

愛、關懷與尊重 –
動物福利關懷及福利全方位學習活動研討會



Hong Kong Animal
Assisted Therapy Association
香港動物輔助治療協會

中小學動物輔助治療及 生命教育 支援服務



Sharing on supportive services for Animal Assisted Therapy
and Life Education for Primary and Secondary Schools

SHARING CONTENTS

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About HKAATA

Our rationale and
Professional team

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What is Animal Assisted Therapy and Life education?

Brief
introduction on
Animal Assisted
Service

03

Our work and supportive program in schools

What targets? How?
The benefits?

04

Practical Keys to ethical & effective of AAI & Life education





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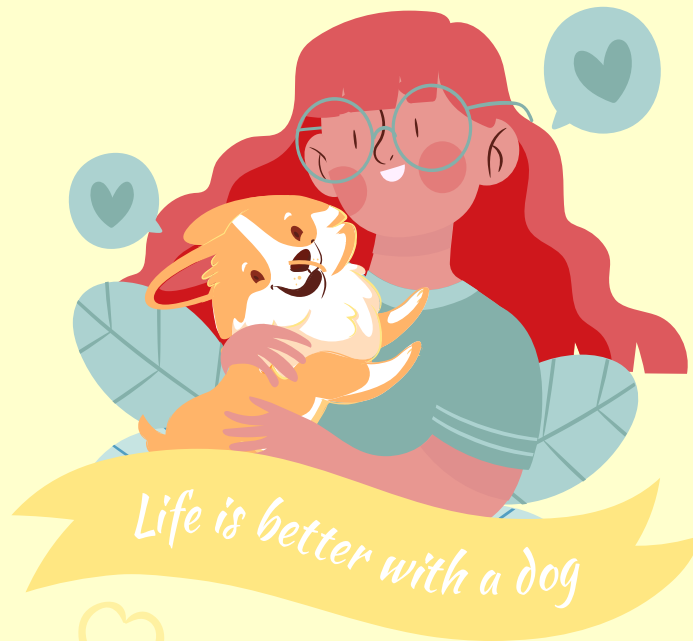
**Do you think animals can bring
out human's beauty / kindness
when they meet?**

**你認為透過動物，
可以帶出人的美善嗎？**



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01 About HKAATA



Life is better with a dog

我們是誰？ @ HKAATA



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IAHAIO

International Association of
Human-Animal Interaction
Organizations

- Full member
- International Task force committee member of Animal Welfare (Representative of Hong Kong)



台灣動物輔助治療專業發展協會
Professional Animal-Assisted Therapy Association of Taiwan

- Sole representative and training institute of CERTIFIED AAT therapist in Hong Kong



Pet Partners
Touching Lives, Improving Health

商界展關懷

caringcompany 2018/19

Awarded by The Hong Kong Council of Social Service
香港社會服務聯會頒發

2017

成為註冊非牟利機構
(自負盈虧)

2013

成為註冊社團
與成為PATA,
Tawian

香港唯一指定聯盟
伙伴 (Alliance
Partner)

2012

SEN 兒童

2008

邊緣
青少年群體



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Frontline AAS
services
前線動輔服務

Advocate Animal Welfare
and ethics in AAS
提倡動輔中的動物福利

Professional
Education & Research
專業教育及研究

Educate and certified
Therapy Dogs team
教育及認證治療犬
團隊

Public Education on
Human Animal
Interaction
公眾教育

Let's
Watch!



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What is Animal Assisted Service/Therapy

什麼是動物輔助服務/治療？

帶動物義工
做講座？

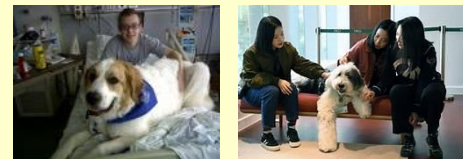
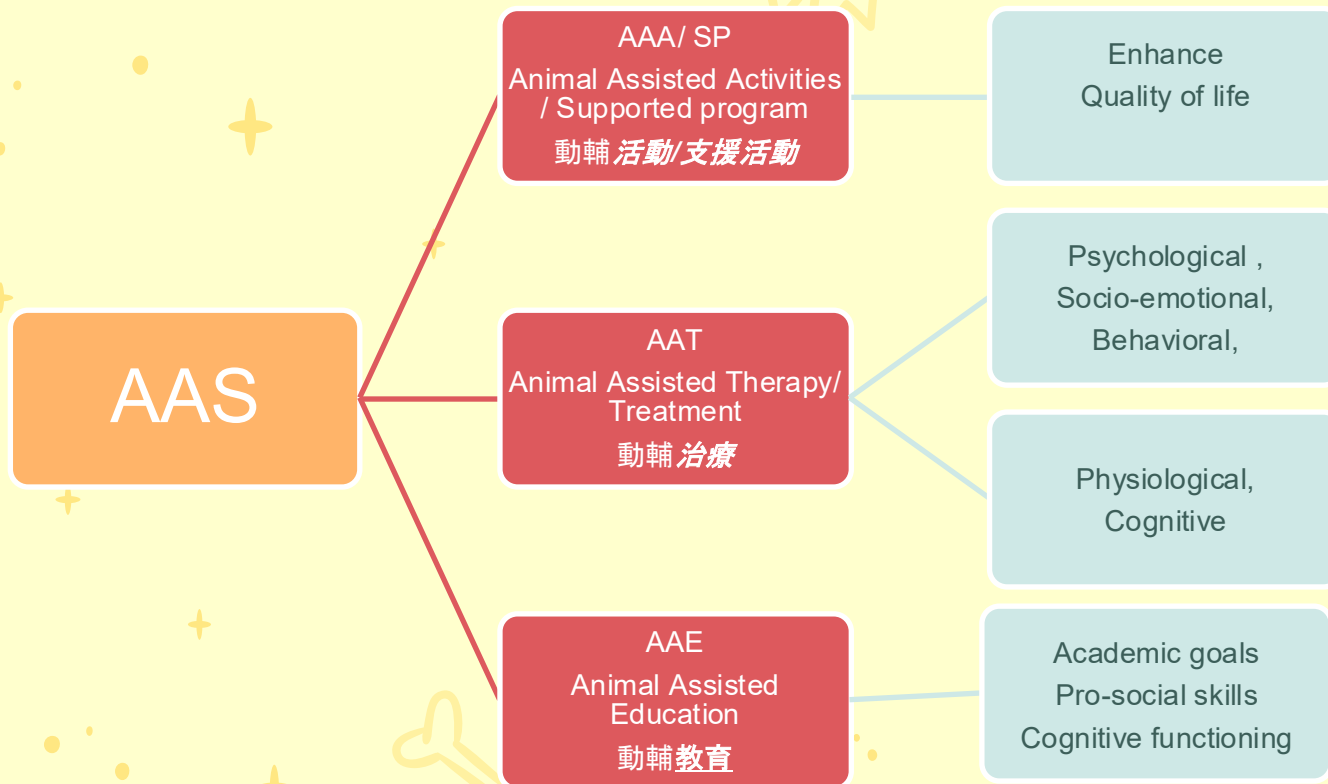
睇狗狗做下
指令表演？

比學生摸下
，減壓？

養動物在學
校？

International Definition of Animals Assisted Service

動物輔助服務的國際定義 (IAHAIO white paper, 2023)






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有關動物輔助服務

常見的迷思



是否任何一隻動物也合適及合資格
帶到學校與學生互動 或
擔當動物輔助的互動工作？





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香港動物輔助治療協會



Screening
by AAS professional
由專業人士面試

Positive Training
正向訓練

Annual Healthy
Check and Vaccine
每年身體檢查及疫苗

Annual examination
by Registered
examiner
由註冊考官考核

Find the right job!
配對合適工作!

Interview
by AAS professional
由專業人士面試

Positive Training
正向訓練

Dog behaviour and
animal welfare
學習動物行為及福利

Annual examination
by Registered
examiner
由註冊考官考核

(AAII, Standard of practice 2019)

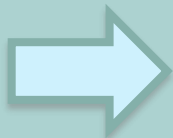


Our Therapaws Dog team

(Certified according to international standards)



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Around 70 teams
(Different personalities
& Stories)



- Working hours
- 60 mins @ session ;
 - 1 session only @day ;
 - Max 2 days @ week



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是否動物及主人就可以執 行動物輔助相關活動？



確保心理安全及治療成效， 專業團隊的重要性(動輔治療及教育必須....)



+



Licensed/Registered helping
professional +
持牌及註冊助人專業+

Animal Assisted Therapist Training and
certification +
動輔師訓練及考核+

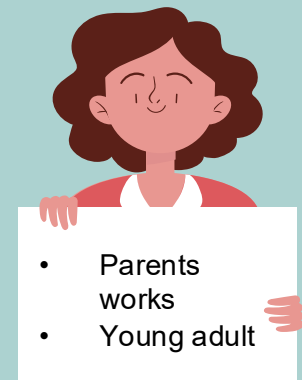
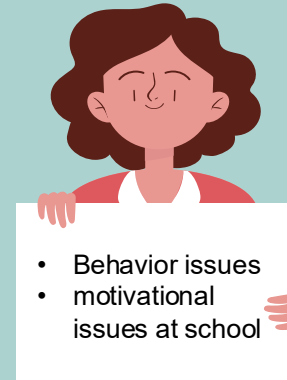
Training on Animal behavior &
animal welfare +
動物行為+福利的訓練

Related frontline experiences of services
provided
本身專業前線資歷

OUR TEAM AND OUR EXPERTIES



助人專業經驗：6-20年
動物輔助治療/介入經驗：4 – 15年



03

Our work and Supportive Programme for Primary & Secondary school



Animal Assisted Intervention (Therapy & Education)



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動物輔助介入 - 小學 & 中學

CHI

ENG



Children &
Teenagers with
ASD, ADHD,
Dyslexia



Children &
Teenagers with
mood disorder
(Depressed mood,
anxiety)

專注力

情緒
社交

同理心

自我

AAT
治療
小組

AAT
個案

AAA
體驗

AAE
小班



- Behavior issues
- motivational issues at school

特殊學習需要
面對情緒困難的孩子

形式

AAI Example (Therapy & Education)



Reading Paw-pals®
Animal Assisted
Reading Program
動物輔助伴讀計劃
This program is held by HKAATA.



目標對象：

- 1) 讀寫障礙
- 2) 對閱讀焦慮的學生



特色

- 揉合兒童心理發展階段及語文學習架構
- 本地首創

CHI

ENG

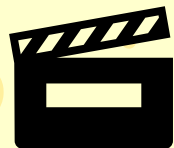


目標對象：

- 1) ASD, ADHD, ADD
- 2) 面對情緒困難及焦慮的同學

特色

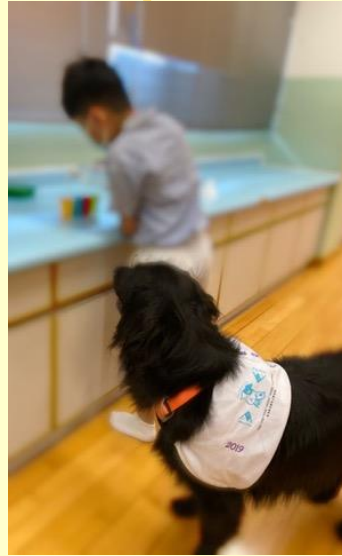
- 度身訂造
- 體驗式學習及人本介入



Intensive and tailor-made support at Animal Assisted Therapy in (Emotional support And SEN) 度身訂造的動物輔助治療小組及個案(情緒/SEN)



Group Therapy



Individual therapy

- Anxiety
- Mood disorder
- Resistance to school
- Psychosomatic symptoms
- Special needs

* Cooperation with school for tailor-made and sustainable support*

Life education/Learning Program

生命教育及學習



講座：所有學生



小班課：較易受壓力影響及自我較低的中學

計劃特色

- 以狗兒的角度及故事去分享生活智慧
- 揉合青少年心理成長需要及敘事實踐 (Narrative Practices)
- 本地首創

CHI

ENG



狗兒生活哲學

The Life Philosophy of Dogs
Animal Assisted Life Learning Program
動物輔助生命學習計劃
by HKAATA

狗兒 生活哲學

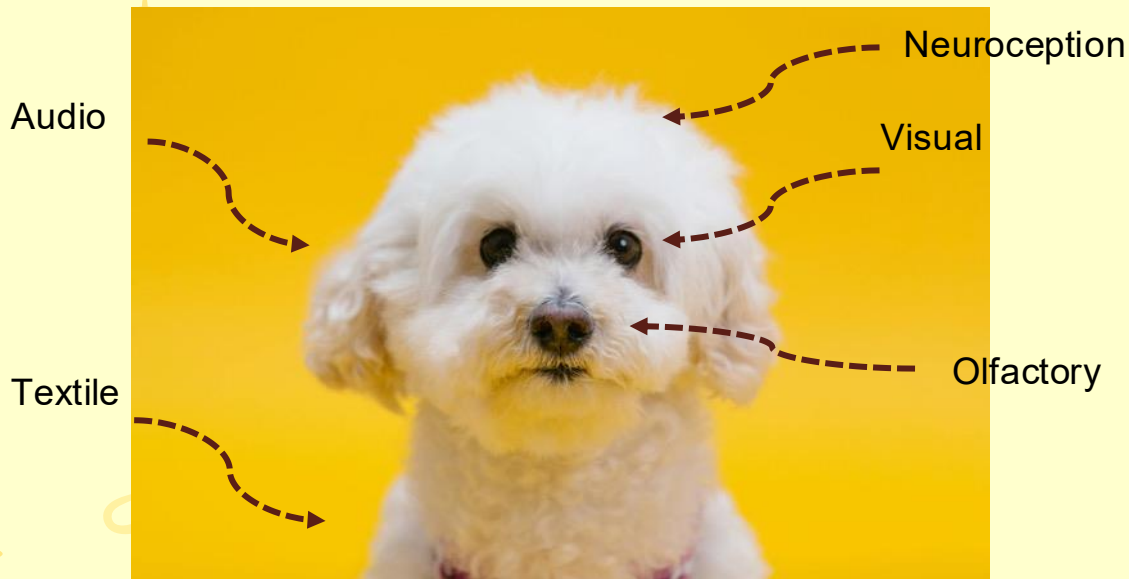
The Life Philosophy of Dogs
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Do you really think animals can
brings out human's beauty /
kindness whenever they meet?
你真的認為透過動物，
可以帶出人的美善嗎？



What a dog may experience in school visit? 狗狗到校探訪，會有怎樣的經歷？



COMMON STRESSFUL HUMAN-DOG INTERACTION

- Many ppl petting at the dog at once



: 'Too many hands, too many times.'



- Rough petting / Hugging/ Putting on stranger lap



: 'Most of us prefer light touch. and we will feel stressed when being constrained, especially by unfamiliar ppl.'



- Surrounded by ppl more that 270°



: 'Crowded make us stressed ! "
-- Lack of physical / mental escape route for the dog.



我們的學生/孩子， 真的能從這些互動中學懂尊重動物， 及同理心嗎？





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04

Practical keys to ethical & effective of AAS & Life education

締造合乎道德及有效的
動輔及生命教育



Animals are not Magicians.

動物不是魔術師

***Human practitioner's qualification and value matters.**



Safety & Hygiene安全與衛生

Regular Assessment of Therapy

Animals (Physically, mentally suitable)

定期評估動物的身心狀態



Animals needs to be address

their needs as students.

動物的需要像人類學生一樣需要被關注



Respect VS

controlling/manipulating

相處方向是尊重為首

Further development/training for Schools / NGO/ teachers



- **School-based Teacher Trainings / Experiential day (AAA)**



- **Human Animal Interaction Courses**



- **Humane Animal Education and more!**

AAS related Online -Seminar at July, 2026

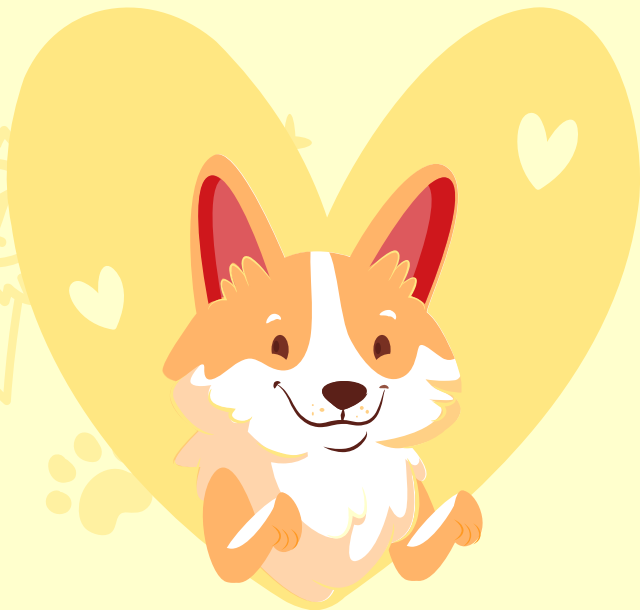


Stay tune to our Facebook!





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Q & A Thanks !

For more enquiry, you can email to
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Tel : 63606301(whatapps only)

