

Gifted Education Section, CDI, EDB

Learning and Teaching Resources for Junior Secondary Levels (English Language)

Part 2: Reading - Learning about the needs/problems faced by different stakeholders in the society

Your friends have told you about an online discussion forum about COVID-19. Read the posts on the discussion forum and answer questions 1 – 8 on slides 4 – 6 of the PowerPoint file.

How can we stay healthy during the outbreak of COVID-19?



Tony Wong

Posted at
4:11p.m.
10/3/2020

I can't stand it anymore. My parents ordered me to stay at home and not to meet my friends to avoid the spread of COVID-19. I complained to my parents, but Mum insisted on doing so. 1

I love playing basketball. But class suspension means all my basketball practices are cancelled and I'm trapped at home! I just spend most of my time playing my favourite online games with my friends. Sometimes we stay up late to complete the missions in the game together. I went to bed at 3 a.m. twice this week! I'm always tired that I barely clean my room. Mum yelled at me yesterday when she found two empty cups of instant noodles, some empty cans and dirty clothes under my desk. She also complained about my terrible body odour! I just assume that I don't have to change clothes so often since I'm stuck at home. What should I do? 5 10



Linda Chan

Posted at
6:23p.m.
11/3/2020

Oh Tony, you must keep your room clean and well-ventilated. Personal and home hygiene is important to keep us healthy during the pandemic. I clean and disinfect furniture, utensils, toilet, bath room and floor daily using appropriate disinfectant. I also clean my hands regularly with alcohol-based handrub, especially after touching public installations or equipment. You should change clothes and wash them regularly even though you stay at home all the time. 15

Similar to you, my 15-year-old daughter is obsessed with her smartphone. She stays in her bedroom and spends hours on social-networking sites every day. Last week, I managed to "distract" her by inviting her to cook with me. We prepared a nutritious meal and baked some cookies for our family! Everyone enjoyed the food and praised her. Since then, we spend an hour cooking and cleaning home together every day. This helps us bond and I get to know my daughter more. Perhaps you can help your parents with some chores as well. 20 25



**Peter
Cheung**

Posted at

7:16p.m.

11/3/2020

I go to work by public transport every day. I feel a bit nervous on the bus since it is always packed with commuters. I wear protective mask all the time and I dare not touch the poles and handles since there may be germs. Yesterday, I almost fell when the bus stopped abruptly. My colleagues and I used to visit the restaurant during lunch and share food, but we bring our own lunchboxes to work now. 30

On Sundays, I take my kids to country parks. We hike, cycle and play some games. We have fun and it's important to exercise regularly and maintain a healthy, balanced diet.

I know that there's panic in the air, but just be optimistic and do our best to keep us healthy and the environment clean. We need a little faith and let's fight against the virus together! 35