

Teaching Unit

教學單元

Eating Seasonally (Secondary 4)

This unit aimed to pass on the life wisdom and health preservation philosophy of Chinese traditional solar terms. Students integrated traditional cultural concepts into modern design, creating mobile phone calendar wallpapers for the four seasons. The design highlighted the unique elements, seasonal changes, dietary culture, and emotions of each solar term. It was hoped that through the works, the audience would have emotional resonance and a sense of identity with Chinese culture, thereby enhancing their understanding and interest in traditional culture.

不時不食（中四）

本單元旨在傳承中國傳統節氣的生活智慧與養生之道。學生將傳統文化理念融合於現代設計，創作四季手機月曆桌布。設計需彰顯各節氣的獨特元素、季節變化、飲食文化及情感。期望透過作品，讓受眾對中國文化產生情感共鳴與認同感，進而提升對傳統文化的了解與興趣。

SU Yin-nga

蘇言雅

Solar Term Calendar Wallpaper for Mobile Phone

手機氣節月曆桌布

Design Requirements

- 4 phone wallpapers (Spring, Summer, Autumn, Winter)
- 1 character (including 4 seasonal features + seasonal food elements)
- Text display (Solar term name, food name)
- Calendar function (including time and date display)
- Texture and Patterns of Chinese style

設計要求

- 4款電話桌布（春、夏、秋、冬）
- 1個角色（含4款季節特色+時令食物元素）
- 文字顯示（氣節名、食物名）
- 月曆功能（包括間位、日期標示）
- 中式風格（紋樣、圖案）



Figurative Depiction and Observation

具象描繪與觀察

Researching solar term foods through observational drawing.

透過觀察繪畫，研究「不時不食」的氣節食物。



Learned Chinese traditional solar terms, established the design direction, and extracted elements to design characters

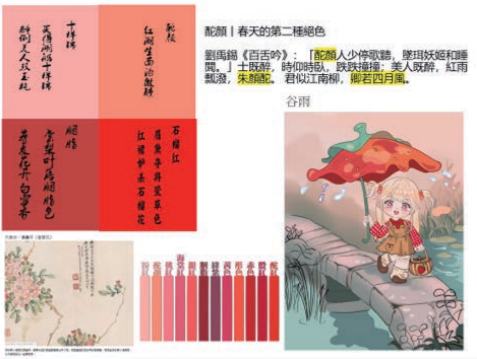
認識中國傳統氣節，確立設計方向，抽取元素設計角色。



Chinese Traditional Colours and Seasonal Features

學習中國傳統色彩與季節特色

Students explored the cultural significance of Chinese traditional colours and their connection to the four seasons. By studying the Qing Dynasty Qianlong Colour Palette and drawing materials from traditional paintings and operas, they mastered colour application techniques. Students learned to integrate traditional colours and different elements in varied styles, transforming them into a design with a modern feel, presenting a brand new Chinese style and personal creativity.



學生探索中國傳統色彩的文化意義與四季關聯。透過研習乾隆色譜，並從傳統繪畫與戲劇中取材，掌握色彩運用技巧。學生將學習整合傳統色彩與造型元素，將其轉化為具現代感的設計，展現嶄新的中國風貌與個人創意。

