

社會服務體驗式學習 — 樂齡工作室導賞及軟餐製作活動 (體驗工作坊) (重辦)
Community Service Experiential Learning -- Smart Ageing Studio Guided Tour and
Softmeal Making Activity (Hands-on Workshop) (Re-run)

AA 場日期：13/1/2023 (星期五) Date of AA Event：13 January 2023 (Friday)	時間：下午 2 時 30 分至 5 時 30 分 Time：2:30 to 5:30 p.m.
AB 場日期：17/2/2023 (星期五) Date of AB Event：17 February 2023 (Friday)	

*兩場內容一樣，教師可選其中一場參與。The content of two sessions is identical. Teachers can choose one of the events to join.

程序表 Programme Rundown

時間 Time	內容 Content	講者 Speaker
2:15 p.m.- 2:30 p.m.	簽到 (荃灣德士古道 72-76 號興業中心地下) Registration (G/F, Hing Yip Centre, 72-76 Texaco Road, Tsuen Wan)	
2:30 p.m.- 2:40 p.m.	全方位學習簡介 Introduction to Life-wide Learning	張詠珊女士 教育局課程支援主任 (全方位學習) Ms Susanna CHEUNG Curriculum Support Officer, Life-wide Learning, EDB
2:40 p.m.- 2:55 p.m.	The Project Futurus 及學校全方位學習活動簡介 Introduction to The Project Futurus and its Life-Wide Learning Programmes for Schools	文慧妍女士 The Project Futurus 創辦人及行政總裁 Ms Queenie MAN Founder & CEO, The Project Futurus
2:55 p.m.- 3:10 p.m.	長者營養和吞嚥困難概覽 An Overview of Elderly Nutrition and Swallowing Difficulties	
3:10 p.m.- 3:25 p.m.	香港護食文化及發展 Care Food Culture and Development in Hong Kong	
3:25 p.m.- 3:35 p.m.	小休 Break	
3:35 p.m.- 4:45 p.m.	體驗活動：軟餐基礎原理及製作 Hands-on Activity: Softmeal Principles and Making	馬永成師傅 The Project Futurus 廚師及資深軟餐顧問 Mr Jeffy MA Chef & Softmeal Consultant, The Project Futurus 李皓琛女士 The Project Futurus 社區關係副主任 Ms Simone LI Assistant Community Relations Officer, The Project Futurus
4:45 p.m.- 5:20 p.m.	樂齡工作室導賞：「衣食住行樂」 Smart Ageing Studio Guided Tour: Home & Living, Dignity Dining and Culture, Mobility Aid, and Train & Play	蔡盈楓女士 The Project Futurus 社區關係經理 Ms Milky CHOI Community Relations Manager, The Project Futurus
5:20 p.m.- 5:30 p.m.	提問及總結 Q&A and Conclusion	

* 有關 The Project Futurus，可瀏覽以下網址 <<https://www.theprojectfutures.com/?lang=zh>>
For The Project Furturus, please visit the following website <<https://www.theprojectfutures.com/>>

