li data-bbox="764 978 1796 1031">• “You are tired after swimming.”

Vocabularies of Emotions



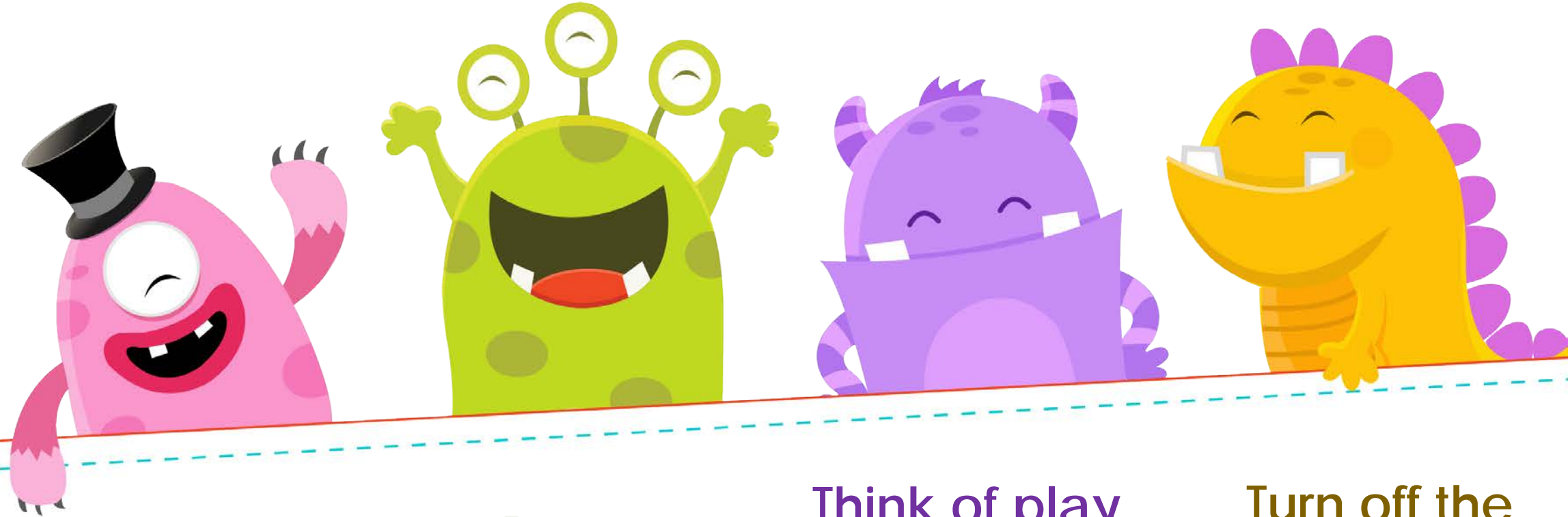
Imitate the child

How	Examples
<ul style="list-style-type: none">• Play in the same way as the child does• Describe the intention	<ul style="list-style-type: none">• <u>What is the child constructing?</u> “I am building a tower with the blocks—just like you!”• <u>What is the child playing?</u> “Let’s move the train and get the passengers at the station!”• <u>What strategies is the child using?</u> “I am learning from you, pressing the paper before drawing.”

Describe the child's behaviors

How	Examples
<ul style="list-style-type: none">• Pay attention to what the child is doing• Help the child to understand what he or she is doing	<ul style="list-style-type: none">• <u>What is the child constructing?</u> "You carefully line up the blocks—are you building a spaceship?"• <u>What is the child playing?</u> "You are preparing tea and snacks for the little bear!"• <u>What strategies is the child using?</u> "You are grouping the puzzle pieces according to their colors."

Enjoy the time with the child



Focus on
the process

Don't
overuse
the skills

Think of play
as a time to
know the child
better

Turn off the
TV; put away
the phone

Using all FIVE skills at the same time!





Q&A