

愛、關懷與尊重 –
動物福利關懷及福利全方位學習活動研討會



Hong Kong Animal
Assisted Therapy Association
香港動物輔助治療協會

中小學動物輔助治療及 生命教育 支援服務



Sharing on supportive services for Animal Assisted Therapy
and Life Education for Primary and Secondary Schools

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What targets? How?
The benefits?

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Practical Keys to ethical & effective of AAI & Life education





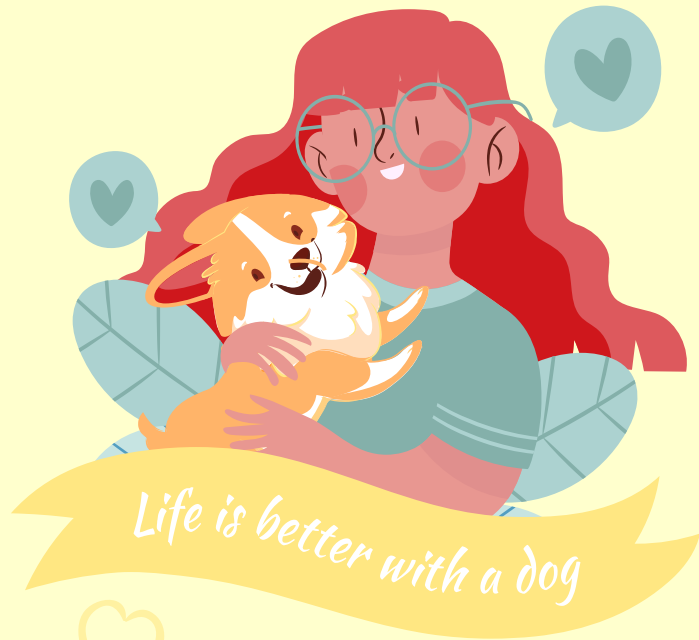
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**Do you think animals can
bring out human's beauty
/ kindness when they
meet?**



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01 About HKAATA



我們是誰？@HKAATA



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IAHAIO

International Association of
Human-Animal Interaction
Organizations

- Full member
- International Task force committee member of Animal Welfare (Representative of Hong Kong)



台灣動物輔助治療專業發展協會
Professional Animal-Assisted Therapy Association of Taiwan

- Sole representative and training institute of CERTIFIED AAT therapist in Hong Kong



Pet Partners
Touching Lives, Improving Health

商界展關懷

caringcompany 2018/19

Awarded by The Hong Kong Council of Social Service
香港社會服務聯會頒發

2017

成為註冊非牟利機構
(自負盈虧)

2013

成為註冊社團
與成為PATA,
Tawian

香港唯一指定聯盟
伙伴 (Alliance
Partner)

2012

SEN 兒童

2008

邊緣
青少年群體



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Frontline AAI services

Advocate Animal
Welfare and ethics in
AAI

Professional
Education &
Research

Educate and
certified
Therapy Dogs
team

Public
Education on
Human Animal
Interaction

Let's
Watch!

HKAATA 專業動物輔助治療團隊



動物輔助治療師
AAT Therapist / Practitioner



治療犬引導員
Therapaws Handler



治療犬
Therapaws

Licensed/Registered professionals + AAT
training

Dog Owner+
Animal Handling
Training

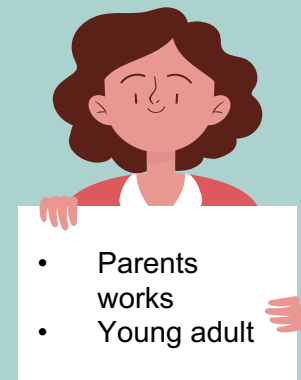
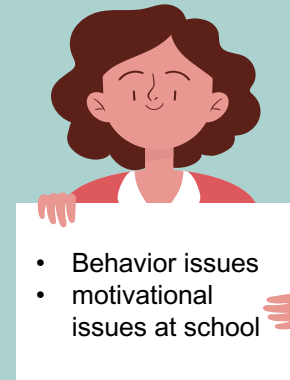
Animals meet
Specific criteria

OUR TEAM AND OUR EXPERTIES



助人專業經驗：6-18年

動物輔助治療/介入經驗：4 – 13年

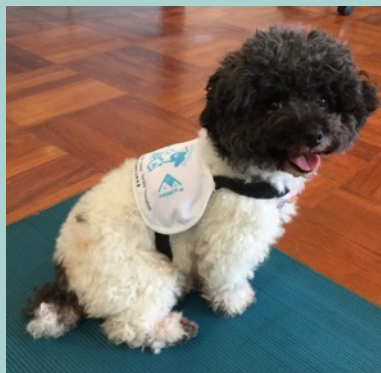
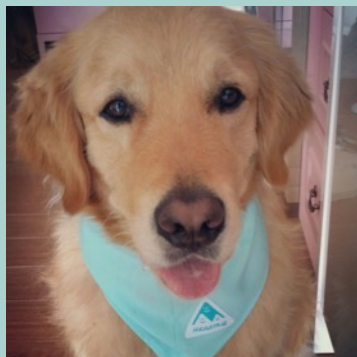
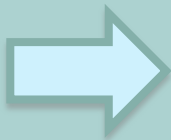


Our Therapaws Dog team

(Certified according to international standards)



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Around 70 teams
(Different personalities
& Stories)



Working hours

- 60 mins @ session ;
- 1 session only @day ;
- Max 2 days @ week

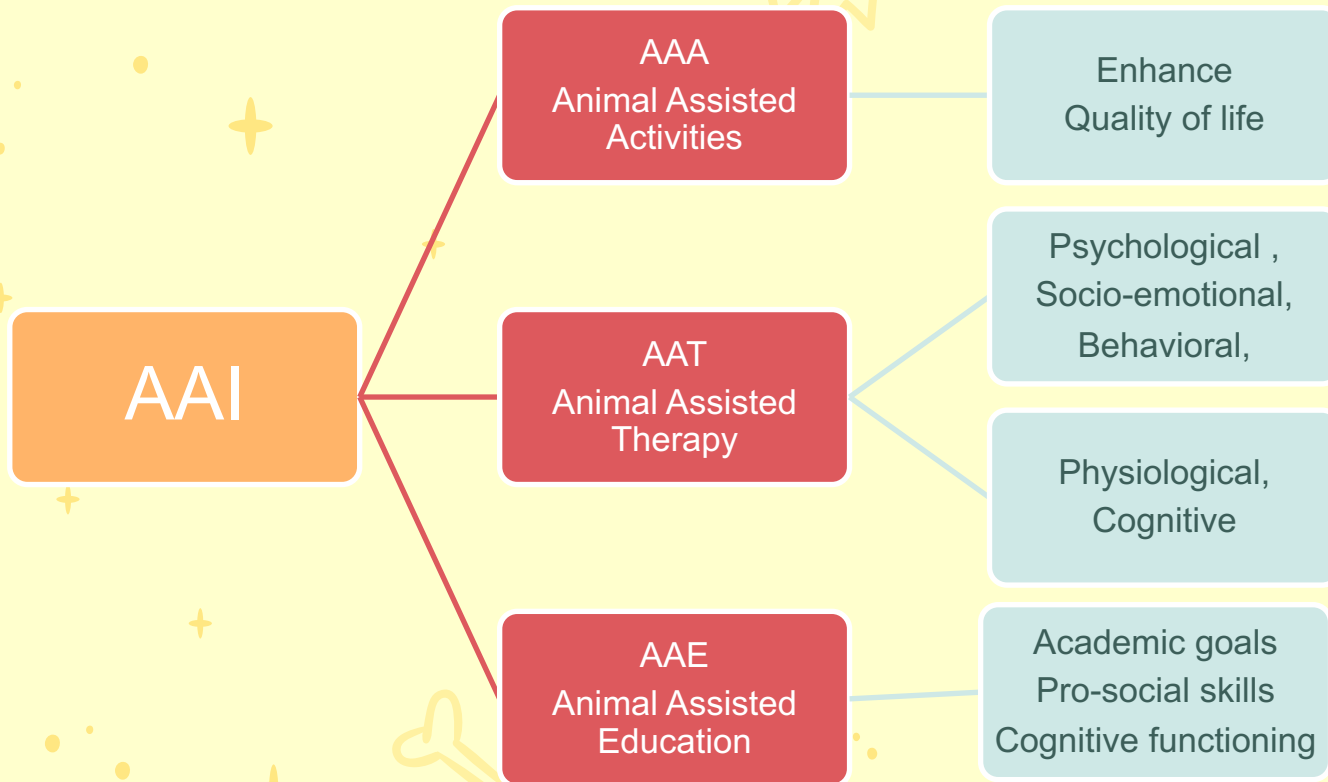


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02 What is Animal Assisted Therapy, & Life education ?



Definition of AAI (IAHAIO white paper, 2018)



Life education

Ultimate goal:

Prepare a person to
face challenges across
his/her life



Attitude / Values of life
(Different forms of life)

Life and death



Different life skills



- 認識生命的奇妙、
- 肯定生命的價值、愛惜生命、欣賞自己生命的轉變、尊重生命、關懷珍視他人、探索生命和追求生命理想、
- 從 **認知**、**態度**和**技能**三個層面
- 幫助學生建立 正面積極的態度、提高他們解決問題和抗逆的能力 (教育局, 2016)



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03

**Our work and Supportive
Programme for Primary &
Secondary school**

Animal Assisted Intervention

動物輔助介入 - 小學 & 中學



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CHI

ENG



Children &
Teenagers with
ASD, ADHD,
Dyslexia



Children &
Teenagers with
mood disorder
(Depressed mood,
anxiety)

專注力

社交
情緒

同理心

自我

AAT
治療
小組

AAT
個案

AAA
體驗

AAE
小班



- Behavior issues
- motivational issues at school

特殊學習需要
面對情緒困難的孩子

形式

AAI Example



Reading Paw-pals®
Animal Assisted
Reading Program
動物輔助伴讀計劃
This program is held by HKAATA.



目標對象：

- 1) 讀寫障礙
- 2) 對閱讀焦慮的學生



特色

- 揉合兒童心理發展階段及語文學習架構
- 本地首創

CHI

ENG

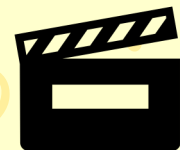


目標對象：

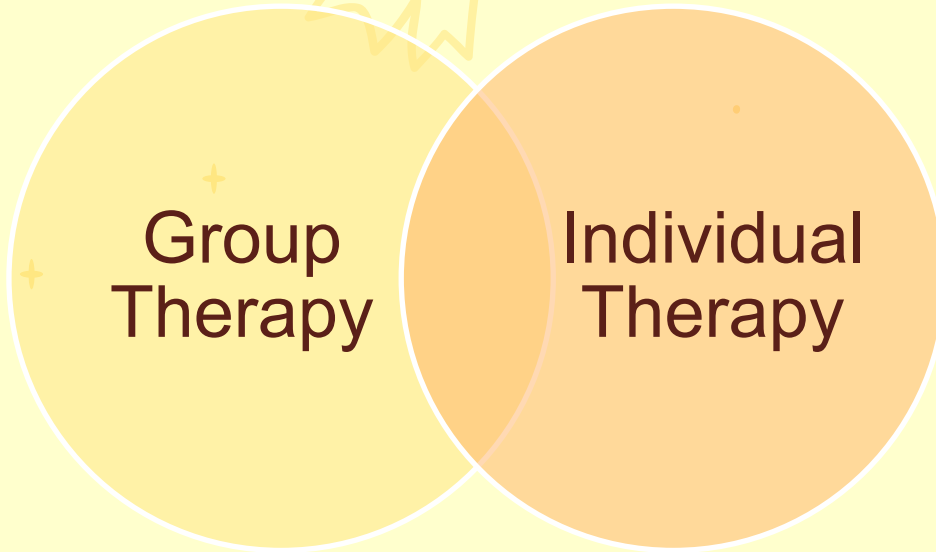
- 1) ASD, ADHD, ADD
- 2) 面對情緒困難及焦慮的同學

特色

- 度身訂造
- 體驗式學習及人本介入



Intensive and tailor-made support at the 1st semester (July – now, 2021) – Animal Assisted Therapy in (Emotional support and intervention)



Group
Therapy

Individual
Therapy

- Anxiety
- Mood disorder
- Resistance to school
- Psychosomatic symptoms

**** Must conduct the therapy
by experienced and license
helping profession with AAT
training and certification *****

* Cooperation with school for
tailor-made and sustainable
support*



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Life education/Learning Programme



講座：所有學生



小組：較易受壓力影響及自我較低的中學

計劃特色

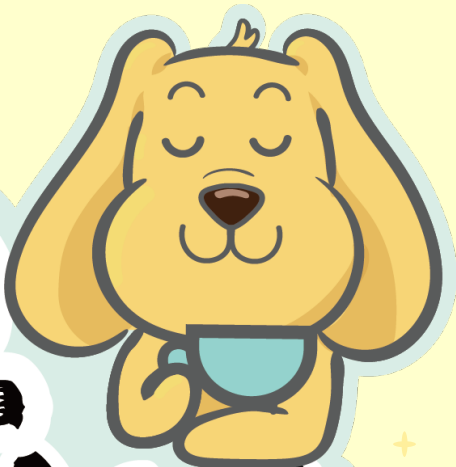
- 以狗兒的角度及故事去分享生活智慧
- 揉合青少年心理成長需要及敘事實踐 (Narrative Practices)
- 本地首創



CHI

ENG

狗兒 生活哲學



The Life Philosophy of Dogs
Animal Assisted Life Learning Program
動物輔助生命學習計劃

by HKAATA

Do you think animals
can brings out
human's beauty /
kindness whenever
they meet?



晴報
SKY POST

晴報電視 主題特集 日報 家庭 娛樂 健康

非當事人
女童再分享一件事
令阿姨心寒

有乜方法可以教識佢，
倉鼠都係一條小生命？
- 阿姨

倉鼠被綁繩帶出街拋起「飛高高」
女童輕視生命：跌死買過隻又唔係貴

養不教誰之過 | 倉鼠被綁繩帶出街拋起
「飛高高」 女童輕視生命：跌死買過隻
又唔係貴

04

Practical keys to ethical & effective of AAI & Life education



Animals are not Magicians.
***Human practitioner's qualification and value.**



Safety & Hygiene
Regular Assessment of Therapy Animals (Physically, mentally suitable)



Animals needs to be address their needs as students.



Respect VS controlling/manipulating

Further development/training for Schools / NGO/ teachers



- **School-based Teacher Trainings / Experiential day (AAA)**



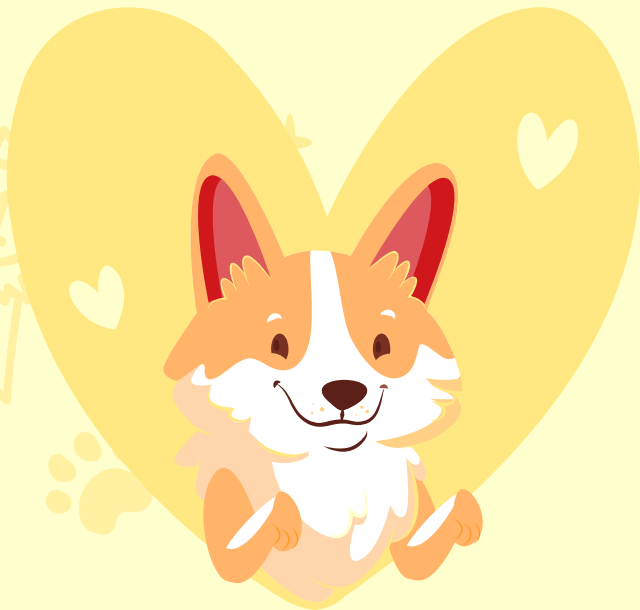
Human Animal Interaction Courses



Humane Animal Education and more!



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Q & A Thanks !

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