

愛、關懷與尊重 –  
動物福利關懷及福利全方位學習活動研討會



Hong Kong Animal  
Assisted Therapy Association  
香港動物輔助治療協會

# 中小學動物輔助治療及 生命教育 支援服務



Sharing on supportive services for Animal Assisted Therapy  
and Life Education for Primary and Secondary Schools

# SHARING CONTENTS

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Our rationale and  
Professional team

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## What is Animal Assisted Therapy and Life education?

Brief  
introduction on  
Animal Assisted  
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03

## Our work and supportive program in schools

What targets? How?  
The benefits?

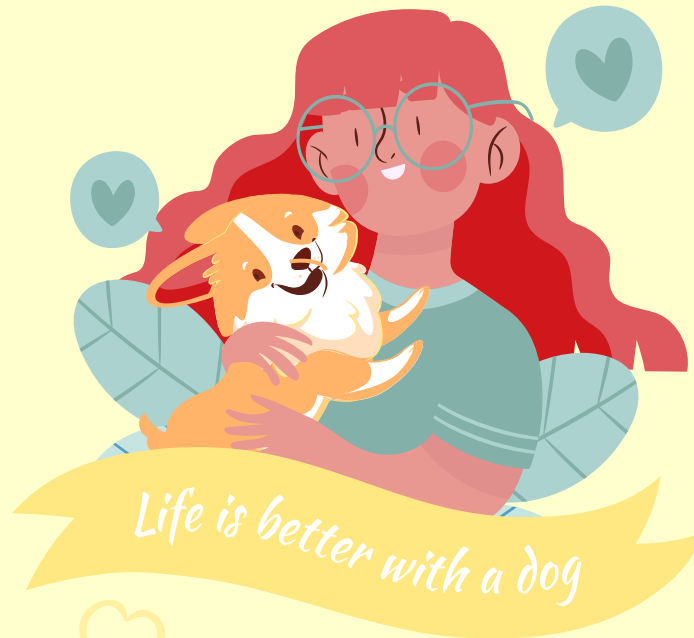
04

## Practical Keys to ethical & effective of AAI & Life education





# 01 About HKAATA



# 我們是誰？@HKAATA



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IAHAIO

International Association of  
Human-Animal Interaction  
Organizations

- Full member
- International Task force committee member of Animal Welfare (Representative of Hong Kong)



台灣動物輔助治療專業發展協會  
Professional Animal-Assisted Therapy Association of Taiwan

- Sole representative and training institute of CERTIFIED AAT therapist in Hong Kong



Pet Partners  
Touching Lives, Improving Health

商界展關懷

caringcompany

Awarded by The Hong Kong Council of Social Service  
香港社會服務聯會頒發

2017

成為註冊非牟利機構  
(自負盈虧)

2013

成為註冊社團  
與成為PATA,  
Tawian

香港唯一指定聯盟  
伙伴 (Alliance  
Partner)

2012

SEN 兒童

2008

邊緣  
青少年群體



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Frontline  
AAI  
services

Advocate Animal  
Welfare and ethics in  
AAI

Professional  
Education &  
Research

Educate and  
certified  
Therapy Dogs  
team

Public  
Education on  
Human Animal  
Interaction

Let's  
Watch!



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# 是否有隻動物就可以執行 動物輔助相關活動？





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- AAT is delivered and/or directed by a formally trained (with active licensure, degree or equivalent) professional with expertise within the scope of the professionals' practice.
- The professional delivering AAE, including regular school teachers (or the person handling the animal under the supervision of the education professional)

\*\*\*\* All involved in AAI must have adequate knowledge about the behavior, needs, health and indicators and regulation of stress of the animals involved. (IAHAIO 2018)

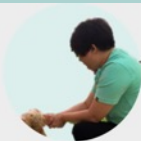
\*\*\*\* AAI providers are expected to have specific training and supervision or mentoring in their area of AAI. Training includes clinical work, risk management and informed consent (AAI Standard of practice, 2019):

# OUR TEAM AND OUR EXPERTIES



Debbie Ngai

PATA, Taiwan 認證資深高級動物輔助治療師  
HKAATA 創始人及首任總監  
HKAATA 動物輔助治療發展委員會  
專業資格：註冊社工（資深）  
專長：兒童及青少年（自閉症、社交及情緒問題）



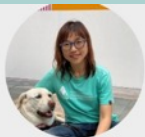
Cecilia Fung

PATA, Taiwan 專業級動物輔助治療師  
HKAATA 動物輔助治療師  
專業資格：註冊社工（資深）、註冊輔導老師  
專長：兒童及青少年（情緒問題及特殊學習困難）



Joe Ngai

PATA, Taiwan 專業級動物輔助治療師  
HKAATA 動物輔助治療師  
專業資格：註冊輔導老師  
專長：兒童、心理輔導及研究



Vivian Leung

PATA, Taiwan 專業級動物輔助治療師  
HKAATA 動物輔助治療師  
專業資格：註冊社工（資深）  
專長：兒童及青少年（自閉症、社交及情緒問題）



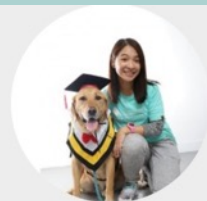
Lucas Wong

PATA, Taiwan 註冊初級動物輔助治療師  
HKAATA 動物輔助治療師  
專業資格：註冊社工（資深）  
專長：青少年及家長工作



Sonya Kan

PATA, Taiwan 註冊初級動物輔助治療師  
HKAATA 動物輔助治療師  
專業資格：註冊社工（資深）  
專長：兒童及青少年



- Registered Social worker
- Special Education Teachers
- Licensed Coun. Psychologist

助人專業經驗：6-18年  
動物輔助治療/介入經驗：4 – 13年



Children &  
Teenagers with  
ASD, ADHD,  
Dyslexia



Children &  
Teenagers with  
mood disorder  
(Depressed  
mood, anxiety)



- Behavior issues
- motivational issues at school



- Parents works
- Young adult





# 是否任何一隻動物也合適及合資格 擔當動物輔助的互動工作？



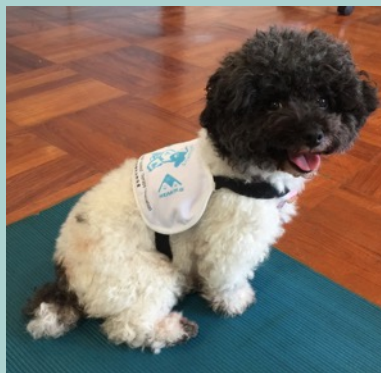
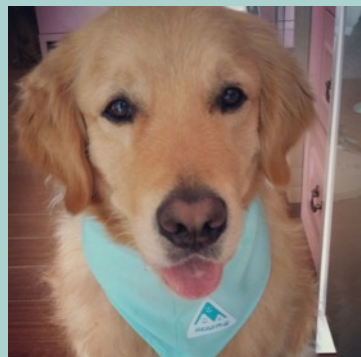
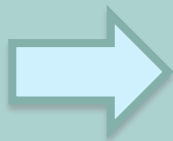
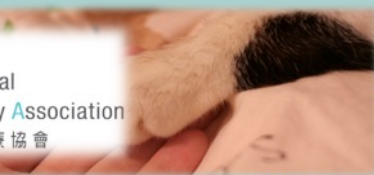
- Dogs working in AAI programs must be evaluated for temperament and emotional soundness. They must display genuine interest for socializing with and receiving attention from a variety of people. The dog will also be evaluated for appropriateness and goodness of fit for work based on population, environment, activities, duration and frequency (AAII, Standard of practice 2019).
- The dog handler (including healthcare/human service providers who handle their own dogs) must have good, general knowledge of dogs, including learning theory, and the application of training methods using positive reinforcement (e.g. clicker training, body language, behavior, stress indicators, and calming techniques).

# Our Therapaws Dog team

(Certified according to international standards)



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Around 70 teams  
(Different personalities  
& Stories)



Working hours

- 60 mins @ session ;
- 1 session only @day ;
- Max 2 days @ week

# HKAATA 專業動物輔助治療團隊




動物輔助治療師  
AAT Therapist / Practitioner



治療犬引導員  
Therapaws Handler




治療犬  
Therapaws



Licensed/Registered professionals + AAT  
training



Dog Owner+  
Animal Handling  
Training



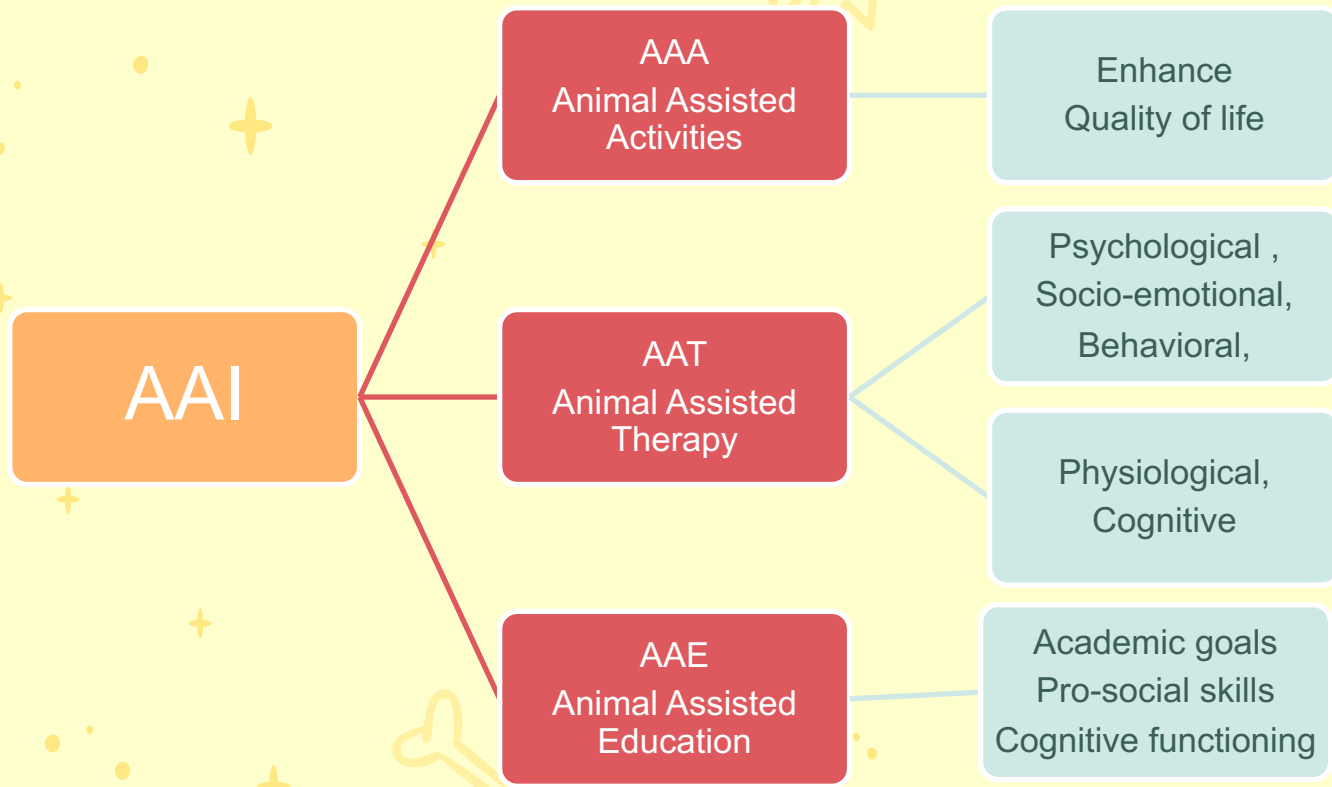
Animals meet  
Specific criteria

# 02

## What is Animal Assisted Therapy, & Life education ?



# Definition of AAI (IAHAIO white paper, 2018)



# Life education

Ultimate goal:

Prepare a person to  
face challenges across  
his/her life



Attitude / Values of life  
(Different forms of life)

Life and death



Different life skills



- 認識生命的奇妙、
- 肯定生命的價值、愛惜生命、欣賞自己生命的轉變、尊重生命、關懷珍視他人、探索生命和追求生命理想、
- 從 **認知**、**態度**和**技能**三個層面
- 幫助學生建立 正面積極的態度、提高他們解決問題和抗逆的能力 (教育局, 2016)

03

# Our work and Supportive Programme for Primary & Secondary school



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# Animal Assisted Intervention

## 動物輔助介入 – 小學 & 中學



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CHI

ENG

Children &  
Teenagers with  
ASD, ADHD,  
Dyslexia

Children &  
Teenagers with  
mood disorder  
(Depressed mood,  
anxiety)

- Behavior issues
- motivational issues at school

專注力

社交  
情緒

同理心

自我

特殊學習需要  
面對情緒困難的孩子

AAA  
體驗

AAT  
治療  
小組

AAT  
個案

AAE  
小班

形式



# AAI Example



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Reading Paw-pals®  
Animal Assisted  
Reading Program  
動物輔助伴讀計劃  
This program is held by HKAATA.



目標對象：

- 1) 讀寫障礙
- 2) 對閱讀焦慮的學生



特色

- 揉合兒童心理發展階段及語文學習架構
- 本地首創

CHI

ENG



目標對象：

- 1) ASD, ADHD, ADD
- 2) 面對情緒困難及焦慮的同學

特色

- 度身訂造
- 體驗式學習及人本介入



# Intensive and tailor-made support at the 1<sup>st</sup> semester (July – now, 2021) – Animal Assisted Therapy in (Emotional support and intervention)



Group Therapy



Individual therapy

- Anxiety
- Mood disorder
- Resistance to school
- Psychosomatic symptoms

\*\*\*\* Must conduct the therapy  
by experienced and license  
helping profession with AAT  
training and certification \*\*\*\*\*

\* Cooperation with school for  
tailor-made and sustainable  
support\*

# Life education/Learning Programme



講座：所有學生



小班課：較易受壓力影響及自我較低的中學

## 計劃特色

- 以狗兒的角度及故事去分享生活智慧
- 揉合青少年心理成長需要及敘事實踐 (Narrative Practices)
- 本地首創



CHI

ENG

The Life Philosophy of Dogs  
Animal Assisted Life Learning Program  
動物輔助生命學習計劃

by HKAATA

狗兒  
生活哲學



Do you think animals  
can brings out  
human's beauty /  
kindness whenever  
they meet?



# 04

## Practical keys to ethical & effective of AAI & Life education



**Animals are not Magicians.**

**\*Human practitioner's qualification and value.**



**Safety & Hygiene**

**Regular Assessment of Therapy Animals (Physically, mentally suitable)**



**Animals needs to be address their needs as students.**



**Respect VS controlling/manipulating**

05



# Questions to ask before you invite related service into your school.



**What is the qualification of  
Human practitioner and  
experiences?**



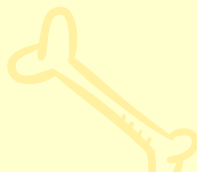
**Are their qualification eligible  
for the services you are  
looking for ?**



**Do the animals get  
regular Assessment ?  
by whom? and prove.**



**Any insurance?**







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# Q & A Thanks !

For more enquiry, you can email to  
[hkaata.hk@gmail.com](mailto:hkaata.hk@gmail.com)

Facebook: [www.facebook.com/hkaata](https://www.facebook.com/hkaata)

Webpage: [www.hkaata.com](http://www.hkaata.com)

Tel : 63606301

